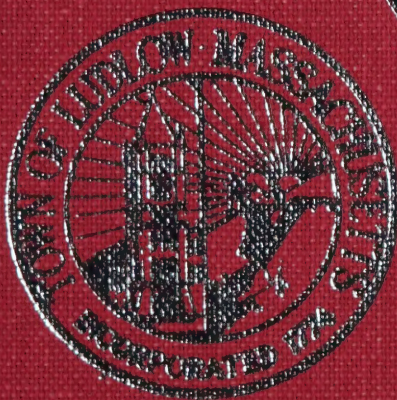


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**Ludlow High School
Ludlow, Massachusetts
1976 Lion
Volume LI**

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Without the help of these dedicated hardworking people, the 1976 Lion would not have been possible. I extend my sincere thanks to everyone who has helped in any way to make this year-book.

Helen Lake

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1976 — A year of red, white, and blue, stars and stripes, patriotism, fireworks, parades, history, excitement! What was it all about? We were recognizing the spirit of independence that was unfurled 200 years ago. The spirit which has brought people from many different countries to a land of promises.

Hope has let our nation progress. Innumerably, people have come to our country to share their cultures, languages, talents, misfortunes, and triumphs — all of which blended together have allowed us to learn and improve.

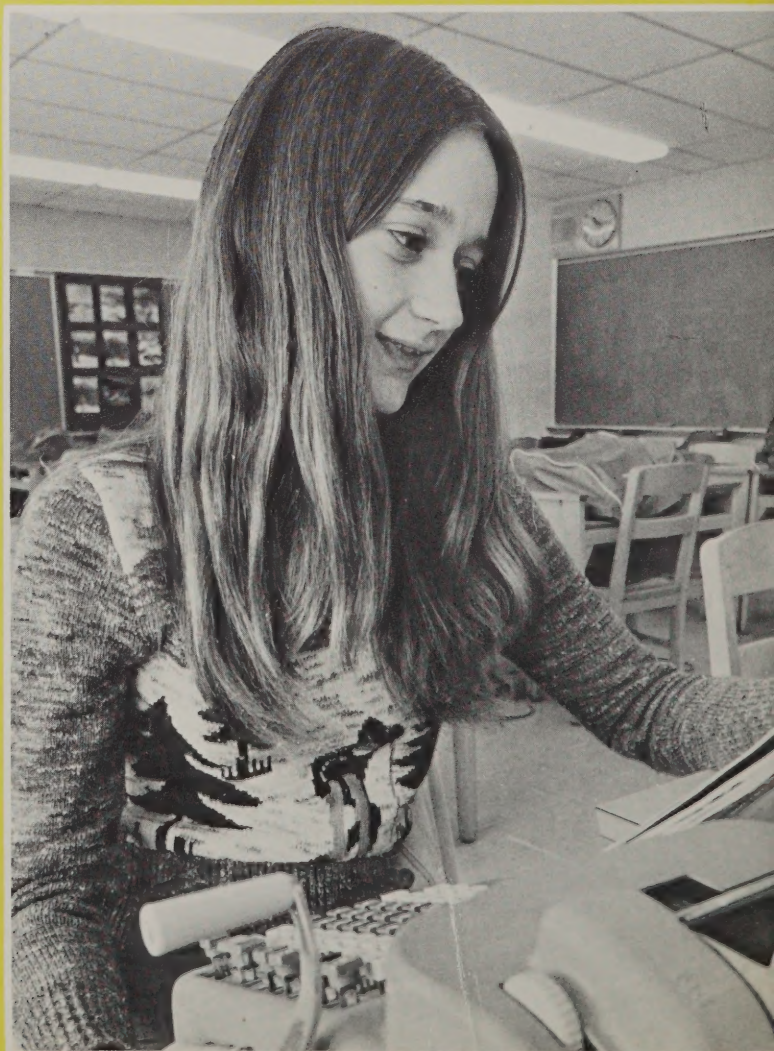
There are many small parts which have contributed greatly to our advancement. These minute segments might seem unimportant by themselves, but are essential to the intricate patterns of our lives.

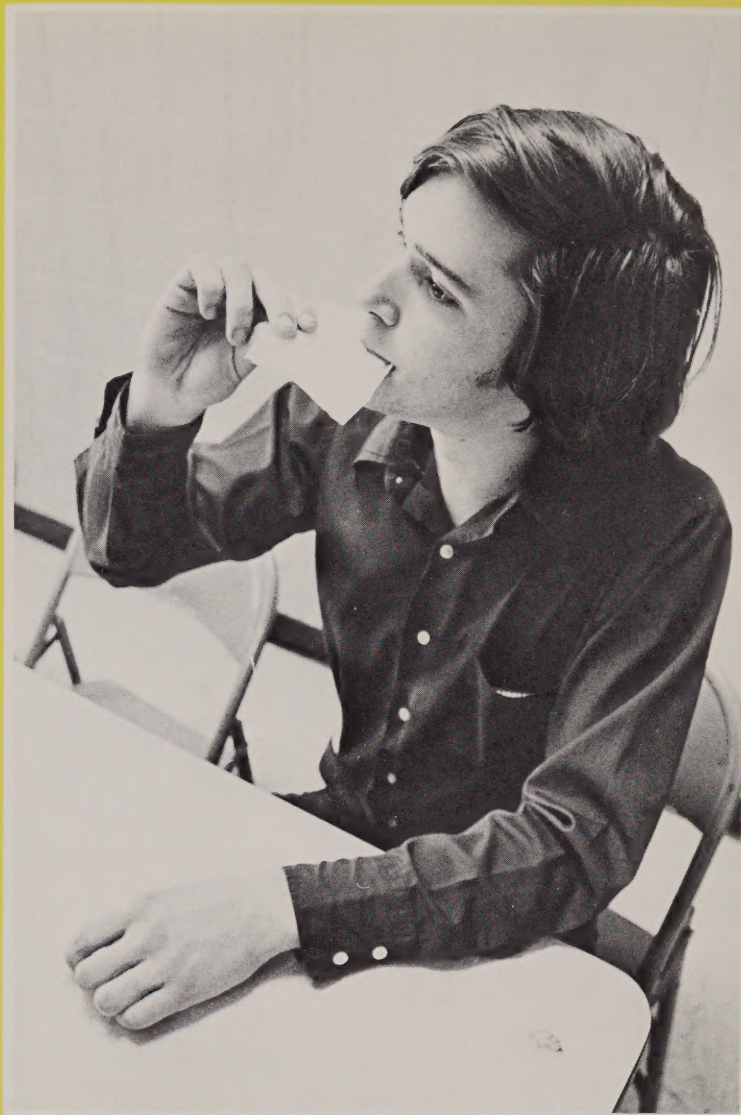
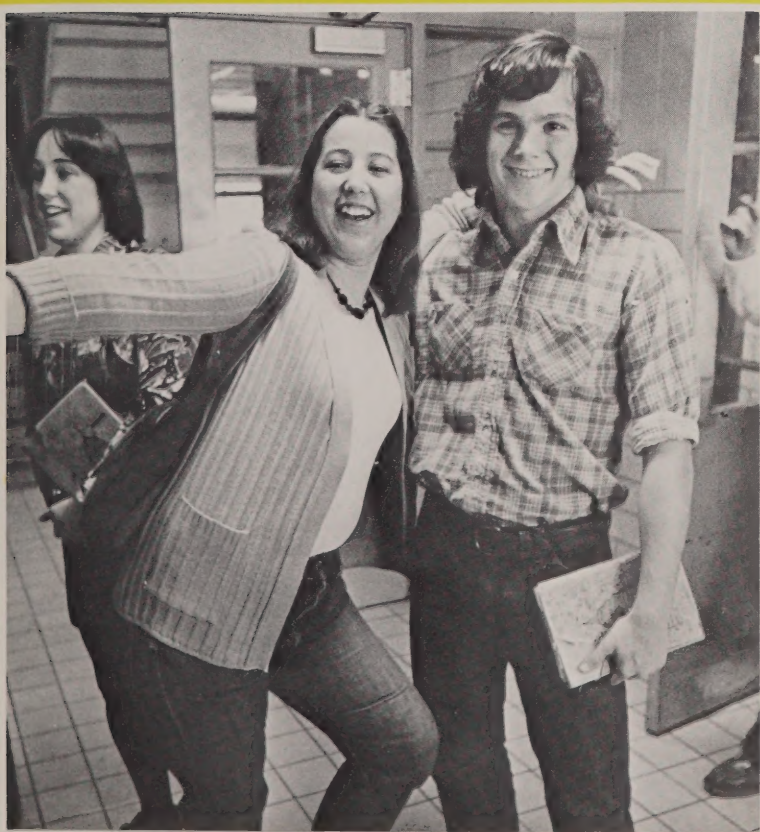
Ludlow High School was one of those small seemingly unimportant pieces. Yet here we were exposed to many different things, and given the opportunity to put them together in our own ways. We were taught by teachers who cared about us, and shared with us the knowledge that they had acquired.

One of the things they tried to instill in us was realistic optimism — otherwise known as ambition. In our lessons we were shown that through the work of dedicated ambitious people, great things were accomplished. It is with these things in mind, that we, the Class of 1976, left L.H.S. to begin our new lifestyles.



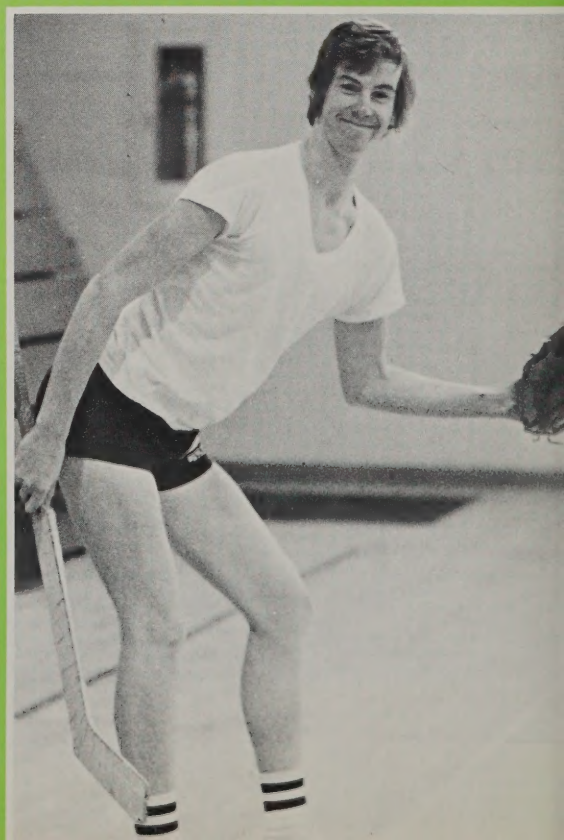
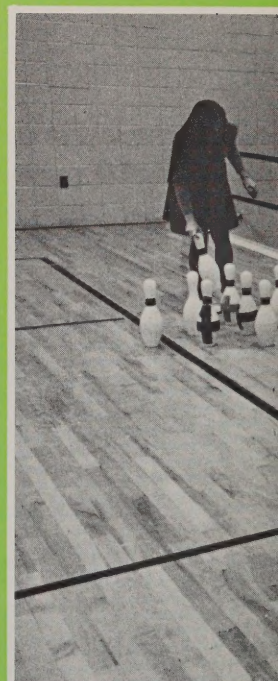
Time — that untouchable object that is such an important part of our lives. It is not important how much time we have, — but rather how we use the time we are given.





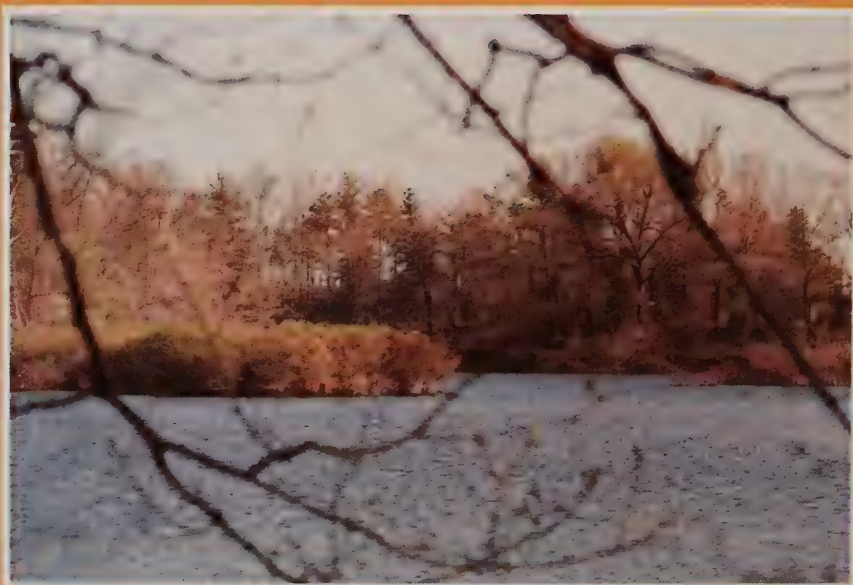
We, the Class of 1976, were given ten final months together — our Senior year. What did we do with it? We spent it sharing pleasant times with friends, doing crazy things together, enjoying life in general, doing things we were good at, learning new and interesting things, being alone, meeting new people.

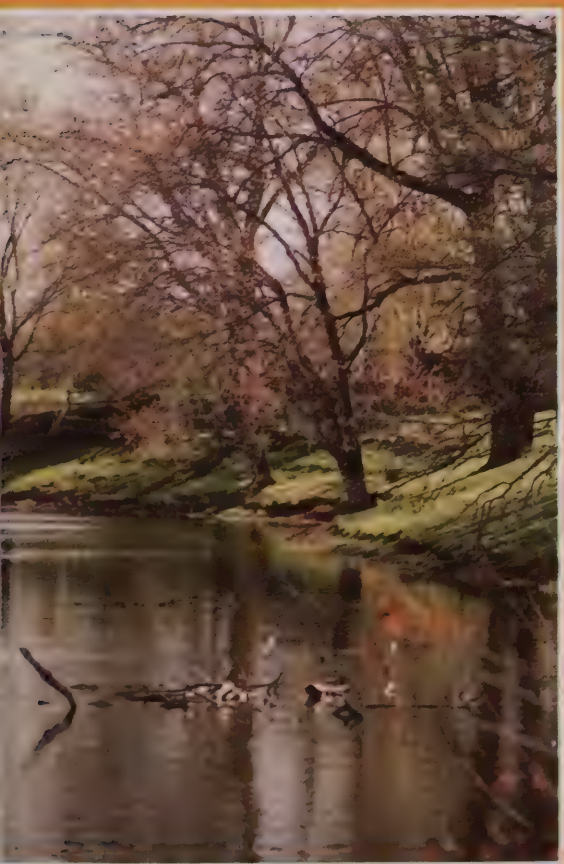
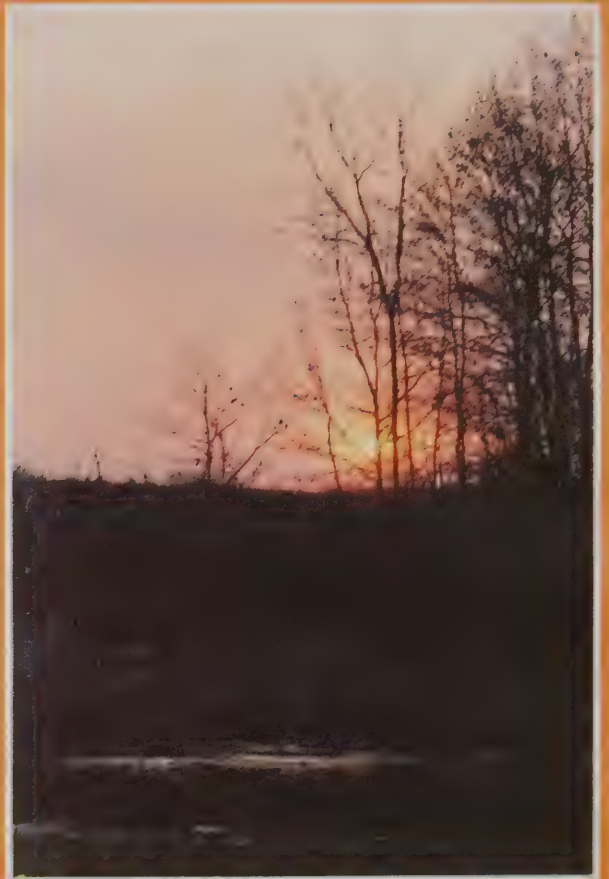
We planned our futures —
grew, loved, cried, — lived.
We accepted things we
couldn't change — we
changed the things we could.
We spoke our opinions, we
listened to others. We made
decisions for ourselves, we
were helped along the way.



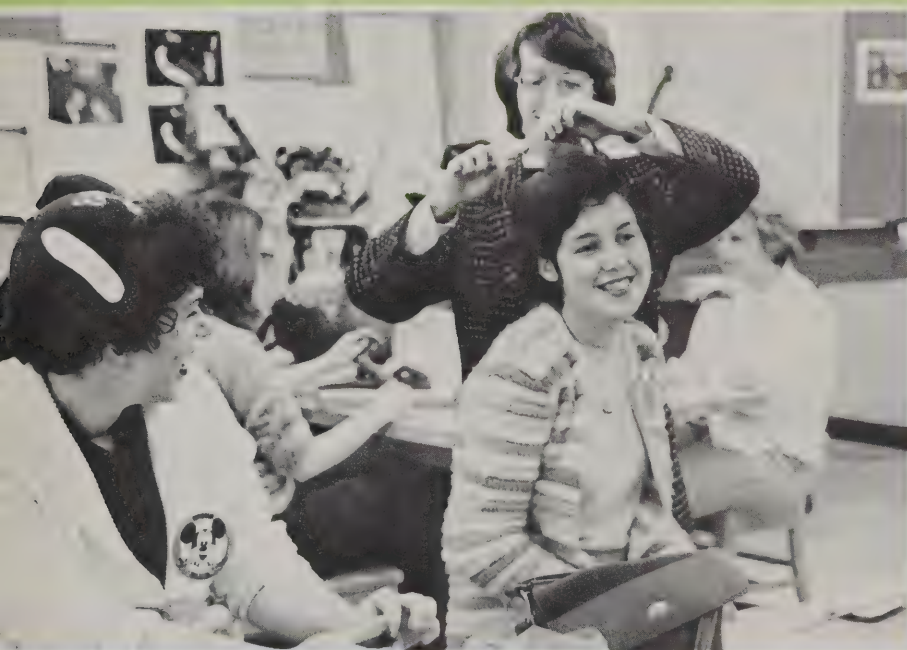


As we grew, we learned to improve ourselves, learned to respect the rights of others, learned to appreciate the out of doors.





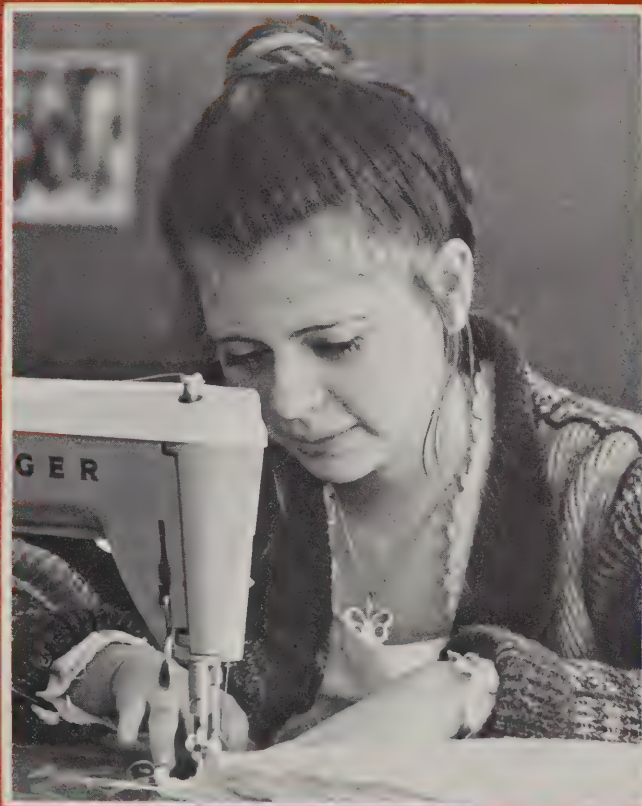
We came to realize that the town we had grown up in was really beautiful. From the clear, crisp, Autumn afternoons through the cold, snowy, winter to the warm spring and sunny summer days, Ludlow was part of New England's ever changing cycle.





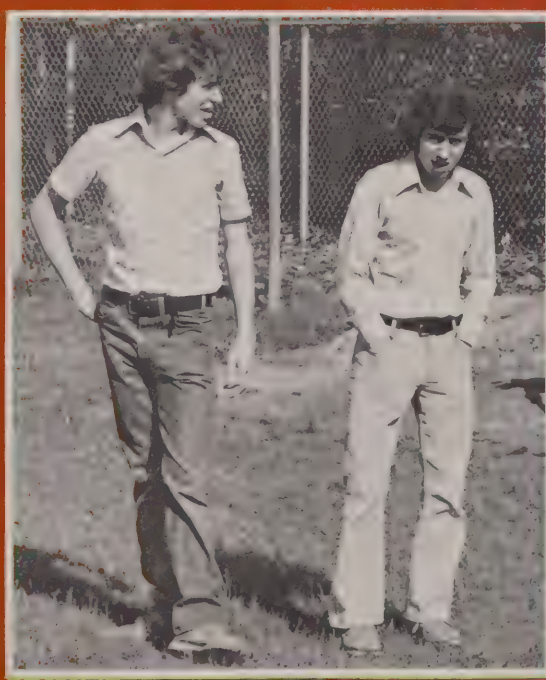
The cycle of seasons is one thing that we "New Englanders" sometimes take for granted. Every year there is something different in our scenery — something new, something that has changed, something that we never noticed before, something that has blossomed into maturity.

High school could be compared to this cycle of the seasons. Every September Ludlow High School is basically the same — yet inside there are more than 300 new students — individuals whose personalities, interests, and talents combine to add life to the school.

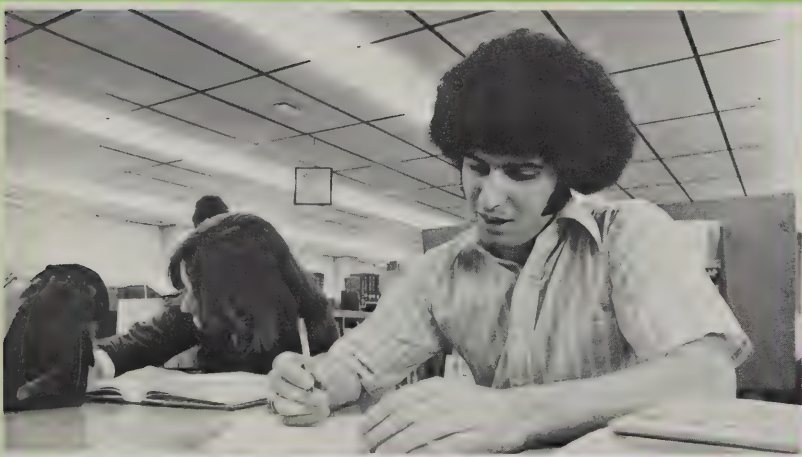
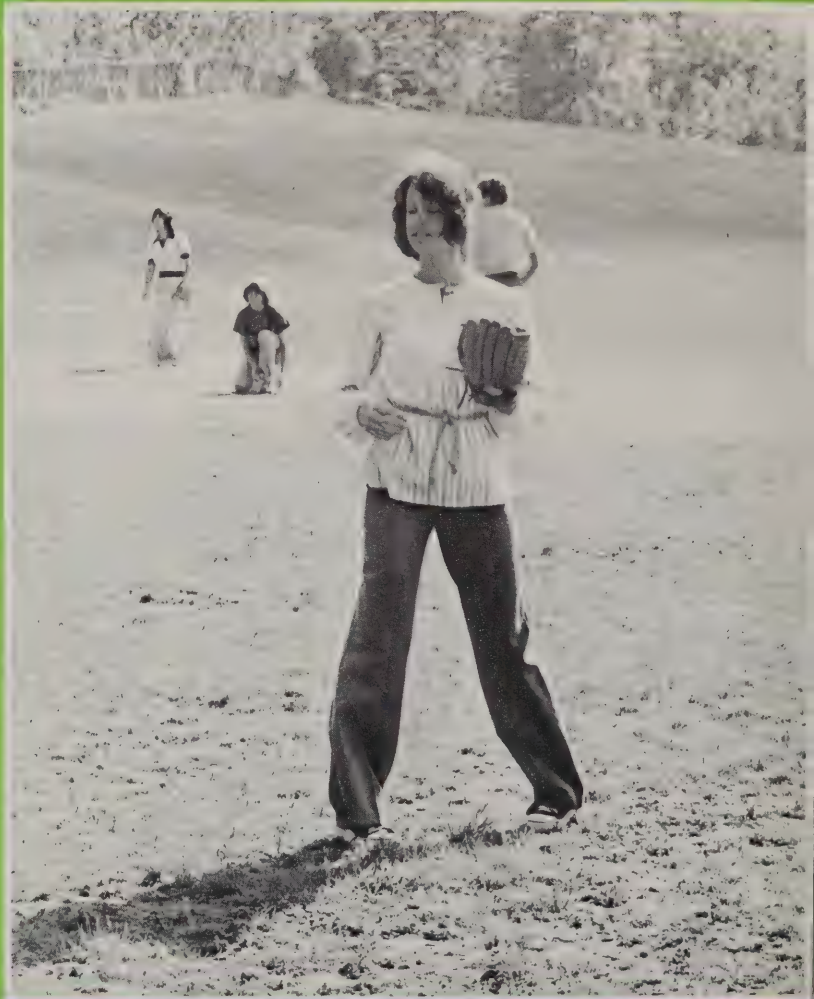
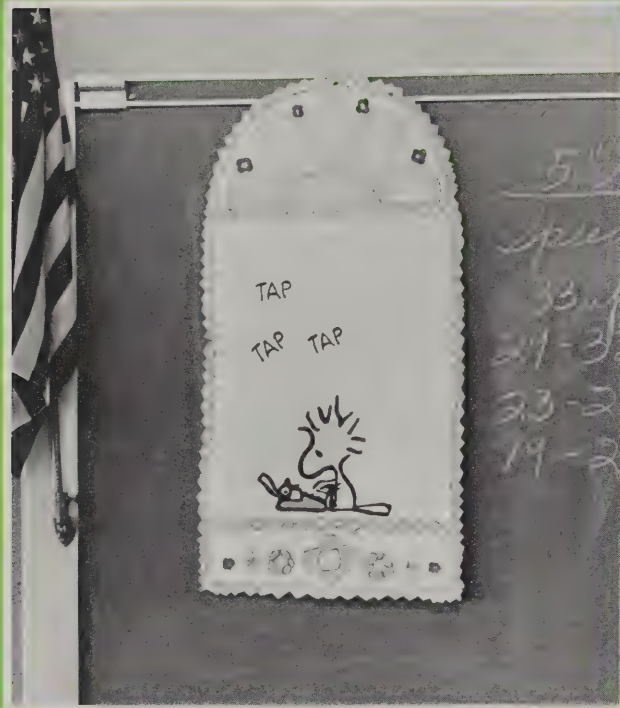




There is something that is special in each one of us — some part that makes us different from everyone else. We need to find this particular quality, develop it, and share it with others.



High school is, along with many other things, a time of sharing. Our teachers share with us the knowledge that they have aquired — we students share opinions, ideas, and talents. It is these experiences combined with our many other encounters that make our high school years so special.





Most of all, our years at L.H.S. were a time of realization — of ourselves, of our surroundings, of the many small parts that fit together to pattern our lives.



The hours slip past,
Our moments melt into the
Eternity behind us.
How strange time is
It walked one step forward, unveiled its face.
Frightened us yet elated us.
Yesterday we complained about time
And trembled at its terrors.
But today, we have learned to love it.
For we now understand its intents,
Its secrets and mysteries.
Yesterday we were a toy in
The hands of destiny.
On a journey from which there is no return.
But today we've awakened our destiny
To come and walk with us.
We do not follow destiny: She follows us.
We were silent though
Hidden in a corner. Oblivious
Today, we become a stronger voice.
Vibrations of our desires

Yesterday we were, and today we are.
From behind the wall of the present,
Upon the stage of coming ages,
We catch a glance at the future ahead.
In a procession of achievement,
We approach this future.
Storing the laughter and tears of yesterday
Into the memory of infinity.

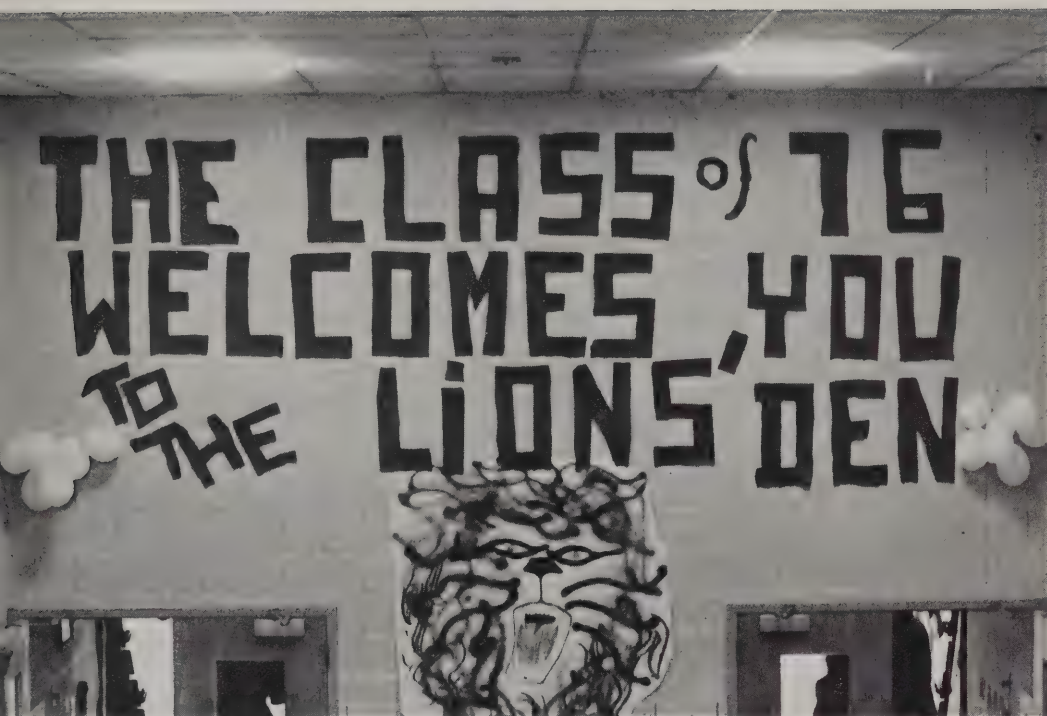
— Sue Sheppard

FALL

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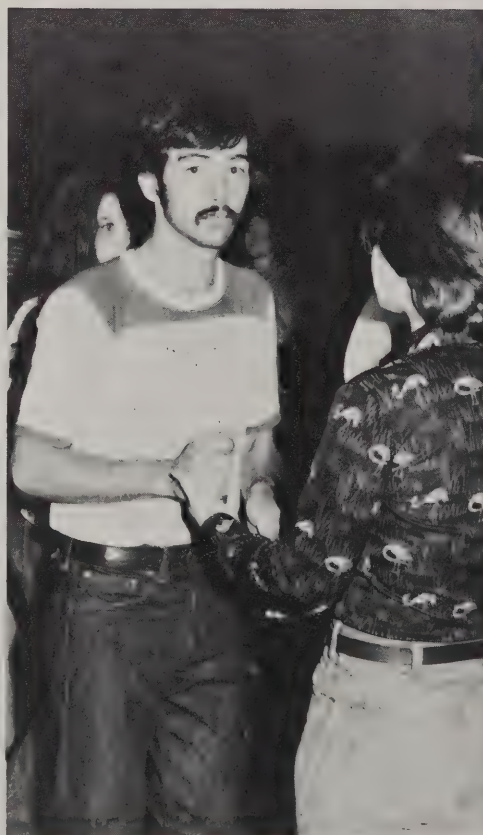
SEPTEMBER 24

BOOSTER DAY



Driving Rain Couldn't Dampen Lion Spirit

A cold, wet, but nevertheless spirited group of Lion fans was present at the Booster Day Pep Rally put on by the L.H.S. cheerleaders to boost the Ludlow teams for the big games ahead. The pep band's enthusiasm, the fan's and cheerleader's chants brought about a feeling of togetherness shared by all. As is traditional, the Spirit Award was presented to the class showing the most spirit. Coach Kolodziey presented the award — the recipients?? The Senior Class of '76!!





After the excitement of the Pep Rally, students relaxed and listened to the sounds of "Relief" in the L.H.S. gymnasium. The Booster Day Dance, customarily put on by the Senior Class, seemed to be enjoyed by all. Diane Kibbe, president of the Class of '76, had this comment: "Everyone enjoyed working on the dance which was a financial success. The proceeds will pay general class expenses, and defray the costs of our year-books. I'm sure there will be many memories of this, the last dance put on by our class."







The Ludlow High School J.C.L. started their year of activities off with a lecture given by Mrs. Cleary. Her topic was the Latin passages which are found on the Freedom Trail of Massachusetts. She brought maps and diagrams to show where these memorials are found and then led the group in translating the passages. Mrs. Cleary also handed out information about the Freedom Trail and spoke about its interesting points. She then finished off the session with a question and answer period. Mrs. Cleary is pictured to the left of this article.

Lectures Begin J.C.L. Activities

In late October the Junior Classical League was paid a visit by John Smith, kicker for the New England Patriots. He was asked to give a lecture about his hobby, grave-stone rubbing, to a group of about 120 people. He began his talk by showing how the art is performed with demonstrations of his own work. Mr. Smith continued, telling where to find such stones and pointed out where his had come from. Many of his works were done in his homeland, England. Some, though, were done in countries such as Italy and even in Massachusettes. He is shown with a sample in the picture at the bottom right of this page. He finished off his lecture by telling how he got involved in the game of football and answered many questions about both his hobby and his career.



fine Arts

JUNIOR DANCE



The time was 8 P.M., the band, Relief, and a gusty fall evening was the perfect setting for the Junior Class' dance entitled, "Harvest Sunset." This dance, which was a financial booster for the Class of 1977, was enjoyed by all who attended.



HARVEST SUNSET





Marching Lions In Action



Colorguards **LEFT TO RIGHT:** Marie Dinette, Sandy Piligian (Squad Captain), Sue Saloio, Laurie Garrow, Judy LaFortune, Anna Luszez, Linda Ryzcek, Karen Skinner





Majorettes
LEFT TO RIGHT:
Donna Nelson
Denise Niquette
Diane Mongeau
Joanne LaBosse
Debbie Wagner
Lori Desilets
Debbie Ambrose

After the opening day of school there is one event to which every student seems to look forward. That is, the first football game of the season and the four whistles which bring the Ludlow High School marching Lions into rank and file. Drum major Mark Hiorns, in full command, leads the band which glows with pride and assurance. Veteran members may have acquired this as they marched through the streets of Vienna, Austria, the previous summer receiving applause from a world audience. Marching and performing some of the Austrian music brought fond memories to many bandsmen. The Austrian flag, proudly displayed by the colorguard, is a constant reminder of this achievement. Each football show presented by the band and its director, Mr. Royce E. Layman, proved that every member's thoughts were with the business at hand. Officers this year were: President Chris Wilczynski, Vice-President Helen Lake, and Secretary-Treasurer Laurie Symington. Fans cheered the continuously inventive and interesting band formations in the half-time shows. Do you remember the band as a hula dancer or a San Francisco trolley? Co-operation and accomplishment were in plain view one autumn afternoon. The Junior High School Band, directed by Mr. Dennis Bunten joined the senior band on the grid-iron (top left). The bands performed several fine selections together, demonstrating that future band members will keep up the Senior band's strive for excellence.



fine Arts

1975-76 Cheerleaders



TOP ROW: Cheryl Leete, Cindy Story, Lee-Ann Baldrate, Gail Patullo, Sharon Rozkusa. BOTTOM: Barbara Veautour, Maryellen Marini, Peggy Donnellan, Paula LaFortune, JoAnne O'Neil.

Varsity Squad

The 1975-76 Varsity Cheerleading Squad underwent a trying period of adjustment but managed to maintain their spirited dispositions and plunge into another exciting season. With a hopeful outlook and a big smile, their captain, Maryellen Marini, led the L.H.S. squad through a successful season. Maryellen was not alone in her efforts. With the help of Barby Veautour as co-captain and Cindy Story as secretary-treasurer, the outgoing members of the Varsity Squad led the Ludlow teams through a difficult but rewarding season.





TOP: Sue Boudreau, Lynn Lavoie. **STANDING:** Susan Lind, Becky Alves, Chris Veautour, Denise Ayers, Debbie Mosio, Robin Severyn. **KNEELING:** Tina Guerra, Sheila Mastalerz.

J.V. Squad

Once again the Junior Varsity Cheerleaders led the J.V. teams into a rewarding and eventful season. With Tina Guerra as captain, Chris Veautour as co-captain, and Denise Ayers as secretary-treasurer, the J.V. squad entered their season like Lions, and left just as enthusiastically.



TOP ROW: Karen Bosse, Gretchen Palmer, Sharon Lonis. **STANDING:** Cindy Gronski, Kathy Zember, Denise Wilcox, Cindy Brackney, Sue Kecki. **KNEELING:** Janet Jarvis, Lisa Mendes.



Freshmen Squad

Though only in their first year at Ludlow High School these girls contributed greatly to the spirit and enthusiasm of their classmates. Captain, Janet Jarvis, co-captain, Lisa Mendes, and secretary-treasurer, Sue Kecki, gave the Freshmen Squad their inspiration and led them through a successful season.



ROW 1: S.Saloio, G.Patullo, D.Yelle, S.Coelho, J.O'Neill, L.Baldrate, D.Silva, J.Pereira, P.Veiga, N.Gurley, J.LaFortune, C.Leete, L.Bourcier, L.Pelletier, B.Veautour, L.Falconer, L.Motyka. **ROW 2:** L.Garrow, M.Mariani, P.LaFortune, P.Donnellan, K.Mariani, D.Hennesy. **ROW 3:** G.Campolo, L.Kalesnik, A.Luszcz, J.Dinelle, A.Rossi, K.Wilson, K.Skinner, K.Haney, M.Marini, D.Kibbe, R.Smith, L.Riggs, N.Brockney, C.Silva. **ROW 4:** L.Oldenburger, L.Glancey, S.Piligian, S.Kuchyt, K.Borek, C.Cretella, P.Steigmeyer, S.Robataille, A.Afonso, L.Ferreira, D.Wagner, S.Sawyer, L.Morse, N.Howard.

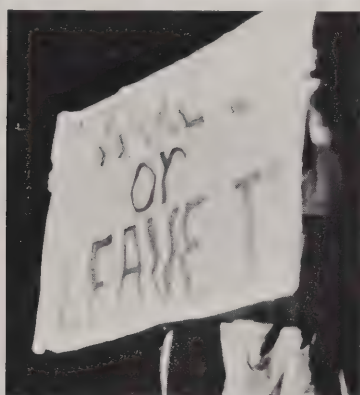
Find A Cause Take On Responsibility

the slogan of the girls organization known as Factor. This year's little sisters were welcomed to the group after a day of bathing caps and bizarre costumes. Visits to the Eastfield Mall (in full costume) and to Burger King where "Miss Factor" was crowned highlighted the day's events. After the excitement of the initiations settled, the group participated in such worthwhile causes as the Toys for Tots Christmas Drive, the Heart Fund Drive, and a March of Dimes Walk-a-thon.

This year's officers were, Cory Silva — president, Sandy Piligian — vice president, and Ann Rossi — secretary-treasurer. The club, in its second year at L.H.S., had difficulties at first, but the girls pulled together and shared many memorable experiences.



HI-Y SHOW!



ROW 1: D.James, D.Thompson, C.Charron, J.Marby, G.Martins, R.Oliveira, D.Moorhouse, S.McDaniels, D.Goncalves, D.Lamotte, D.Campolo, R.Angilante, A.Frogamini. ROW 2: B.Almeida, T. Casagrande, R.Lavoie. ROW 3: S.Gilrein, B.Covington, J.Gurski, C.Hebert, E.Stasiowski, F.Catarino, G.Allen, S.Romanow, G.Ziencina, O.Faustino. ROW 4: P.Machado, G.Glanville, M.Dusel, D.Lord, D.Lombardi, K.Duda, M.Miszewski, J.Quieros. ROW 5: G.Orlik, M.Bassette, G.Kielbasa, J.Costa



"Take It Or Leave It"

Friday, November 21, 1975

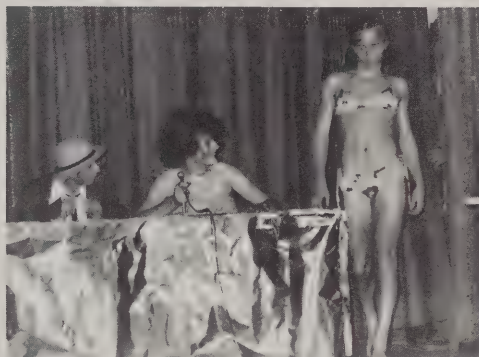
L.H.S. Auditorium

President — Mark Dusel

Vice-President — Gary Landry

Sec.-Treasurer — Steve Romanow





MISS VICTORY

1976



The crowning of Miss Victory 1976 was the perfect ending of the much enjoyed Hi-Y Show "Take It or Leave It." The day before the show, a vote was taken to choose Miss Victory and her Court. Each of the fifteen candidates represented all of the organizations in school. As Master of Ceremonies, Greg Orlik announced the winner and her Court. The three members of the Court were Peggy Donnellan, Arminda Afonso, and Laurie Garrow — the new Miss Victory was Anna Luszcz. Anna Luszcz, a member of the Student Council, was the representative of that group. Anna was also a member of the Girls Varsity Basketball Team, the Band's Color Guard Squad, FACTOR, JCL, and Concert Choir.

Fall Sports-



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Football p. 44

Soccer



Chicopee Comp.	A	3	0
South Hadley	H	3	0
Tech	H	6	0
Chicopee	H	1	2
Longmeadow	A	5	0
Holyoke	H	5	1
West Springfield	H	1	3
Agawam	H	4	0
Northampton	A	0	0
Minnechaug	A	2	1
Westfield	H	5	0
East Longmeadow	A	5	1
Greenfield	H		
Chicopee Comp.	H	0	1
West Springfield	A	0	7
Chicopee	A	2	1
Northampton	H	1	0
Western Mass. Tournament			
Taconnic (Overtime)		2	1
Pittsfield		3	1
West Springfield		0	3

After a brief one year absence from tournament play, the Soccer Lions were back as top contenders. Because of a stingy defense, and adequate scoring, the team compiled a fine overall record of 13-5-1.

Senior co-captains Mitch Miszewski, and All-Western Mass. choice Frank Silva backboned a young squad that boasts many returning players for next year. Ken Burek, Alex Alves, John Dias, Pete Ouelette, and goalies Ray Anghilante and Matt Esteves, are several of this year's team who will play again for the Lions.

In the Western Mass. tourney, Ludlow advanced to the final four, with victories over Taconnic and Pittsfield. Although they were defeated in the semi-finals by a very strong West Springfield team, this coming season could have Ludlow on top.

Because of the many returning starters, Coach Ray Yando hopes next year has the Lions back on top of high school soccer.

Strong help is expected from a J.V. team that had a fine 15-2-0 season. Once again, Coach James Marceau's squad proved to be one of the best in the area.

The Frosh, under Coach Tony Goncalves, continued the winning ways with a record of 12-1-2.

(1) Sergio Martins playing a tough game — daring anyone to take the ball from him. (2) Carlos Batista in control of the ball.



Varsity squad: **ROW 1:** Hector Gomes, Mike Goncalves, Valdy Santos, Frank daSilva, Mitch Miszewski, Gary Landry, Carlos Martins. **Row 2:** Ray Anghilante, Tony Dias, Carlos Batista, Alex Alves, John Dias, Joe Amaral, Sergio Martins, Pete Ouellette, Joe Goncalves, John Ganhao, Ken Burek, Joel Costa, Coach Ray Yando.

(1) Frank Silva, Ludlow's top scorer, pursues the ball. (2) Coach Yando watches the action. (3) Four members of the Lions — Joel Costa, Gary Kielbasa, Valdy Santos, and Gary Landry. (4) "Hammer" Landry tries to follow the ball. (5) Senior co-captain Mitch Miszewski puts on a move.





(1) Joe Goncalves can't find the handle. (2) Coach Yando has words for the team at halftime. (3) All-League performer Ken Burek flies into action. (4) Using his head is Joe Goncalves. (5) Senior Gary Kielbasa gives all-out effort.



The J.V. Squad (L. TO R.) — ROW 1: D.Palmera, R.Dominique, N. Gonsalves, T.Dias, M.Sears, C.Martins, J.Bernardo. ROW 2: B.Salvador, M.Esteves, T.Barros, A.Soaes, B.Costa, K.Davies, F.Nataloni, A.DaSilva, M.Joslin, J.Alves, J.Texiera, Coach Marceau.

Cross Country



		Ludlow	Opponent
Monson	H	17	38
Classical	A	17	40
Chicopee Comp.	A	33	23
Fermi	A	21	35
Tech (I)	H	29	27
West Springfield	H	35	20
Chicopee (I)	A	21	36
Agawam	A	23	34
East Longmeadow	H	29	27
Longmeadow	H	26	30
Southwick	H	30	25
South Hadley	A	21	36
Minnechaug	A	41	20
Ware (I)	H	25	31
Granby (I)	H	20	41

(Low score wins)



(1) Ludlow runners amidst a group of opponents. (2) Senior Bob Sevigne finishes his run behind the high school. (3) David Coache — tired after completing the course.

Some day try to run a mile — you will earn some respect for the cross country team. Each meet, these boys run over a 2.7 mile course. As they finish, pain often shows on the faces of the runners. They never quit, and are always trying to improve.

The Ludlow cross country team had a 9-6 record this year, a good showing for Coach Larrivee's squad. The leading runner for the team was senior captain Bob Sevigne, but all the members contributed greatly to the team.

Coach Larrivee hopes that next year will show even more improvement for the squad.

The 1976 Squad: ROW 1: Mark Landry, Bob Sevigne, Mike Barrus, Rob LeBlanc, Bruce Hiorns, Mark Patterson, Mike Zachowski. ROW 2: Janet Cretella — manager, Mark Hiorns, John Sevigne, Tom Lamondia, Craig Layman, David Coache, Pat McNeill, David Coache, John Casey, Ronald Torrey, Wilson Fuller, Coach David Larrivee.



(1) John Casey and Mike Zachowski, (2) Tom Lamondia, (3) Mark Landry, (4) David Coache, and (5) Pat McNeill, each give an all-out push toward the highest possible finish.





(1) Mike Barris is urged on by two teammates. (2) Bruce Hiorns led the team in five first place finishes. (3) Mark Patterson — a steady performer. (4) Dave Coache, sophomore, takes a break with some friends. (5) Seniors Bob Sevigne and Dave Coache give all-out effort at the finish.

Field Hockey



		Ludlow	Opponent
Minnechaug	H	0	5
Longmeadow	A	0	10
Southwick	H	0	9
Agawam	A	0	4
South Hadley	A	0	5
East Longmeadow	A	0	6
Minnechaug	A	1	5
Longmeadow	H	0	3
Southwick	A	0	5
Agawam	H	0	0
South Hadley	H	0	1
East Longmeadow	H	0	4

First team in LHS history



(1) Sophomore Eva Robbins trailing an opponent. (3) Mary LeBoeuf reflecting the disappointment that the girls often felt. (4) Senior co-captain Linda Nichols fighting for control of the ball.

Field Hockey is a new sport for the girls this season. It existed as a club for two years, and became a varsity sport this fall. The team didn't fare too well in the league this season. Their record was 0-10-1. At the beginning of the season, the team lacked experience in game situations. As the season progressed, the girls gained the necessary experience and improved with each game.

At the helm this season was Miss Barnes. She had the difficult task of teaching new skills and game strategies. Coach Barnes was patient with the girls. Her coaching skills became evident as the season progressed. During the second half of the season, the team was definitely improved.

Five girls will be leaving the team because of graduation. They have been with the team since its beginning. These girls provided the leadership and solid play that the team needed. The seniors are Karen Skinner, Sue Tyrell, Chris Palmer, and co-captains Linda Nichols and Kim Quaglietti.

Center Mary Wilczynski, a junior, scored the only goal of the season in the game against Minnechaug.

The team has a lot of potential, and high hopes for the coming school year.



ROW 1: L. Morse, M. Wilczynski, K. Skinner, R. Plant, S. Tyrell, L. Gaito, M. LeBoeuf, M. Alves. ROW 2: K. Quaglietti, C. Palmer, J. Sady, C. Pickreign, T. Randall, E. Robbins, L. Nichols, D. Marini, C. Costa, D. Porter, L. Alves, P. Veiga, A. Pereira, C. Martell, Coach Barnes.





(1) Char Costa determined to clear the ball from the zone. (2) Ludlow defense in action. (3) Char Costa makes a good defensive play as Tammy Randall looks on. (4) Ludlow's Maria Alves battles for control of the ball. (5) Karen Skinner and Char Costa squeezing an opponent out of the play.





(1) Sophomore Eva Robbins fights for control of the ball. (2) Co-captain Kim Quaglietti, goal tender for the Lions, prepares for action. (3) Coach Barnes watches the game intensely. (4) Ludlow's only scorer, Mary Wilczynski takes the face-off. (5) Laura "Stosh" Gaito in a battle.

Football

The Ludlow football team compiled a disappointing 2-8 record, in spite of some individual heroics by senior Glen Glanville. Tri-captains Glanville, Fred Catarino, and Steve Gilrein, were all steady performers throughout the season.

One bright spot for the future was the annual contest with Palmer — this year the Lions produced an exciting 30-26 victory. Hopefully this win will carry over some momentum for the coming year.

Coach Dick Kolodziey's offensive squad was led by senior quarterback Matt Bas-sette, and halfback Glen Glanville. Several players will return next season, giving the offense a strong nucleus, and possibly a high-scoring unit.

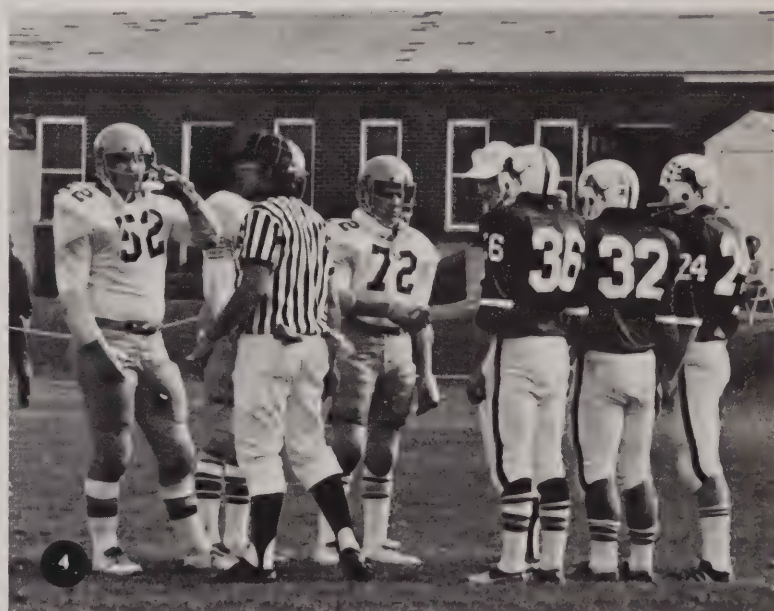
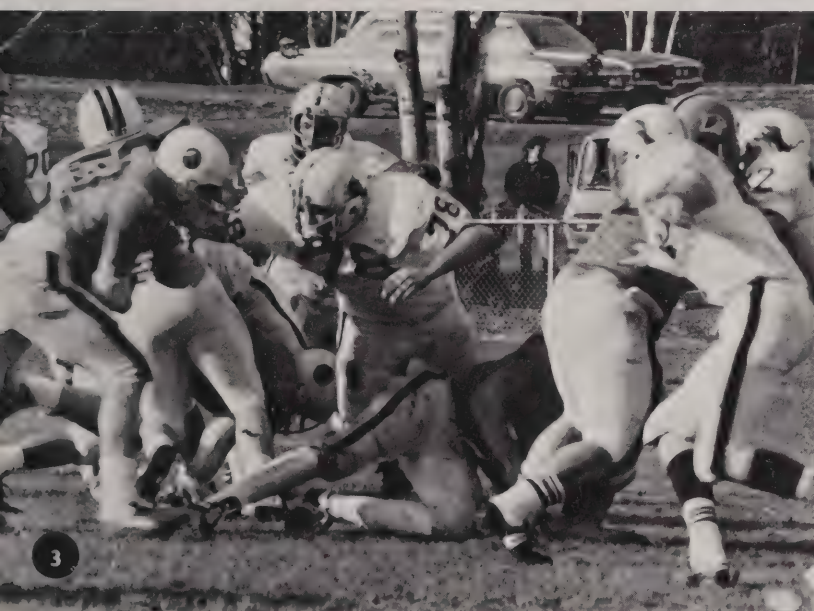
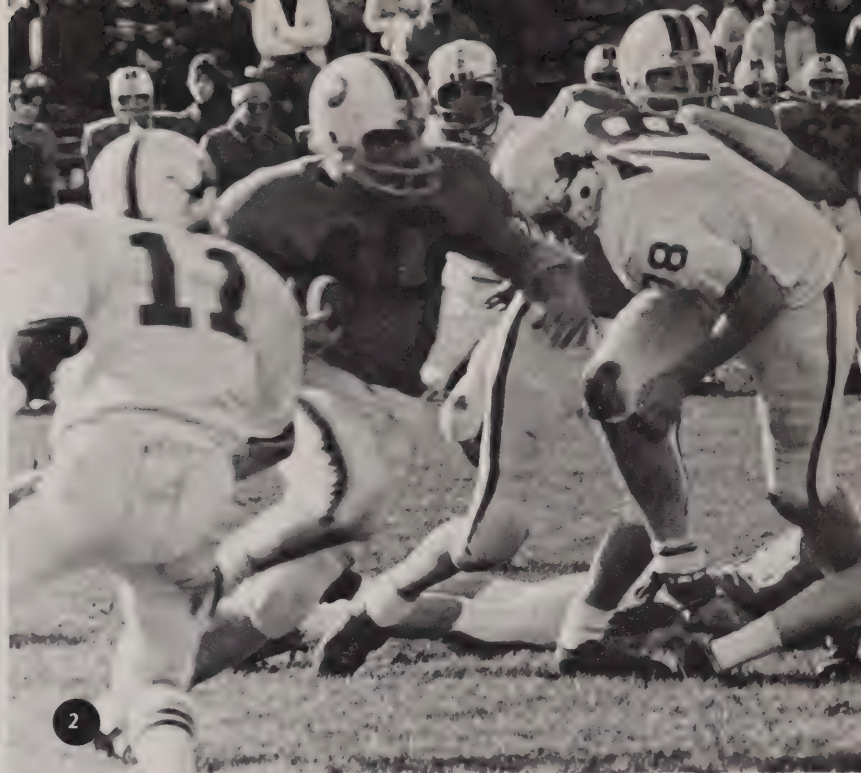
Senior Fred Catarino was a four year mainstay in the defensive formation for Ludlow, and will be sorely missed. Young talent will be needed to mold a strong defense next season.

One surprising and encouraging element of this year was the undefeated Freshmen squad. This team will hopefully carry these winning ways throughout their high school careers.

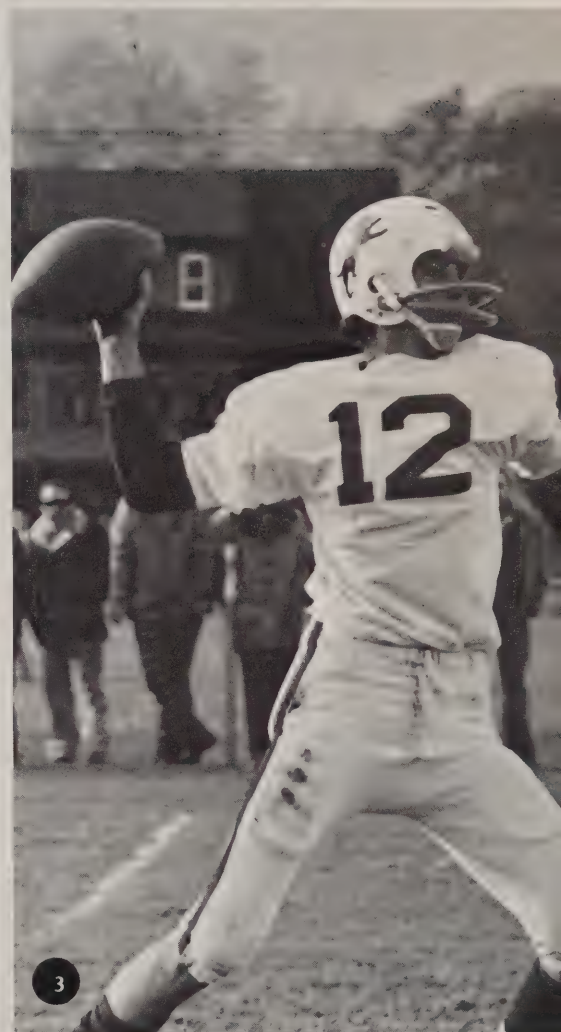


(1) Junior Mike Jacquinet takes a break on the sidelines. (2) A group of young Lions wait for their chance. (3) Offensive end Steve McDaniel runs his pattern. (4) Ludlow sets up the defensive formation.

(1) Ludlow Lions getting "psyched" before the game. (2) Lenny Peltier (11) and Ken Martin (78) close in on the opponent. (3) "Big D" from the Ludlow front four. (4) Tri-captains Steve Gilrein (36), Fred Catarino (32), and Glen Glanville (24) represent the Lions.



Varsity and J.V. squad: ROW 1: Glen Glanville, Fred Catarino, Steve Gilrein. ROW 2: Coach Dick Kolodziey, Assistant Coach Joe Andreis, Kevin Collins, Tom VanAllen, Dean Moorhouse, Eugene Stasiowski, Tony Frogomeni, Daren Riley, Gary Grimes, Mark Dusel, Ken Bisnette, Scott McDaniels, Ken Martin, Assistant Coach Bill Kosher. ROW 3: Matt Bassette, Mike Lemek, Joe Catarino, Steve Charon, Dave Campolo, Steve McDaniels, Dave Pasco, Mike Conrad, Tom Pasco, Assistant Coach Steve Marino. ROW 4: Craig Hebert, Mike Jacquinet, Lenny Peltier, Jim Patullo, John Sandman, Jeff Marby. ROW 5: Clay Savoie, Bruce Thompson, Todd Scyocurka, Bob Kine, Chris Scyocurka, Dale Glanville, Jim Pendrick.



(1) Senior Glen Glanville meets head-on with two opponents. (2) Co-captain Fred Catarino takes the hand-off. (3) Quarterback Matt Bassette aims and fires. (4) Coach Richard Kolodziey plans his next move. (5) The Lions line up for an offensive play.

THE CUB



The Cub of 1975-1976 put in an unusual amount of effort this year to spread news, and did the job rather effectively. Apparently the staff went through many odd experiences to gather news; from voluntarily getting thrown into "internal suspension" to following Mr. Cavallo for a day with a pad and pencil. These, along with many other circumstances, made working on the newspaper a challenge for all.



Editors-in-Chief

M. Douville S. Sheppard

Features J. Blais Art Editor P. Mulhern

D. Mariani Business Managers M. Gallo

J. Texeira Advertising K. Leary

Sports Editor M. Conrad General Editor J. Saloio

Photography S. Forslund Advisor S. Dibble

Staff

L. Morse

B. Brassard

E. Davidson

T. Dearness

N. Gonsalves

M. Hopkins

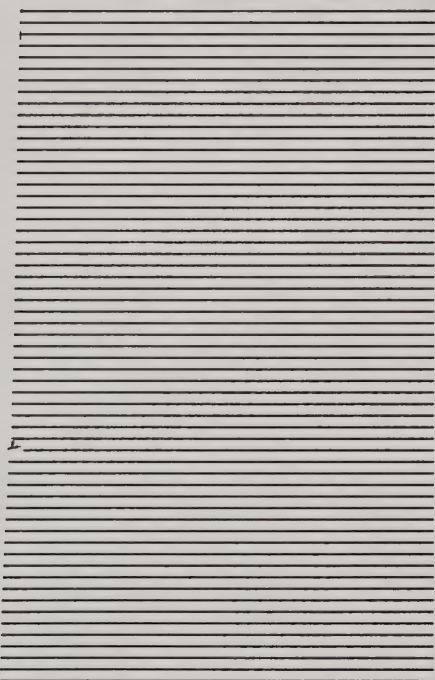
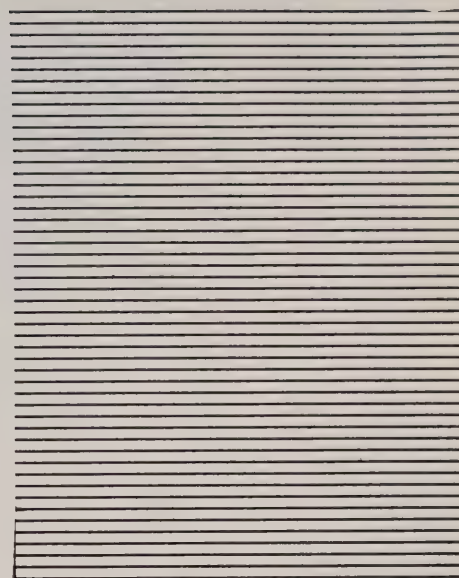
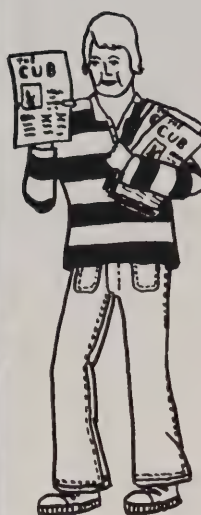
K. Hurley

C. Lavoie

C. Martel

The 1976 Cub advisor was Miss Susan Dibble. She dedicated her time, home, and her heart to the staff and paper. She was the main thrust in our growth towards better writing and newspaper skills. We, the staff, would like to thank her for all she's done.





The Cub staff of 1976, for the first time, incorporated into its system a weekly newsletter. The sole purpose of the weekly newsletter was to print news that ordinarily wouldn't have been used in the monthly paper. It was informative as well an entertaining, with a section that listed happenings in school and out.





SENIORS

ROW 1: J. Hoover, L. Gurley, M. Marini, D. Dinette, P. Costa, J. Blais. **ROW 2:** K. Pyzocha, M. Mariani, P. Donnellan, M. Dusel, S. Lavoie, L. Dinette. **ROW 3:** M. Randall, H. Lake, D. Nelson, J. Reopel, L. Garrow. **ROW 4:** T. Salva, T. Huber, E. Stasiowski, R. Desautels. **ROW 5:** G. Bell.

PRO MERITO

During the fall of the school year, the academic records of the members of the Junior Class are reviewed. If a student's marks meet the set requirements, he is notified of his status as a Pro Merito member. Providing that his high academic standing is maintained throughout his Junior and Senior years, he becomes a member of the National Honor Society. At graduation time, the Senior Pro Merito members are honored with the traditional gold tassels, and presented with pins and certificates.

This group is no longer considered a club. However, it gives well deserved recognition to students who do well academically.



JUNIORS

ROW 1: M. Zachowski, P. Veiga, R. St. Martin, D. Chenier, B. Dusel, S. Rozkusk. **ROW 2:** L. Falconer, S. Coelho, C. Emery, M. Fanning. **ROW 3:** R. Alves, K. Cygan, D. Marby, B. Smiley, F. Palatino, M. Nowak. **ROW 4:** J. Bailargeon, L. Gonyea, S. Wisniowski, F. Jorge, D. Niquette, D. Maurice.

WINTER

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Child Development Christmas Party p. 53

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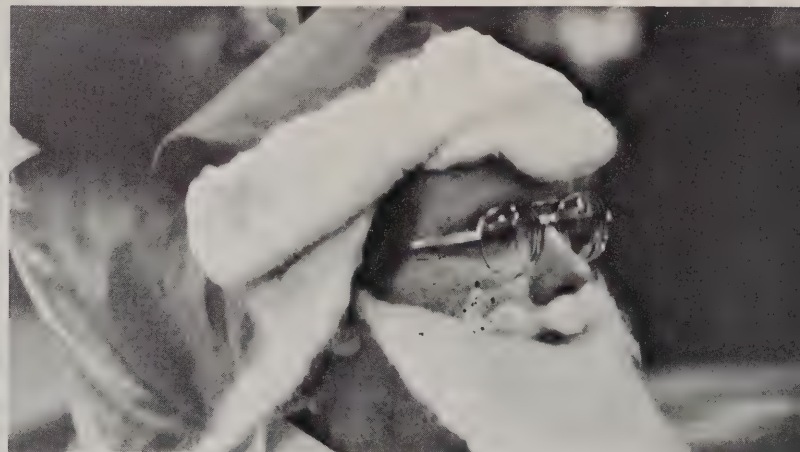
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JOYEUX NOEL!!



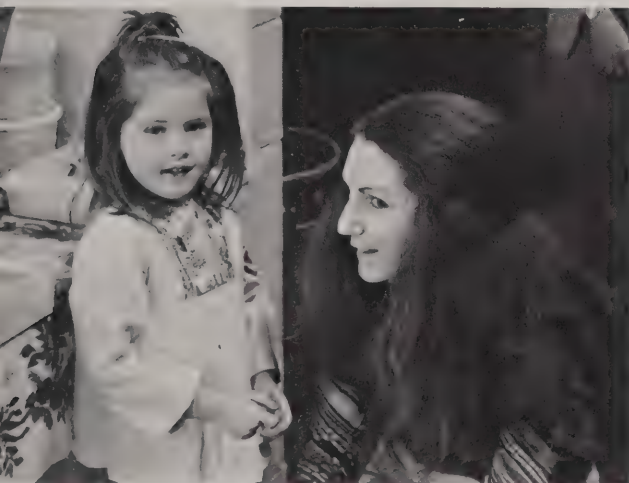
ROW ONE: J. Manuel, K. Cote, C. Bernardo, M. Alves, C. Ferreira, T. Batista, M. Porfirio, S. Smith, F. Lourreiro, P. Veiga, M. Dubois, L. Lussier, D. Lake, T. Dias. **ROW TWO:** C. Rousseau, L. Lind, J. Dubois, F. Nataloni, T. Dazvies, T. Gamache, S. Bourdeau, D. Libiszewski, G. Baillargeon, J. Bosse, D. Lyman, T. Glanville, M. Sears, M. Conrad, S. Fern. **ROW THREE:** L. Lake, J. Cardinal, J. LeBlanc, D. Syers, R. Houle, R. Frigon, G. Davies, S. Nuchon, M. Zajachowski, J. Lucas. **ROW FOUR:** J. Craven, K. Davies, J. Boldys, E. Setterstrom, D. Palmerra, V. Thompson, C. Pickereign, L. Rodke, R. Alves, K. Rado, S. Coelho, L. Ryscek, D. Galarneau. **ROW FIVE:** G. Lavatori, N. La Fourtain, C. Barlow, K. Sarlan, M. Dinnie, D. Harackiewicz, T. Lavoie, W. Falconer, C. Kemner, P. Ayers, P. Sears, C. Costa, M. Patnode, J. Day, F. Jorge, T. Goncalves, Mr. Martin; advisor.

The French Club of L.H.S. began their successful and funfilled year with a trip to the Whole World Celebration and Harvard Square in November. As the holiday season approached, plans for a Christmas party were in the making. This Yule time festivity featured live dance music and even a visit from Santa Claus (!) who distributed gifts to each of the members.

Fund raising activities also took place throughout the fall and winter months. A candle-calendar sale was very successful during the holiday season. A prize was awarded to the French Club member who netted the most money, Jim Cardinal was the recipient of this well-deserved award.

"Joyeux Noel"? it certainly was, as the French Club members along with advisors Mr. James Martin and Miss Susan Sinkoski headed for a very productive year in 1976.

"A TIME OF JOY FOR ALL"



The Child Development classes conducted a project that would not only benefit themselves, but turned out to be a lot of fun for all. Each class put on a Christmas Party for children between four and six years of age. They provided the children with a little gift that would be presented by none other than Santa Claus. A variety of craftmaking X-mas cards for Mom and Dad and decorating the tree with brightly colored ornaments added to the festivities. Mrs. Stagnaro and Mrs. Patullo agreed that it was a learning experience for both the students and the children.



A Christmas Concert

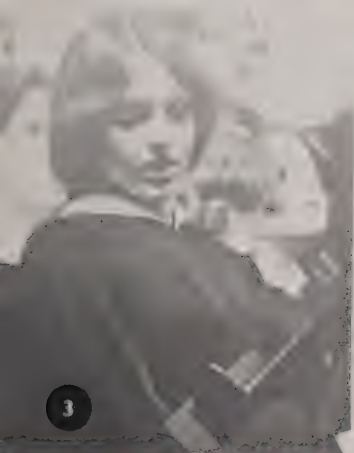


1. Mr. Wrinn. His reassurance and patience brought about this magical evening. 2. Choir members follow Mr. Wrinn's direction. 3. The Concert Choir performing *A Ceremony of Corals*. 4. Jay Dias accompanies the choir in a catchy calypso "Hallelujah". 5. Senior, Mary-Beth Mariani sings a fifth century lullaby. 6. A light "Spring Carol" was sung by Deva Mariani and Helen Lake. 7. and 8. The 1976 Chorale contributes to the evening.



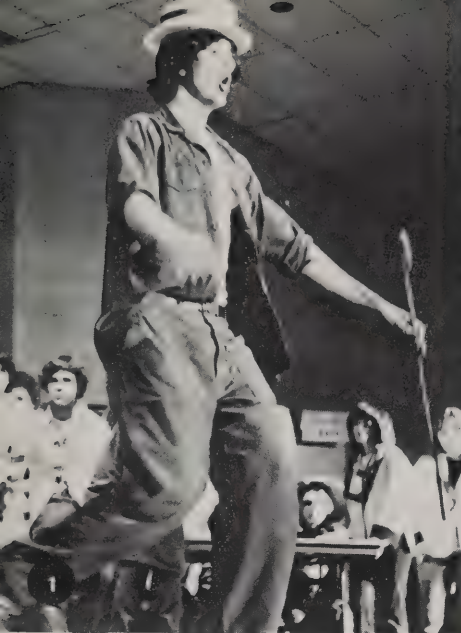


On Thursday evening December eighteenth, the Concert Choir, Chorale, Girls' Chorus, and Boys' Chorus, presented the spirit of Christmas in song. The Boy's Chorus was a welcomed addition since it had been inactive for a few seasons. The body of the program centered around **A Ceremony of Carols**, by Benjamin Britten. Sung in Old English, the music carried its listeners back to a chapel in fifth century Britain. An opening processional of the robed choir added to this atmosphere. Soloists in the selection were: Deborah Salli, Mary-Beth Mariani, Marybeth Randall, Robert Fernandes, Deva Mariani, and Helen Lake. The choir was accompanied by Theda Torlai, playing harp. Miss Elaine Saloio was also a soloist in "As Joseph Was Walking," an Appalachian carol.

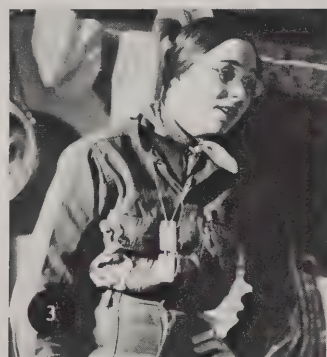


(1) Boys' Chorus adds a pizzazz to traditional carols! (2) Girls' Chorus sings "Rudolph" again! (3) Christmas is a time for warm friendships. Senior, Diane Carvalho. (4) Concert Choir members in the spirit of things. (5) Director, Mr. Wrinn, expresses pride after a fine performance. (6) Junior, Debbie Salli, sings "That Yonge Child" accompanied by the harp. **TOP LEFT:** Program cover artwork by Senior Pamela Mulhern.

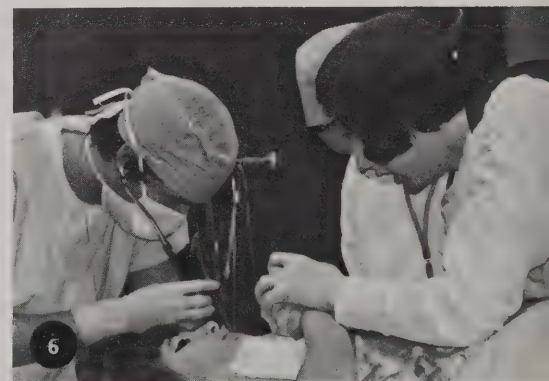
fine Arts



4077TH M.A.S.H.



1. If I had the wings of a Colonel. 2. They always call when I'm in the shower. 3. You'll do fine. 4. Every day is a new day. 5. They've recognized Spear-chucker! 6. Hang in there, Ho-Jon. 7. Come off it, Henry. 8. Father Mulcahy gives his blessing. 9. Ho-Jon dreams of the United States.





A fine show of appreciation occurred for the Drama Club this year. M^aA^sH received a full house for both performances. The combination of the title, M^aA^sH, more than fifty dedicated participants and comradie between them, made evident by the words, "Uncle Howie", brought about the success. For three months everyone involved worked tirelessly: before school, between classes, during class, after school, before midnight, and after midnight. Special effects were extremely important to the show. Their co-ordinators stayed behind the scenes, as did many other advisors: Miss Kathleen Abair, Mr. Raymond Sylvain, and the man in charge, Mr. Howard Bur-rage.



William Methot	David Lavigne
Michael Fanning	Janet Hoover
Karen Almeida	William Irvine
David White	Donna Lake
Marybeth Randall	John Casey
Roger Whitworth	Marie Langevin
Kenneth Bergeron	William Peacey
Mark Giza	Duarte Terrinea
Michael Zachjowski	Mark Hirons
Kenneth Bisnette	Mark Lavigne
Mark Boduch	Michael Conrad
Jay Dias	Charles Patullo
Peter Irvine	William Scott
Scott Livingstone	Gary Cislak
Ann Murray	Gilbert Fatal
Anthony Mole	Marie Falconer
Christine Weaver	Kelly Pereira
John Craven	Shelly Peabody
Tammy Dearness	Mary Beth Silva
Martha Linton	Sandra Piligian
Susan Lavoie	Deborah Booth
Laurie Symington	Dorothy Gagnon
Michael Wilson	Steve Forslund
Aldo Spadoni	Richard Perry
Elaine Lewison	Christine Vermette



1. Love and kisses, Hawkeye and Duke. 2. I thought you'd behave for once! 3. I'm certain we'll work well together. 4. Backstage. 5. I'll give you a great big sugar! 6. I naturally remember you very well. 7. The great white hunter.



fine Arts

CHESS TEAM



LEFT TO RIGHT: E. Stasiowski, L. Holdsworth, B. Fernandes, G. Bell, W. Stockwell.

The L.H.S. Chess Team, led by Coach James Marceau, again had an excellent year. This year's team, comprised mostly of seniors, started strong and put together six wins, two losses, and one tie game, for a fine season. The team participated in this year's interscholastic team finals held at Longmeadow High School for the Western Mass., Conn. Valley Chess League. Since the team's inception, four years ago, they have put together four winning seasons. The team was led, as it has been in the past, by board one player Greg Bell.

He was backed up by Eugene Stasiowski, Bob Fernandes, Lynn Holdsworth, and Wayne Stockwell. The team plays three schools, three times for a total of nine matches per season. To win, a team needs three out of five possible points. A team gets one point for each board win, and one half point for a draw. This year's team won its first five point match when it won all five boards. Coach Marceau is looking forward to a promising season next year.



STUDENT ADVISORY COUNCIL

Chip Patullo — S.A.C. Representative

This group, the only mandated lobbyist group in the state, has been steadily building its reputation from its inception four years ago. Chip has been the representative from 1974-76 and advanced from delegate his first year to become regional chairperson and state delegate the second year. These positions required monthly trips to Boston, co-ordinating sub-committee work, running conferences, and speaking at legislative and state board hearings. Hopefully, the leadership and information provided by the S.A.C. will be helpful within each school. This sharing of ideas is vital in broadening perspective and the delegates are valuable resources within their schools. So look to the Student Advisory Council for help.

STUDENT GOVERNMENT DAY

June Reopel was chosen by the Senior Class to represent Ludlow High School at Student Government Day in Boston, on April 2, 1976. Prior to this event, June attended the Springfield Student Delegate and Advisor Workshop on November 25. Later a visiting session was set aside for the students to tour the State House and get an idea of the events which would take place

in April. Students representing all of Massachusetts took part in this program. On April 2, 1976, the representatives met with legislators, and assumed their role for the day. June acted as Mental Health Commissioner, and attended committee hearings, house chamber meetings, and toured the various offices in which her counterpart was involved.

The roles played by the students were chosen at random. The purpose of Student Government Day, and evident success, was to enable students to acquaint themselves with our State's governmental procedures. June was accompanied to Boston by Mr. Parent, Student Government Day advisor, and Ann Rossi, student alternate.



ROW 1: Chip Patullo, Eugene Stasiowski, Joanne Blais, Gil Fata. ROW 2: Mr. Carlin — Advisor, Ronald Giguere, Tom Salva.

MATH TEAM

$A = R^2$, and many other formulas were vital to the math team. Five meets were held in which all schools in the area participated. Each member of the five person team was given five problems to work on. There was a limited time allotted to each person. For each correct answer, the person and the team were given one point. Team scores were tabulated at the end of the match. In spite of fluctuating membership, the team placed in the middle of the pack. Several Mathletes are returning next year, and things look promising for the coming season.

Class Executives?

(Senior Executive Board)

The Senior Executive Board is a group of twelve representatives and four alternates. They are elected by the seniors to plan such activities as the Booster Day Dance, Senior Show, Mug and Beanie sales, Senior Banquet, graduation exercises, and the class gift. Mr. Thompson and Mrs. Libiszewski are the advisors and are present at all meetings to offer their suggestions.



FIRST ROW: L. Morse, G. Campolo, C. Silva, L. Ferriera, D. Nelson, D. Marini. **SECOND ROW:** L. Gurley, S. Lavoie, P. Costa, G. Ziencina, D. Carvalho, S. Robataille, D. Kibbe, M. Dusel, F. Catarino, D. Hennessy, N. Howard.

Class Executives, Jr.?!

The Junior Executive Board is comprised of the class officers, class advisors, and twelve other members of the Junior Class. The Board's officers were as follows: President, Sue Kuchyt; Vice-President, Sandy Coelho; Treasurer, Chris Martel; and Secretary, Kathy Hurley. The Board's main purpose is to make decisions concerning the Junior Class, such as fund-raising and class activities.



BOTTOM ROW: D. Cardinal, C. Cretella, N. Brockney, B. Veautour. **TOP ROW:** D. Lake, S. Coelho, D. Macintosh, B. Dusel, L. Falconer, D. Chenier, L. Manganaro, K. Hurley.



STUDENT ADVISORY BOARD

The Student Advisory Board, consisting of five members, works with the School Committee to iron out problems in the school and curriculum. Working together this year were Chip Patullo, Lori Morse, Diane Kibbe, Debbie Marini, and Joanne Blais. Among the topics they brought to the committee were smoking areas, girls' sports, special education, and bus problems. They also aided in curriculum changes at special meetings during the year. The Student Advisory Board has met with the School Committee regularly, and has offered many worthwhile suggestions to the committee.

L. Morse, T. Fernandes, D. Marini.

TOP ROW: C. Emery, P. Irvine, C. Patullo, A. Fillion. BOTTOM ROW: B. Plata, G. Fatal, M. Taylor.



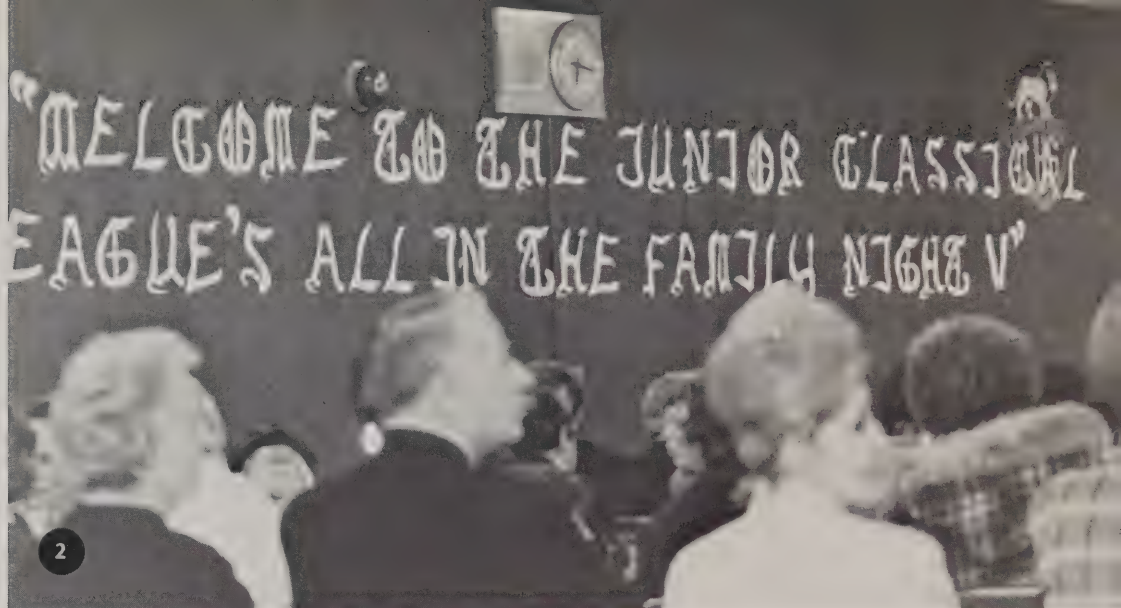
The Model Congress Club of Ludlow High School exists solely for the purpose of participating in the annual American International Model Congress. Here, model legislation from area schools is debated, on a pass or fail basis in the committee sessions on the House and Senate floors. Ludlow

High proposed a Constitutional Amendment setting a means of removing incapacitated Supreme Court Justices, for health reasons. The bill needed a two thirds majority vote to pass. The bill failed by one vote in committee, and by seven votes on the Senate floor. The club had eight mem-

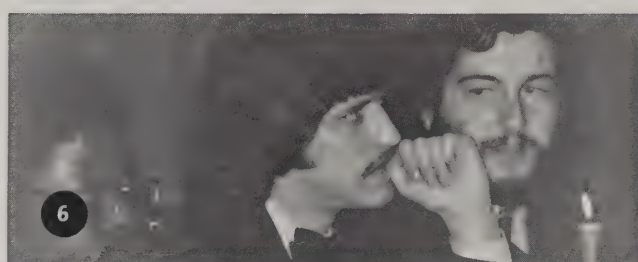
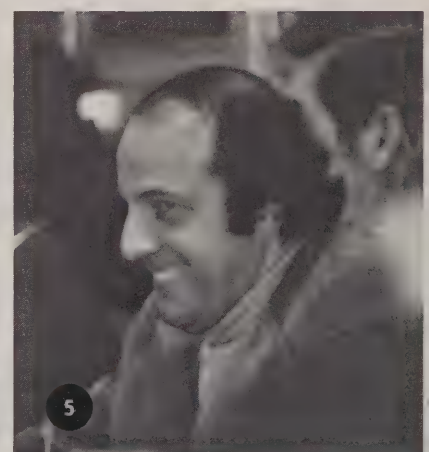


bers, with Mr. Richard Pinkos as advisor. The four delegates were as follows: Chip Patullo, Peter Irvine, Gilbert Fatal, and Allanna Fillion. There were also four observers: Charles Emery, Marybeth Taylor, Beth Plata, and Donna Santos. All contributed much time and effort on Ludlow's bill.

MODEL
CONGRESS



The J.C.L. And Families

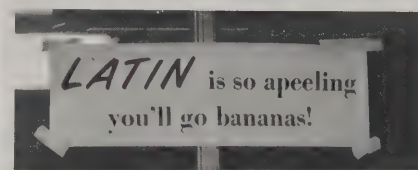


In the afternoon of January 25, 1976, members of the Junior Classical League transformed the L.H.S. cafeteria to an Italian dining hall. The students were preparing for their annual "All in the Family Night" supper. The kitchen was the scene of much activity all afternoon, as Mr. and Mrs. Spadoni, and their crew of student helpers made sauces and salads, and boiled yards of spaghetti.

The ushering in of guests at 6 P.M. began the evening's program which included a delicious meal, dinner music by Mr. Bradshaw, slides of Rome and Greece, and speeches — by Mr. Hurley, J.C.L. officers, Mr. Napolitan from the school committee, and featured speaker, Father Joseph Quigley of the University of Massachusetts.

The musically talented "Zumbies" from Amherst College once again delighted the audience with their songs.

A new tradition was begun this year — a "Parents of the Year" award. Students wrote compositions about their parents, explaining why they deserved the honor. Mr. and Mrs. Henry Dinelle were the recipients of this year's award, and their daughter Judy's essay was read aloud. As is the tradition of the Junior Classical League, the importance of the family was emphasized throughout this memorable evening.



(1) Mr. Bradshaw played the piano by candlelight during the dinner hour. (2) The J.C.L. bids welcome to its families. (3) Mrs. Spadoni, tired, but smiling, takes a break from her kitchen duties. (4) A group of J.C.L. members listen to the speakers. (5) Vice-principal Mr. Cavallo enjoying the evening. (6) Several of the "Zumbies" waiting for their part of the program. (7) Darby Silva and Lee-Ann Baldrate, two of the many student hostesses.



STUDENT PATROL

The Student Patrol is Ludlow High's answer to congested hallways and crowded doorways. This year's Student Patrol was captained by Jim Queiros. His co-captains were Noreen Howard and Greg Orlik. As in past years, the organization was the subject of much criticism by the faculty and student body. The purpose and value of the Student Patrol has been questioned throughout the school year. Judging by popular opinion, if the organization wishes to redeem its value to the school, some positive changes must be made in the coming school year.

Greg Allen
Jim Beltz
Diane Carvalho
Terry Chandonnet
Sharon Desautels
Mike DeSimone
Peggy Donnellan
Gil Fatal
Orlando Faustino
Lori Ferreira
Allanna Fillion
Steve Gilrein
Glen Glanville

Lisa Goodreau
Laura Gurley
Donna Hennessy
Diane Kibbe
Gary Kielbasa
Liz Lopes
David Lord
Ilda Mendes
Chris Palmer
Judy Pereira
Ken Pyzocha
June Reopel
Liz Riggs

Steve Romanow
Donna Ross
Rocky Salvador
Cory Silva
Bob Sevigne
John Wiater
Chris Wilczynski
Gary Ziencina
OFFICERS:
Noreen Howard
Mark Dusel
Greg Orlik
Jim Queiros — captain

DRAMA CLUB!



KNEELING: M. Zachjowski, J. Craven, S. Livingstone, K. Bergeron, W. Scott, A. Mole, J. Dias, M. Fanning, M. Giza, D. Lake. **SECOND ROW:** R. Whitworth, Mr. Burrage, S. Smith, S. Robillard, C. Weaver, M. Randall, J. Hoover, S. Piligian, S. Lavoie, C. Vermette, E. Lewison, K. Almieda, S. Peabody, E. Davidson, K. Periera, A. Murray, D. Gagnon. **THIRD ROW:** C. Rousseau, G. Fatal, D. Terrinca, W. Methot, P. Irvine, D. Lyons, M. Conrad.

Under new direction the Drama Club thrived. The club expanded its membership to over sixty people. *M°A°S°H* proved a tremendous success with the largest audience in the history of the club. Invaluable assistance and direction was given by Mr. Howard Burrage in the club's production of "*M°A°S°H*". Character portrayals in this play showed excellent acting ability and offered a few students a firm basis which enabled them to branch out to community theatre groups. Props and set designs were made by the students. It is hoped that the success of this year will continue to provide Ludlow High School with a fine theatre club.



The Maroon Key organization is made up of those people who excel in both academics and athletics. Members supervise the crowds at home football and basketball games. The club also participated in a Sports Award Night for the winter athletes. The Maroon Key gave awards to all seniors who played on school teams. They quietly contribute to many worthwhile projects, such as distributing fruit baskets, and conducting an Easter Egg Hunt for the area children. This year's officers are; President Mitch Miszewski, Vice President Gary Ziencina, Secretary Paula LaFortune, and Treasurer Fred Catarino.



MAROON KEY



ROW ONE: L. Morse, P. LaFortune, M. Marini, L. Nichols, K. Quaglietti, E. Stasiowski, M. Miszewski, F. Catarino, G. Orlik. ROW TWO: F. DaSilva, M. Bassette, S. Gilrein, M. Dusel, S. Robitaille, P. Donnellan, J. Dinelle, G. Landry. ROW THREE: G. Allen, G. Kielbasa, G. Ziencina, G. Glanville.

LIBRARY AIDES



SEATED: P. Vermette, S. Peabody, R. Brooks, C. Zilch, N. Gomes, S. Surriera, R. Plant. **STANDING:** R. Vermette, N. Fonseca, A. Fernandes, L. Bernardo, Mrs. French, advisor, Mr. Bergeron, advisor, C. Rabideau, C. Ferreira, I. Rodriques, D. Douches, M. Tavares, M. Alves, L. Faulha, A. Vital, F. Pedrosa.

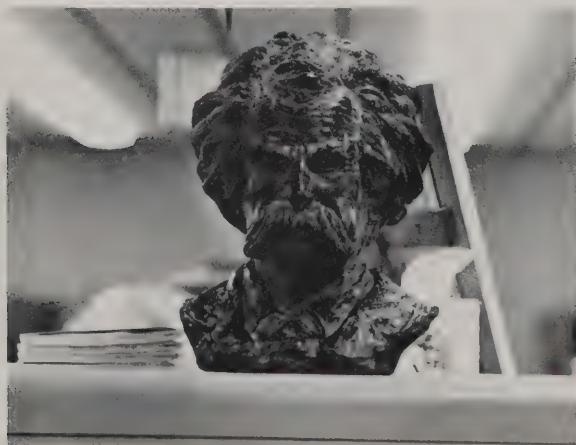


A busy group of thirty students makes up the Library Aides Club. These students have volunteered one study period a day to help in the library. They have varied duties such as stamping out books, writing overdue notices, and listing passes. They also return books to the shelves and check in magazines. All typing of book cards is done by Library Aides.

This year's officers include Aline Pereira, president, Hermina Fonseca, vice-president, Shelly Peabody, treasurer, and Anna Fernandes, secretary, with Mrs. French and Mr. Bergeron as advisors. The club voted to use their dues for award pins. They had a Christmas party and a birthday surprise for Mrs. French.

The high point of the year is their annual, day-long trip to other school libraries. This year they visited Holyoke Community College, Holyoke High School, and Our Lady of the Elms.

The members of the Library Aides Club perform a valuable service for the school, and their help is greatly appreciated by the librarians.



MEET THE MEDIA!

The purpose of the Ludlow High School MEDIA CLUB is to provide the students with competence and training in the use of media materials. It is also the intent of this group to assist the teaching staff by servicing their requests for media equipment.

Membership is open to all LHS students. Thirty students presently give from two to eight blocks per week servicing and delivering equipment, video taping programs, and doing minor repair and maintenance.

Officers for the 1975-76 school year were Chairman, Bill Methot; Vice-chairman, Jeff Teixeira; Treasurer, Mary Murray; and Secretary, Fred Palatino.

The Media Club hopes for more original television production in the near future. It is the long range goal of this club to include in the high-school curriculum courses pertaining to Media in an attempt to provide students with knowledge and competence in this expanding field.

Mr. Bergeron serves as advisor.



SEATED: B. Murray, L. Bellise, A. Spadoni, M. Conrad, M. Murray, B. Methot. **STANDING:** J. Douville, B. Murray, Mr. Bergeron, advisor, F. Palatino, M. Rodriques, B. Peacey, B. Belisle, D. Harackiewicz, J. Teixeira, D. White.



BASKETBALL!

JCL Vs. Language Clubs — Faculty Vs. Patriots

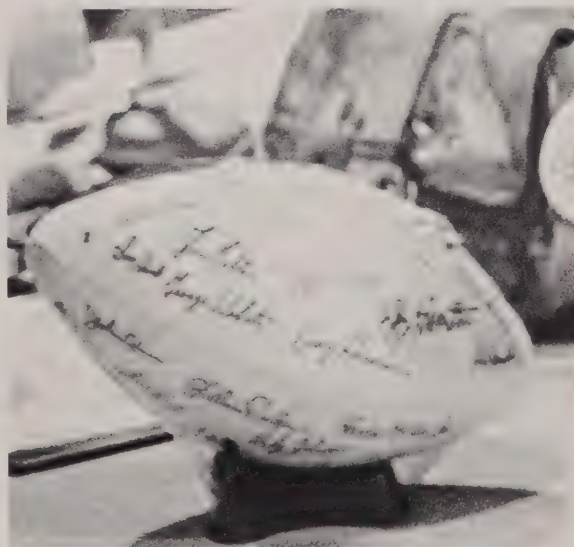
The crowd cheered enthusiastically as the National Anthem ended and the much awaited basketball games began. This night of basketball was sponsored by the Junior Classical League as a fund raiser for their trip to Boston to perform their show for the Massachusetts State Legislatures. The games which were originally scheduled for Tuesday, January 13 were postponed one week due to the threat of a blizzard. The J.C.L.'s challenged rivals were the members of the language clubs of the school.





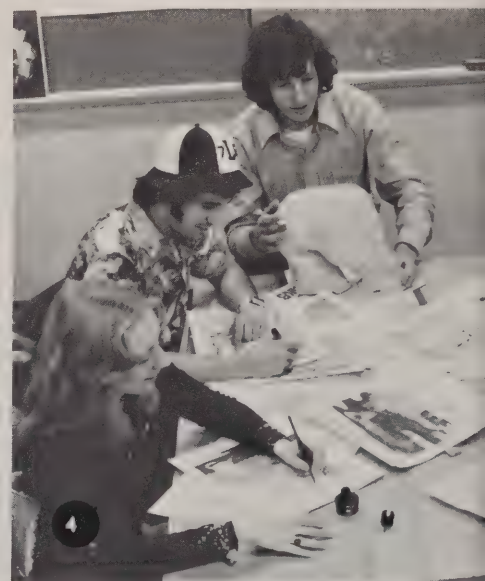
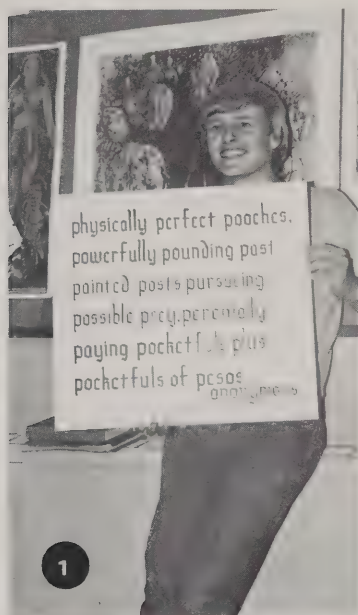
The main attraction of the evening was the game played between the Boston Patriot's football team and the Ludlow teaching staff. Two pre-games were also scheduled. The first was the girls of J.C.L. verses the girls of the language clubs; the second was the boys of each of these organizations. The result of both games were clear as the strong J.C.L. teams claimed victory over their opponents.

The Patriots - Ludlow teachers' game proved to be a good match as the night progressed. Although proving to be good competitors, Ludlow could not surpass the Patriot's strength.



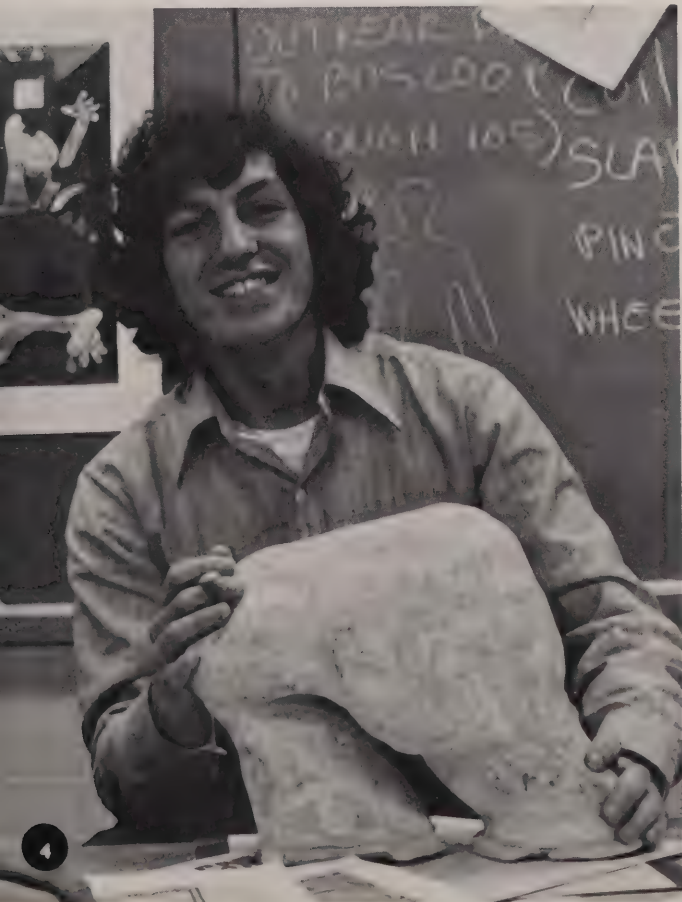
Senior Art

1. Greg Orlik 2. Joe Veiga 3. Cindy Soffan and student teacher, Mary Ann Noga



4. Bonnie Brassard, Eugene Almeida, Frank Silva, Pam Mulhern, Pam Esteves 5. Marybeth Randall 6. Marie Falconer and Pam Mulhern 7. Pam Mulhern





1. Laura Gurley 2. Joyce Reynolds 3. The sink 4. Frank Silva 5. Bonnie Brassard 6. Erin Davidson Not Pictured: Mr. Burns, Vincent, Terry Wood

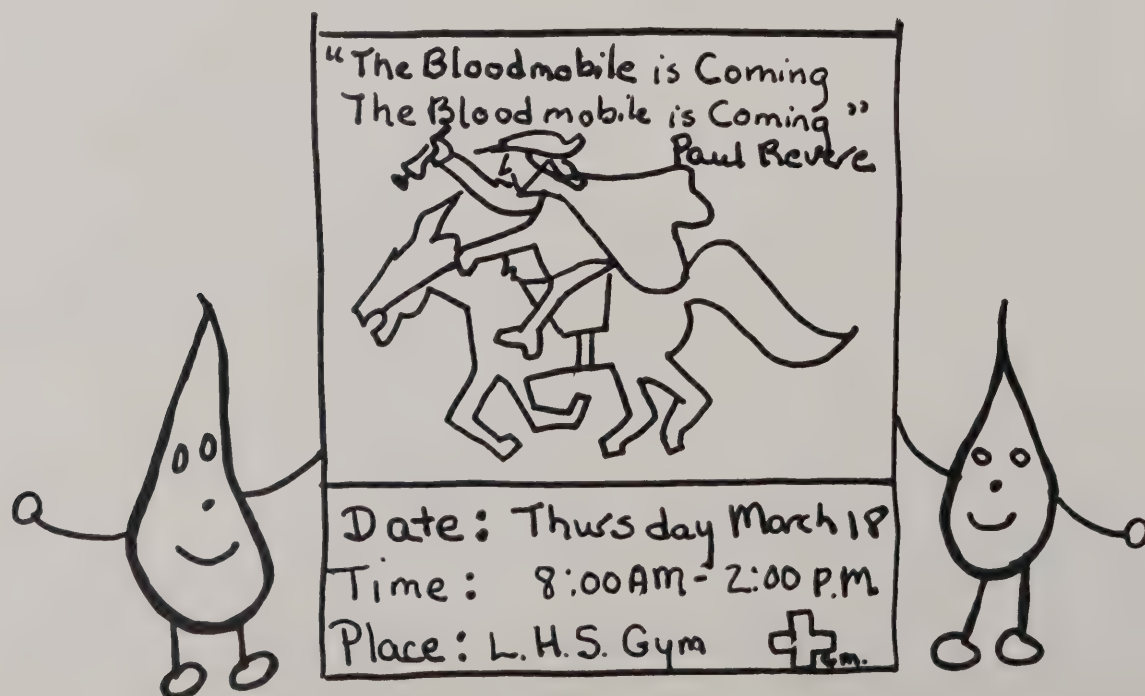


ROW ONE: L. Ferreira, L. Gurley, N. Howard, S. Saloio, A. Luszcz, S. Coelho, A. Fernandes, S. Kuchyt. ROW TWO: D. Mazrini, D. Mackintosh, K. Andre, G. Saczawa, B. Plata, L. Clough, V. Mishol, E. Lewison. THIRD ROW: J. Querios, E. Coach, J. Ziemba, Y. Fernandes, S. Peabody.

STUDENT COUNCIL

The Student Council is a liaison between the administration, faculty, and student body, to promote the general welfare of students at L.H.S. The council holds weekly meetings at which the members — class officers and class representatives — discuss school activities and problems related to the school and its students. The council keeps a calendar of school activities,

and each fundraising project, dance, or show must receive their approval. This assures that several major activities will not be planned for the same time. This year's officers were Lori Ferreira, president, Anna Luszcz, vice-president, Laura Gurley, secretary, Alda Fernandes, treasurer, and Jim Quieros, captain of the Student Patrol. Mr. Chrzan was the advisor.



Winter Sports



Hockey p. 74



Girls' Basketball p. 77

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p. 80



Hockey

Once again, the hockey Lions were one of the finest teams in Division Two competition. Coach Dick Malek's forces qualified for the Western Mass. Tournament and advanced to the semi-finals. The final mark for the season was 17-6-0.

Junior Barry Almeida was the leading scorer for the team, but the trademark of the Lions was a balanced attack with everyone contributing. Co-captains Mike Scyocurka and Gary Landry were fine players all season. Seniors Terry Chandonnet, Steve Orlik, and Mike Andre formed a tough, solid line. Defensemen Scyocurka, Gary Martins, Matt Esteves, and Bill Duquette always made it easy for the goalies — Russ Oliveira and Brian Coache.

Many players will return for next season, and Ludlow should be in the Tourney again.



1

Ludlow	Opponent
3	6
7	1
8	1
8	2
7	3
5	7
2	1
6	3
0	6
7	4
3	4
9	4
10	3
3	1
4	5
7	1
5	3
7	1
4	1
6	1
5	1
Western Mass. Tourney	
Easthampton	6
Pittsfield	9



2



3



4



5

(1) Goalie Russ Oliveira guards his net. (2) Two Ludlow players meet strong opposition at the Pittsfield goal, during the Tournament. (3) Coach Malek ponders his next move. (4) Greg "Moose" Allen during pregame practice. (5) Gary Martins fires from the blue line.



(1) Co-captain Mike Seyourka shows good form. (2) Russ Oliveira covers the puck as defenseman Matt Esteves helps out. (3) High scoring Barry Almeida sets for a shot on goal. (4) Big junior Bill Duquette patrols his area. (5) An active Lion bench supports the team. (6) Brian Coache has full control of the shot



The Varsity Team: ROW 1: Rich Frigon, Mike Barrus, Mike Andre, Gary Landry, Rob Gauthier, Brian Coache, Mike Seyocurka, Bobby Costa, Rob LeBlanc. ROW 2: Rene Dubois, Steve Orlik, Mike Sady, Gary Martins, Dave Coache, Terry Chandonnet, Matt Esteves, Greg Allen, Bill Duquette, Steve Fern, Joey Rodriques, Mike Joslin, Manager Mitch Joslin, Barry Almeida, Coach Dick Malek.



(2) Co-captain Gary Landry gets ready to shoot. (3) Mike Andre puts on a good move. (4) This Minnechaug player seems intimidated by the tough Lions. (5) Terry Chandonnet lets a wrist shot fly.



The 1975-76 season was a rebuilding one for the girls. There was only one Varsity player returning from the previous season. The team was young and basically inexperienced. However, they worked hard together, and improved as the season progressed.

This was Miss Barnes' first year as coach of the team. She did a tremendous job teaching the girls skills and game strategies. Their season record was 3 wins, and 13 losses — a disappointment to them all. Yet the girls gained much experience which will be useful next year.

This year there were three seniors on the team. All three had experienced basketball before, and together provided the leadership necessary to keep the team going through the difficult season. The girls were Linda Nichols, captain; and Sue Tyrell and Kim Quaglietti, co-captains.

Coach Barnes and the girls look forward to having a prosperous season next year.



		Ludlow	Opponent
Southwick	H	39	46
Commerce	H	34	61
Longmeadow	A	21	30
South Hadley	A	31	40
Classical	H	52	40
Minnechaug	A	19	31
Agawam	A	20	48
Putnam	A	28	18
East Longmeadow	H	32	42
South Hadley	H	34	50
East Longmeadow	A	18	27
Longmeadow	H	24	27
Classical	A	40	41
Minnechaug	H	33	49
Agawam	H	33	42
Putnam	H	56	42



Varsity Squad: ROW 1: L. Gaito, S. Tyrell, M. Wilczynski, D. Costa. ROW 2: L. Gonyea, A. Bourbeau, D. Galarneau, T. Allen. ROW 3: K. Mills, L. Nichols, A. Luszc, K. Quaglietti, Coach Jerilyn Barnes.

G i r l s ' B a s k e t b a l l



(1) Terry Allen and opponents look on as the ball bounces out of play. (3) Kim Quaglietti looks for help as an opponent blocks her path. (4) Sue Tyrell watches as Linda Nichol releases a foul shot. (5) Anna Luszc concentrates before releasing the shot.

(1) Lynn Gonyea maneuvers for position as Terry Allen and Anna Luszez try to help. (2) Kim Mills fights for the jump as teammates and opponents look on. (3) Sue Tyrell shows her form foul shooting. (4) Linda Nichols grimaces in pain, as Coach Barnes wraps her ankle. (5) Coach Barnes, Sue Tyrell and a teammate discuss their strategy





(1) Darcy Galarneau, Terry Allen, and Mary Wilczynski contemplate the next quarter of play. (2) Lynn Gonyea tries some fancy dribbling as teammates look on. (3) Ludlow fans taking a break from the action. (4) J.V. player Karen Andre squeezing past an opponent.



J.V. squad: ROW 1: B. Daehne, K. Marby, P. Collucci, A. Reid. ROW 2: S. Pasquini, K. Pereira, C. Costa, E. Coache. ROW 3: Coach James Marceau, K. Andre, S. Cyranowski, C. Salva.

Basketball

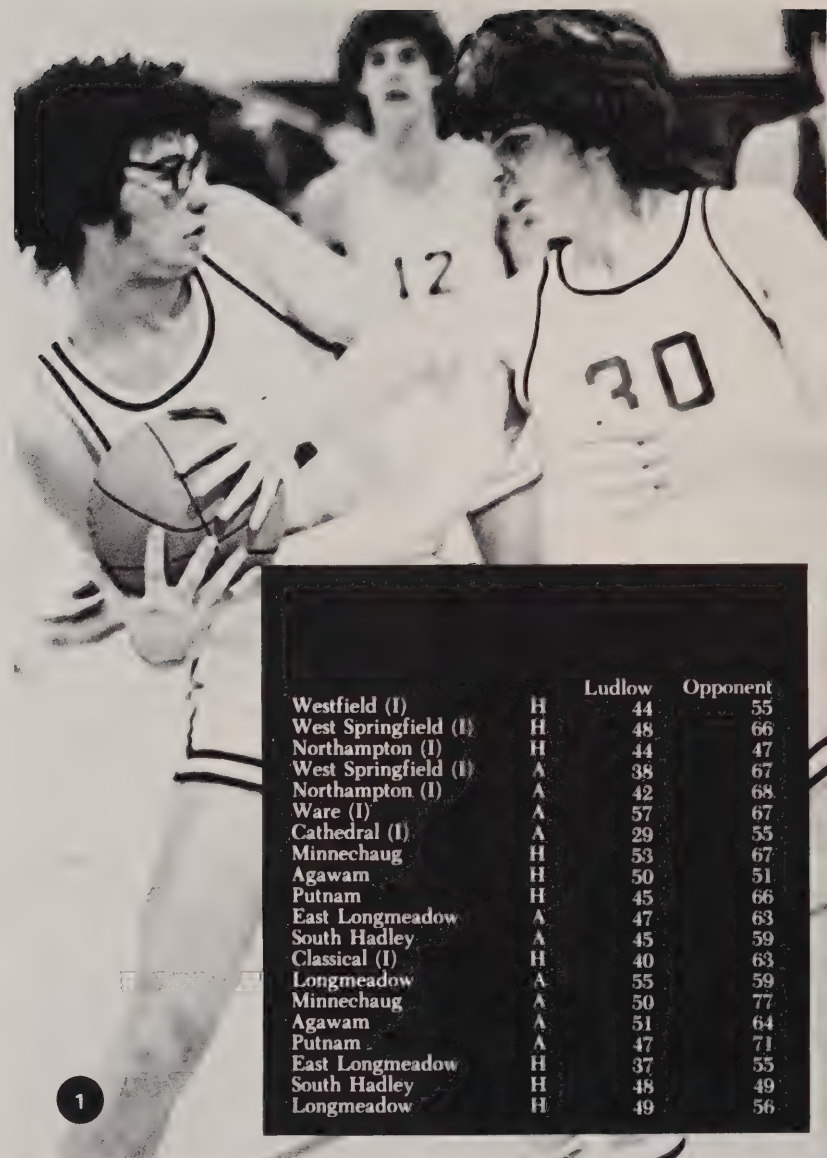
In spite of another dismal season, the basketball Lions produced a few exciting games. The final overall record was 0-20.

Seniors Matt Bassette and Glen Glanville were the top scorers, each averaging slightly over 10 points a game. Bassette was the center for Ludlow, but Gary Ziencina, Ken Ouellette, and John Rossi each had plenty of playing time. Glanville and Bill Covington held down the guard positions for most of the year.

Coach Brian Connery will have an unusually large squad to work with next season. One of Ludlow's constant problems is lack of height, yet this seems to have been solved for a while.

The J.V. team, coached by Bill Kolodziey, had a 9-11 mark. They were a scrappy, hustling group that made the best of what they had.

Coach Tony Goncalves' freshmen squad had a record of 4-14.



		Ludlow	Opponent
Westfield (I)	H	44	55
West Springfield (I)	H	48	66
Northampton (I)	H	44	47
West Springfield (I)	A	38	67
Northampton (I)	A	42	68
Ware (I)	A	57	67
Cathedral (I)	A	29	55
Minnechaug	H	53	67
Agawam	H	50	51
Putnam	H	45	66
East Longmeadow	A	47	63
South Hadley	A	45	59
Classical (I)	H	40	63
Longmeadow	A	55	59
Minnechaug	A	50	77
Agawam	A	51	64
Putnam	A	47	71
East Longmeadow	H	37	55
South Hadley	H	46	49
Longmeadow	H	49	56



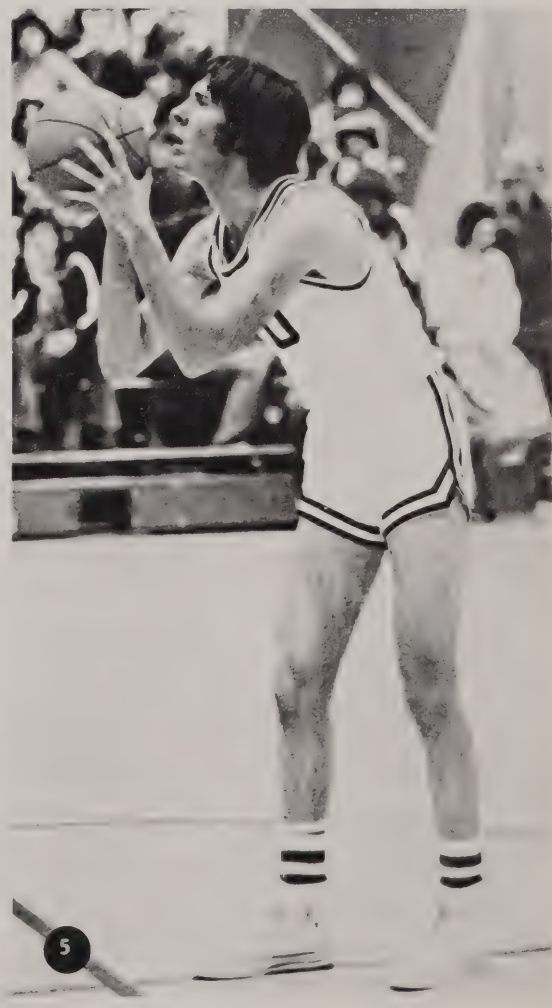
(1) Ken Ouellette and John Rossi secure a rebound. (2) Ludlow uses good defense. (3) Matt Bassette goes high for the jump.



(1) Junior Bill Covington lets a shot go. (3) Glen Glanville brings the ball up the court. (4) John Rossi shows his freethrow style. (5) Gary Ziencina concentrates on his shot.

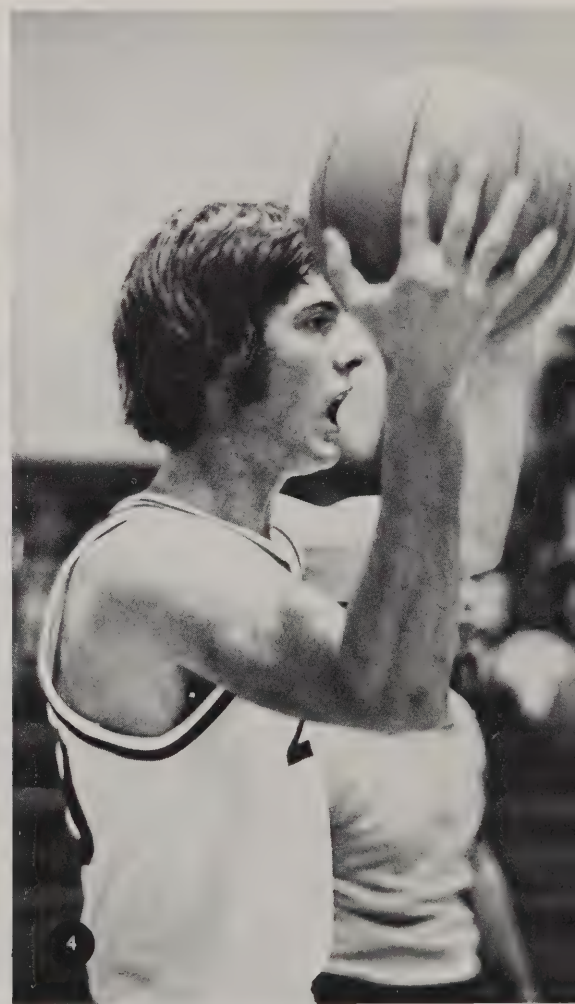


ROW 1: Matt Bassette, Bill Covington. ROW 2: Dan Mortimer, Frank Nataloni, John Rossi, Tom Casagrande, Mike Ostrowski, Ken Ouellette, Jeff Gurski, Coach Brian Connery.





The J.V. squad: ROW 1: Frank Nataloni, Michael Sears, Tony Dias, Scott Dunbar, Larry Kososki, Tom Wehner. ROW 2: Brian Bylicki, Eliano Soares, Maurice Dusel, Mike Ostrowski, Dan Mortimer, Coach William Kolodziey.



(1) Bill Covington takes the inbound pass. (3) All eyes are up as a rebound is coming. (4) Gary "Zun" Ziencina calls out the play. (5) Junior Jeff Gurski lays one in. (6) Tall sophomore Dan Mortimer gives good effort.



FIRST ROW: B. Crandall, S. Rozcuska, M. Masiuk, D. Rebstock, B. Smiley, D. Douches, M. Zjiliowski. **SECOND ROW:** T. Glanville, M. Pedrosa, P. Morrison. **THIRD ROW:** M. Conrad, J. Crandall, Mrs. Dumais, F. Pellitino, J. Rebstock, S. Smiley, K. Bisnette. **FOURTH ROW:** S. Forslund, W. Stockwell, D. White, F. Jorge.

GERMAN CLUB

This organization, founded four years ago by German students, gave them the opportunity to broaden their academic studies through trips to places of interest.

They attended such affairs as the Whole World Celebration in Boston, traveled to the German Section in New York City and the United Nations. They ended the year with a trip to Montreal, Canada. There, they explored Old Munich and the Exposition Grounds. Among other events were a Halloween and Christmas party held at members' houses. Films and other cultural activities were also held.

As in every club, fund raising played an important role during the year. A car wash, bake sale, and a candy sale were held. All projects and events were very successful and gave the German Club a prosperous year.



FIRST ROW: V. Mishol, J. Saloio, B. Gerp, Mrs. Kazrkut, T. D'Adrea, E. Lewison, H. Fonseca. **SECOND ROW:** L. Smith, A. Bourbeau, M. Willette, D. Grosvenor, M. Schneider, M. Potorski, L. Batista. **THIRD ROW:** S. Lorraine, S. Dunbar, M. Conrad.

SPANISH CLUB

The purpose of the Spanish Club is to study the culture and customs of Spanish speaking countries. It is also an extra-curricular activity in which Students can get together and do different things related to Spanish.

The club, consisting of twenty-five members, meets every other Monday with their advisors, Mrs. Karkut and Mrs. Bennett. The 1975-76 officers are as follows: President, Lynn Clough; Vice-President, Becky Nystrom; Secretary, Nancy Sarlan; and Treasurer, Val Mishol.

In November, they travelled to the Whole World Celebration in Boston along with the other language clubs. Crafts and foods from various countries were displayed, and enjoyed by all. Other events included a rollerskating party, and a picnic at Look Park at the close of the school year.

SPRING

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J.C.L. Organization p. 90

French Club p. 91

Freshmen Dance p. 92

Fashion Show p. 94

Sophomore Banquet p. 96

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Spring Band Concert

On Friday, May Seventh, the Ludlow High School Concert Band gave a much anticipated performance. The evening's music included the "American Civil War Fantasy", "Broadway Show-Stoppers Overture", and "Festive Overture", which clearly outline the band's diversification. Unfortunately the evening's program was cut short by a power failure in town. However, the Music Society carried out its plans, and presented the participants in Vienna '75 personalized commemorative plaques.



(1) The view from the stage. (2) A happy group. (3) Baritones intent on their music. (4) The attentive percussion section. (5) Student teacher, George Ominsky with Barbara Daehne. (6) Concert Choir members join the Band for "Sound of America", a modern composition accompanied by a taped recording.





Piccolo
*Suzanne Pasquini

Flute
*Diane Maurice, Principal
*Elaine Saloio
*Tamra Layman
*Sheila Mastalerz
*Linda Anischik
Kim Marby
Linda Emery
Sharon Lonis
Michele Chmura
Cheryl Daehne
Karen Wilson
Joanne Mei

Oboe
*Cathy Costa, Principal
*Gerard Lavatori
Jo Crandell
Tina Guerra

Bassoon
*John Dias

E♭ Alto Clarinet
*Judy Witowski

B♭ Bass Clarinet
*Lynn Glancey
*Louis Bruschi

E♭ Contra Bass Clarinet
*Terry Allen

Alto Saxophone
*Laurie Brodeur, Principal
*Tammy Randall
Bruce Hiorns

B♭ Soprano Clarinet
*Helen Lake, Principal
*Mark Hiorns
*Luann Desrosiers
*Michael Willette
*Judy Day
*Karen Gaughn
*Susan Lind
*Laurie Symington
Karen Zina
Jackie Lysik
Ann Stack
Chris Veautour
Darlene Skwiz
Gail Saczawa
Judy Jorge
Carla Syrek
Horatio Freitas
Linda Robinson
Barbara Daehne
Cindy Ollari

Tenor Saxophone
*Bruce Sawyer

Baritone Saxophone
*Michael Connell

Cornet
*David Dias
*David Yarmowicz
*Arthur Fidalgo
*David Montiero
Philip Emery
Frank Ziencina
Susan Kecki
Paul Perrault
Edward Mazur
Joseph Silva

Trumpet
*Jose Saloio, Principal
*Robert Laverty
Stephen Adamczyk
Paul Woods

French Horn
*Michael White, Principal
*Beth Crandell
*Cheryl Szczepanek
*Cynthia Saloio

Trombone
*Charles Emery
*Craig Layman
*Thomas Vance
Max Schneider
Michael Jurga
Paul Lambert

Euphonium
*David Silva, Principal
John Saloio

Tuba
*Bruce Rhodes, Principal
*Michael Slepceki

Percussion
Keith Hanley, Principal
Brian Labodycz
Robert St. Martin
Archie Augusto
Chris Wilczynski
Lynn Holdsworth
James Sheehan
James Patullo
Michael Giza
Gary Rodrigues
Paul Swartz

*Member of Wind Ensemble

(1) Freshman Art Augusto. (2) The 1975-76 Concert Band. (3) Our patient director, Mr. Layman. (4) The "Bones" take a break. (5) Sophomore Jay Dias.

Member of the Winter District Band: Diane Maurice, and Suzanne Pasquini — Flute; Laurie Brodeur — Alto Saxophone; Jose Saloio, and Arthur Fidalgo — Trumpet; David Silva — Euphonium. Winter Orchestra: Charles Emery — Trombone; Brian Labodycz — Percussion. Spring Band: Elaine Saloio — Flute; David Dias — Cornet; Keith Hanley, and Brian Labodycz — Percussion; Charles Emery — Trombone.



fine Arts



A Spring Choral Concert

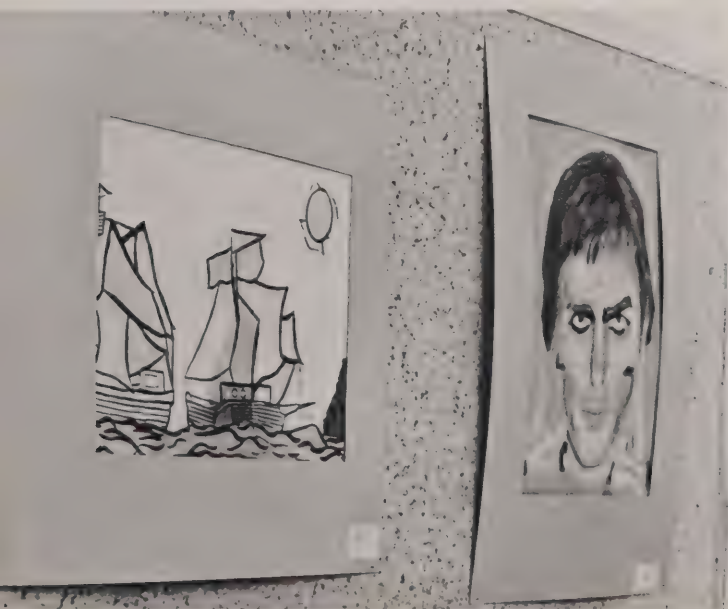


(1) The 1975-76 Concert Choir. (2) Members of the All-State Chorus — Deva Mariani, Jon Sandman, Helen Lake, Debbie Salli. (3) Chorus — **ROW 1:** Mary-Beth Mariani, Jody Saloio, Jay Dias, Chris Weaver, Cheryl Szczepanek, Joanne Blais. **ROW 2:** Laurie Garrow, Marybeth Randall, Deva Mariani, Robin Smith, Elaine Saloio, Helen Lake. **Lake 3:** Diane Maurice, Aldo Spadoni, Robert Fernandes, Edward Mazur, William Harris, Dwayne Lyons. Missing from photo — Debbie Salli, David Lavigne, John O'Hare, Jon Sandman. (4) Members of the District Chorus — **Row 1:** Mary-Beth Mariani, Jody Saloio, Jay Dias, Joanne Blais, Cheryl Szczepanek, Laurie Symington. **Row 2:** Robert Fernandes, Laurie Garrow, Deva Mariani, Helen Lake, Robin Smith, Elaine Saloio. (5) Student teacher, Miss Irene Saloio. (6) Mr. Wrinn introduces a selection.

The Choral Music Department held its Spring Concert at the Chestnut St. School, on May 20. The Concert Choir's selections included AGNUS DEI, a Roman Catholic prayer, complemented by O BE JOYFUL IN THE LORD, a modern prayer accompanied by a Moog synthesizer. JUBILANT SONG by dello Joio, a major portion of the concert, was accompanied by a miraculous pianist, Mrs. Barbara Culler. The Chorale gave a sensitive interpretation of the LIEBES-LIEDER love songs, by Brahms, then brought the audience to laughter with THE SOW TOOK THE MEASLES. The Boys' Chorus was a crowd pleaser performing THERE IS NOTHING LIKE A DAME from "South Pacific". The Girls' Chorus sang several quiet lovely songs.

Fine Arts





Throughout the month of May work by the art students at Ludlow High was displayed in the Springfield Library. It was the first student exhibition given in the gallery.

Art Show



SOPHOMORES FRESHMEN

FIRST ROW: E. Bennett, M. Chasles, R. Castonquay, J. Adams, S. Lind, B. Taillefer, T. O'Hara. **SECOND ROW:** L. Lavigne, N. Lovett, D. Barlow, P. Piecuch, L. Germain, B. Crandell, T. Gamache, V. Duarte, B. Nystrome, D. Glanville, J. Golden, M. White. **THIRD ROW:** D. Nichols, A. Fernandes, L. Lavoie, A. Bourbeau, G. Saczawa, H. Stroshine, J. Mei, L. Ouellette, B. Reid, J. Fillion, B. Harris. **FOURTH ROW:** J. Dias, C. Ollari, D. Ayers, T. Guerra, K. Konderwicz, S. Livingstone, S. James, L. Laramée, J. Bauldice. **FIFTH ROW:** L. Letourneau, P. Morrison, J. Crandell, S. Smith, G. Baillargeon, B. Bylicki, S. Mastalerz, P. Emery, C. Barlow, F. Gallo, K. Davies, L. Holdsworth, S. Sarlan.

J.C.L.

The Junior Classical League started off their 1975-76 year with much enthusiasm. Two speakers, Mrs. Cleary of Amherst Mass. and John Smith of the New England Patriots were enjoyed by the club members. In January members of J.C.L. were turned into Italian cooks, waiters, waitresses, and dishwashers to make the fifth "All in

the Family Night" a great success. The singing Zumbies, Father Quigley of U. Mass., L.H.S. faculty members, and many parents enjoyed the combined efforts of all who participated. A bake sale and a basketball game against the New England Patriots were held to raise money for the eighth annual J.C.L. show. In honor of the bicenten-

nial year, the show was entitled "This Miracle, America". A lot of time, energy, laughter, and tears made the J.C.L. show a huge success. This year the J.C.L. production was performed for the state legislature in Boston. The Junior Classical League has brought much honor and recognition to Ludlow High School.

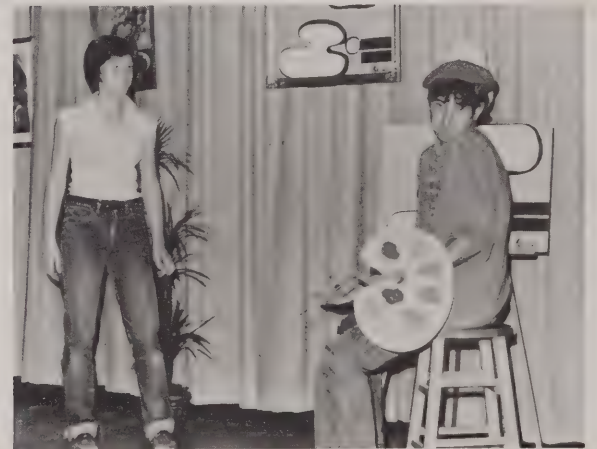
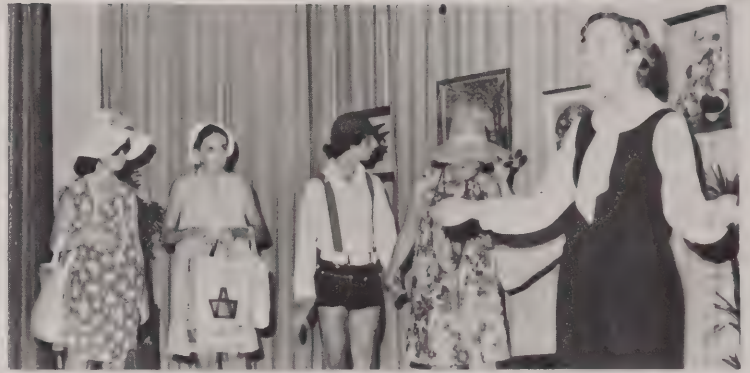
FIRST ROW: S. Romanow, D. Kibbe, D. Nelson, L. Gurley, C. Scheurich, P. Lyons, L. Desilets, M. Marini, E. Riggs, A. Rossi, R. Smith, L. Garrow, M. Mariani, P. Donnellan, P. Lafortune, N. Howard, D. Harris. **SECOND ROW:** M. Bassette, G. Patullo, D. Silva, H. Lake, P. Dunbar, P. Costa, C. Lavoie, D. Marini, E. Lopes, D. Charboneau, S. Lavoie, D. Maskill, M. Gallo, K. Haney, C. Silva, L. Ferreira, K. Skinner, D. Cardinal, A. Luszcz, H. Tavares, L. Morse, J. Queiros, L. Baldrate, L. Kalesnik, E. Mazur, G. Fatal, D. Carvalho, D. Marini, T. Chandonett, D. Hennessy, L. Nichols, G. Glanville, S. Orlik, K. Mariani, S. Coelho, L. Cachucho, G. Machado. **FOURTH ROW:** D. Lord, K. Bylicki, L. Glancey, C. Emery, B. Methot, D. Goncalves, D. Salli, L. Falconer, D. Chenier, R. Wilson, K. Fontaine. **FIFTH ROW:** R. Anghilante, D. Campolo, D. Thompson, L. Gonyea, D. Lamotte, C. Cretella, M. Miszewski, G. Allen, S. Kuchyt, C. Hebert, J. Dinelle, P. Machado, G. Ziencina, S. Robataille, S. Gilrein, M. Dusel, D. Lesieur, B. Dusel, S. Saloio. **TOP ROW:** K. Duda.



SENIORS JUNIORS

FRENCH CLUB

ACTIVITIES



Through the hustle and bustle of school many students still find time to participate in extra-curricular activities. The French Club, headed by Mr. Martin, seemed to be a popular club to join. With Spring on the way this organization had many dreams that were to later become a reality. Having the total co-operation of members they were able to plan such things as A FRENCH CABARET, starring the French IV and V students and many other club members. The Marcel Marceau show at U-Mass was well worth the effort as the club snatched front row seats. Various bake sales and car washes rounded off the year to enable students to enjoy a fun-filled weekend in Montreal, Canada. A well deserved round of applause should go to this diligent and strong-willed club.



VISIONS OF TOMORROW





The freshman classes ended the year in style with their annual Freshman Dance. Snacks and refreshments were served giving the underclassmen a break between dances. The music by "Elbereth" was enjoyable for listeners as well as for dancers. As you can tell from the many smiles and grins, it was truly a "Vision of Tomorrow."



"LUDLOW GIRLS SEWING UP A STORM"

On May 25, 1976 the Home Economics Department, directed by Mrs. Miriam Patullo, held their yearly Fashion Show. Clothing I and II classes along with the Tailoring class were among the participants. Each girl displayed her own talents by modeling her own sewing creation. Many of the girls also enjoyed sewing for their younger brothers and sisters. This program featured a variety of clothes ranging from winter through summer fashions.

A highlight of this program was the combined effort of the Clothing II and Art III classes. The photo in the upper right hand corner of p. 95 displays the result of their hard work — the Bicentennial Quilt. Thirty-nine students, including both boys and girls, added to its colorful meaning. The beautiful combination of art and stitchery will be on display in our Town Hall.





FASHION '76



H
O
W





SOPHOMORE



"Life's happiest moments are the ones we share" — was truly the proper title for the Sophomores' Banquet. This semi-formal evening began with a dinner at 6:00, followed by a night of dancing featuring "Scarecrow." The class will always have fond memories of this time together. Special thanks should go to the class officers and advisors — Jimmy Patullo, Keith Davies, Karen Andre, Gail Saczawa, Mrs. Cavallo, Mrs. Girard, and Mr. Dziura. Their diligent work made this enchanted evening possible.





BANQUET





JCL

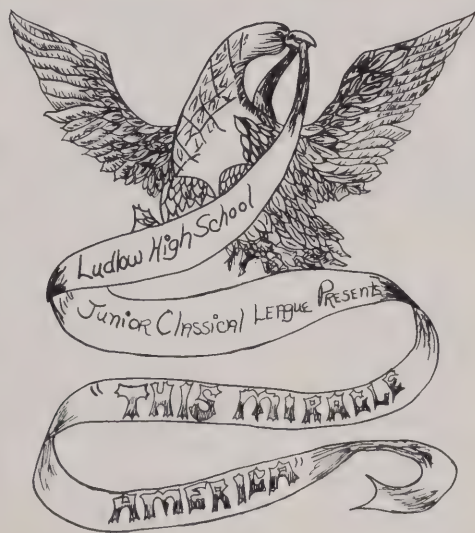


"JCL ONCE AGAIN A SUCCESS!"

"Echoes of a dream I hear,
echoes of a vision held, By
ones who work so hard, so
long, that the children
might go and find a mira-
cle, a miracle, this mira-
cle, this miracle,
America."

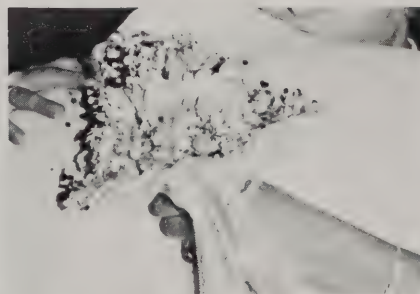
These lyrics written by the advisor, Mr. Charles Bradshaw, truly express the feelings of those who participated in this year's show. Much patience and hard work was well worth the effort as the students presented three shows at home, and one in Boston for the Governor and Massachusetts legislatures on May 12. Credit can not go to any one person, but to all those who took part in the performance. We are fortunate to have such an active club open to the entire student body.







THRESHOLD OF



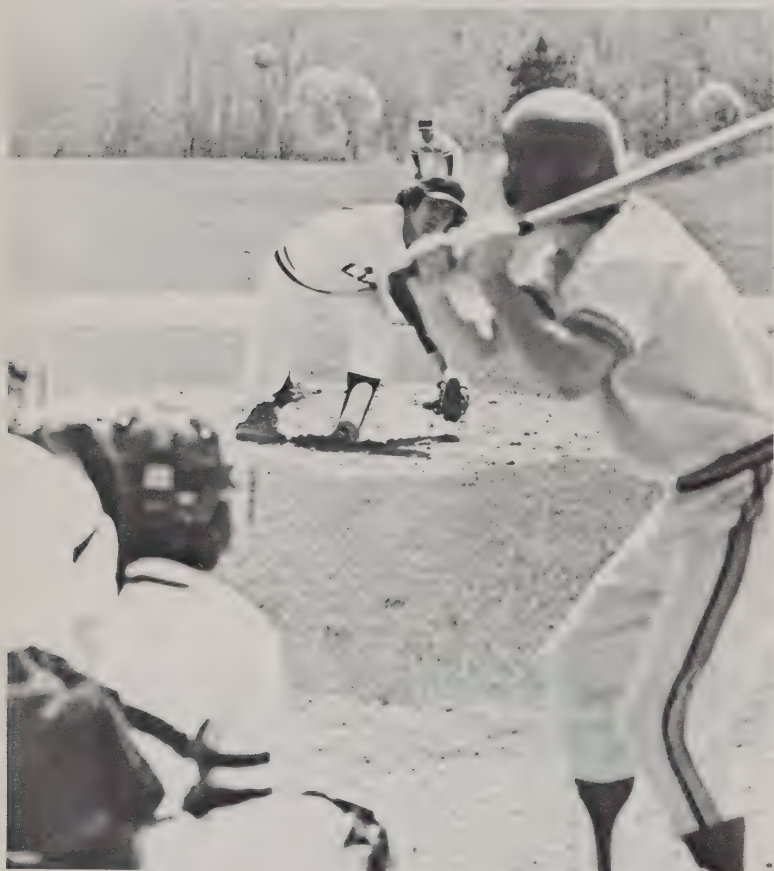


On the evening of May 21, the Junior Class upheld the school tradition by hosting the 1976 Junior-Senior Prom at Sheraton-West. Under the direction of Susan Kuchyt, the Juniors arranged a night of elegant dining and dancing for all. Judy LaFortune, escorted by Scott Symington, went home with an extra big smile as she was crowned Queen of this gala event. The Prom entitled "On the Threshold of a Dream" was truly a night to remember, a memory to be cherished.

A DREAM *



Spring Sports



Baseball p. 103



Track p. 106



Softball p. 109



Golf p. 112

Baseball

For the first time in several years, the baseball team qualified for the Western Mass. Tournament. Behind strong pitching and defense, the Lions sported a 12-8 regular season mark.

Coach Bill Kolodziey's squad was a scrappy team that depended on pitchers Joel Costa (6-1) and Paul Machado (5-3) to hold the opposition. Offensively, Greg Bell and Tom Casagrande were .300 hitters, but everyone contributed during the season to produce the victories.

Defensively, the Lions had a fine line-up. Co-captains Gary Kielbasa and Greg Bell were at the corners, while Senior Matt Bassette was the catcher. Shortstop Tom Casagrande and second baseman Steve Orlik were solid glove men up the middle. For the outfield, sophomores Mike Sears and Lenny Peltier were pleasant surprises in left and center field. Gary Fern, Dave Lord, Ken Ouellette, and Tony Lavoie all played right field at some point during the year.

Coach Bob Sucheki's J.V. squad had a fine 13-5 year, and the freshmen piloted by Coach Steve Marino were 6-6.

With a little luck, and hard work, the future will continue to improve for the Ludlow baseball team.

	Ludlow	Opponent
Classical (I)	4	1
Chicopee (I)	4	3
St. Mary's (I)	4	2
South Hadley	1	2
Chicopee (I)	11	2
East Longmeadow	3	8
Agawam	3	9
Easthampton	2	4
Longmeadow	2	0
Monson (I)	5	4
Minnechaug	8	4
South Hadley	4	2
East Longmeadow	3	7
Agawam	4	0
St. Mary's (I)	4	5
Tech (I)	3	7
Easthampton	4	0
Longmeadow	5	2
West Springfield (I)	5	7
Minnechaug	5	2
Western Mass. Tourney		
Taunton	4	6



(1) Senior Steve Orlik makes an easy throw to first. (3) Tom Casagrande gives a "hold" signal. (4) Good hustle by Tony Lavoie put him on first base.



Varsity squad: ROW 1: Ron Lavoie, Gary Fern, Len Peltier, Steve Orlik, Tom Casagrande, Bill Covington, Mike Sears. ROW 2: Coach Bill Kolodziey, Matt Bassette, Joel Costa, Dave Lord, Paul Machado, Gary Kielbasa, Greg Bell, Tony Lavoie, Manager Chuck Emery.

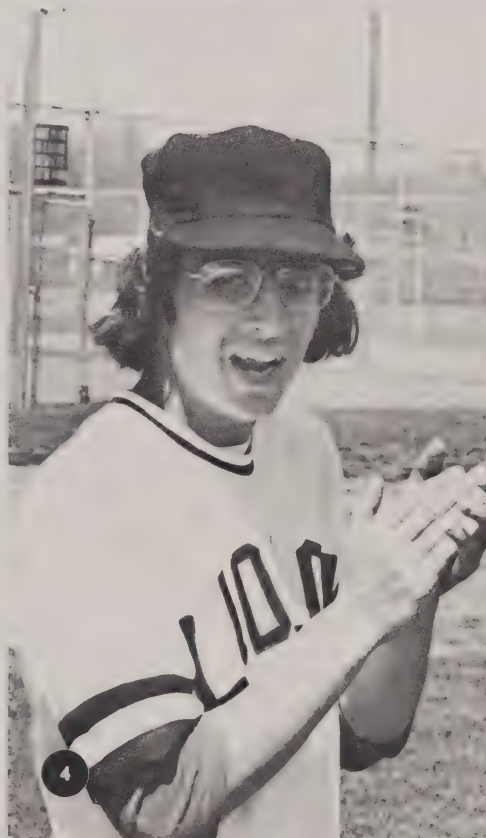




(1) Dave Lord takes a mighty rip. (2) Catcher Matt Bassette puts the tag on an opponent. (3) Lenny Peltier trots to his defensive position. (4) Mike Sears puts effort into a throw to second.



The J.V. Squad: ROW 1: Steve Fern, Guy Baillargeon, Mike Quaglietti, Scott Dunbar, Dave Dias, Dave Jarvis, Larry Kososki, Daren Kiley. ROW 2: Kevin Sedlo, Tom Wehner, Ken Ouellette, Mike Bernatowicz, Joe Fillion, Brian Bylicki, Coach Bob Sucheki.



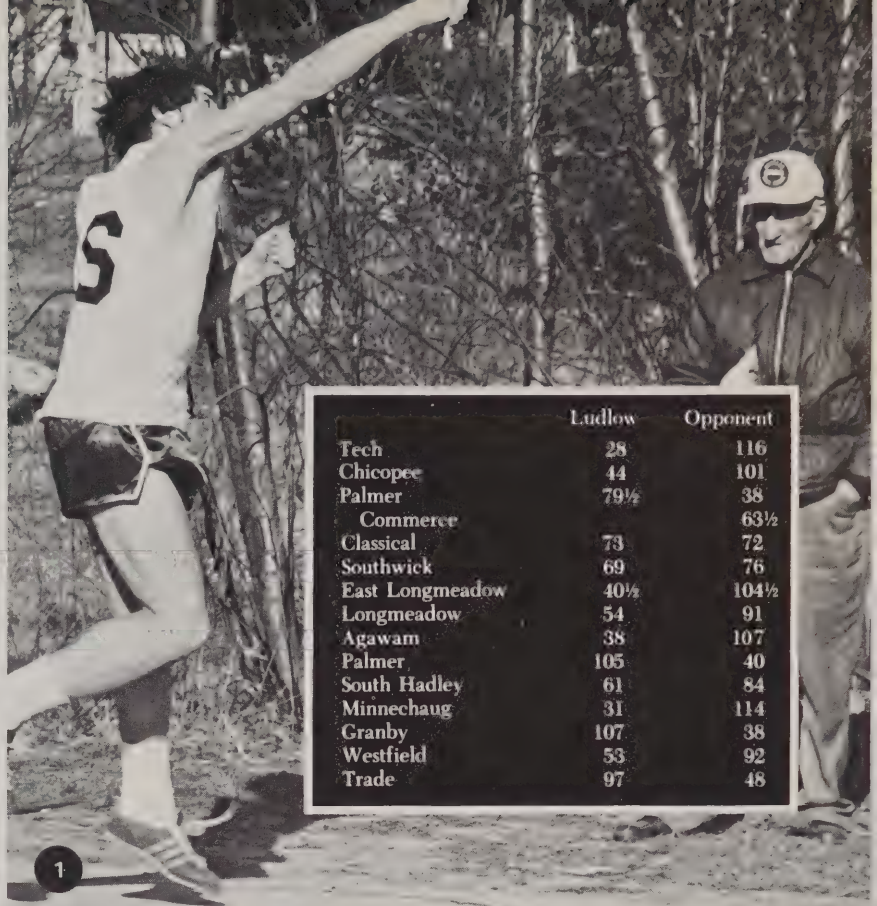
(1) Some of the players watch the action from the bench. (2) All Western Mass. first baseman Greg Bell squeezes a pop-up. (3) Coach Bill Kolodziey did a fine job guiding the young Lions. (4) Senior Gary Fern cheers on his teammates. (5) Paul Machado shows good form in his delivery. (6) Co-captain Gary Kielbasa was a steady man at third.

Track

Although they played all of their meets away from our school, the track team compiled a respectable 6-9 record. Each year since track started as a sport in Ludlow, Coach Joe Szlosek's group has improved greatly.

Ludlow had several athletes place in the Valley Wheel Individual Championships. Glen Glanville was first in the triple jump, and second in the long jump. Mitch Joslin was third in the discus, with a top throw of 124' 11½". Wayne Stockwell placed fourth in the 100 yard dash, Alex DaSilva, fourth in the 440, and Bruce Hiorns, fifth in the mile run. Finally, Dave Lesieur was fifth in the high jump with a 5' 6" mark.

Coach Joe Szlosek has decided to resign from his post, and it is hoped that the track program will be able to continue as successfully as it has under his direction.



	Ludlow	Opponent
Tech	28	116
Chicopee	44	101
Palmer	79½	38
Commercer		63½
Classical	73	72
Southwick	69	76
East Longmeadow	40½	104½
Longmeadow	54	91
Agawam	38	107
Palmer	105	40
South Hadley	61	84
Minnechaug	31	114
Granby	107	38
Westfield	53	92
Trade	97	48



(1) Mitch Joslin hurls the discus. (2) Ludlow's John Carolan and Alex DaSilva begin the 440 yard dash. (3) Senior Fred Catarino shows good form throwing the shot put. (4)&(5) Long jumpers Kevin Collins and Glenn Glanville show their form.



(1) Two Ludlow runners sandwich an opponent. (2) Ray Berta shows the pain of a javelin effort. (3) Clay Savoie in a tough battle in the 440 relay. (4) Mike Zachowski, and (5) Clay Savoie show determination, and (6) Bruce Hiorns displays the joy of winning.



(1) Mark Dusel in a close race. (2) Dave Lesieur clears the bar.
(3) One of Ludlow's hurdlers. (4) Mark Dusel lets the discus fly.



The 1976 Team: ROW 1: R. Berta, E. Krawiec, K. Collins, W. Stockwell, D. Potter, G. Glanville, F. Catarino, M. Dusel, M. Joslin, K. Martin, D. Lesieur. ROW 2: M. Zachowski, D. Reynolds, T. Glanville, D. Moorehouse, T. VanAllen, D. Glanville, R. Titus, A. Boczon, C. Savoie, R. Lesieur, J. Sevigne. ROW 3: Assistant Coach Dave Larrivee, Coach Joe Szlosek, T. Randall, J. Glen, C. Ollari, T. Guerra, B. Livingstone, R. Castonguay, T. Seyourka, W. Carolan, T. Silva, B. Hiorns, F. Gallo, F. Jorge, M. Joslin, M. Patterson, A. Fidalgo, R. Hanley, D. Lyons, R. Whitworth, L. Whitworth, R. Reardon, C. Chadwick.

Softball



The 1976 Girls' Softball team launched enthusiastically into its season. Their spirits were dampened when they won only one of their first ten games. However, in the second half they won nine out of eleven.

The first half of the season was a time of "infield experimentation" for Coach Libby. The right combination of players was finally found, and the second half produced better results. The outfield was carried over from last year, providing good defense.

The team will be losing four good players in June. These girls have been with the team for four years. They are Kim Quaglietti, Lisa Kijek, Judy Dinelle, and captain Linda Nichols.

With the proceeds of various fundraising activities, the team was able to purchase a pitching machine. It came halfway through the season, and helped the girls' batting considerably.

The girls are looking forward to an even better season next year.



(1) Judy Dinelle legging out a base hit. (2) Determination is shown on Judy Day's face as she hits the ball. (3) Linda Ryczek and Mary Dubois stay out of the wind. (4) Donna Costa making solid contact. (5) "Let's go — it's freezing."



(1) Bundled catcher Donna Costa and the umpire await the next pitch. (2) Terry Allen shows off her batting stance. (4) Kim Mills showing a lot of concentration. (5) Karen Skinner and Terry Allen try to keep warm at the cold Southwick game.



The Varsity Squad: ROW 1: Judy Dinelle, Lisa Kijek, Coach Libby, L. Nichols, K. Quaglietti. ROW 2: Judy Day, Linda Ryczek, Terry Allen, Lori Morse. ROW 3: Kim Mills, Laura Gaito, Darcy Galarneau, Diane Waldron. ROW 4: Karen Skinner, Lynn Gonyea, Cheryl Salva, Mary Dubois, Donna Costa.





(1) A small group of Ludlow fans watch the game on a cold day. (2) ? (3) Linda Nichols making a good pick up in right field. (4) Diane Waldron keeping warm in a popular quilt. (5) Judy Day showing her talents as pitcher.



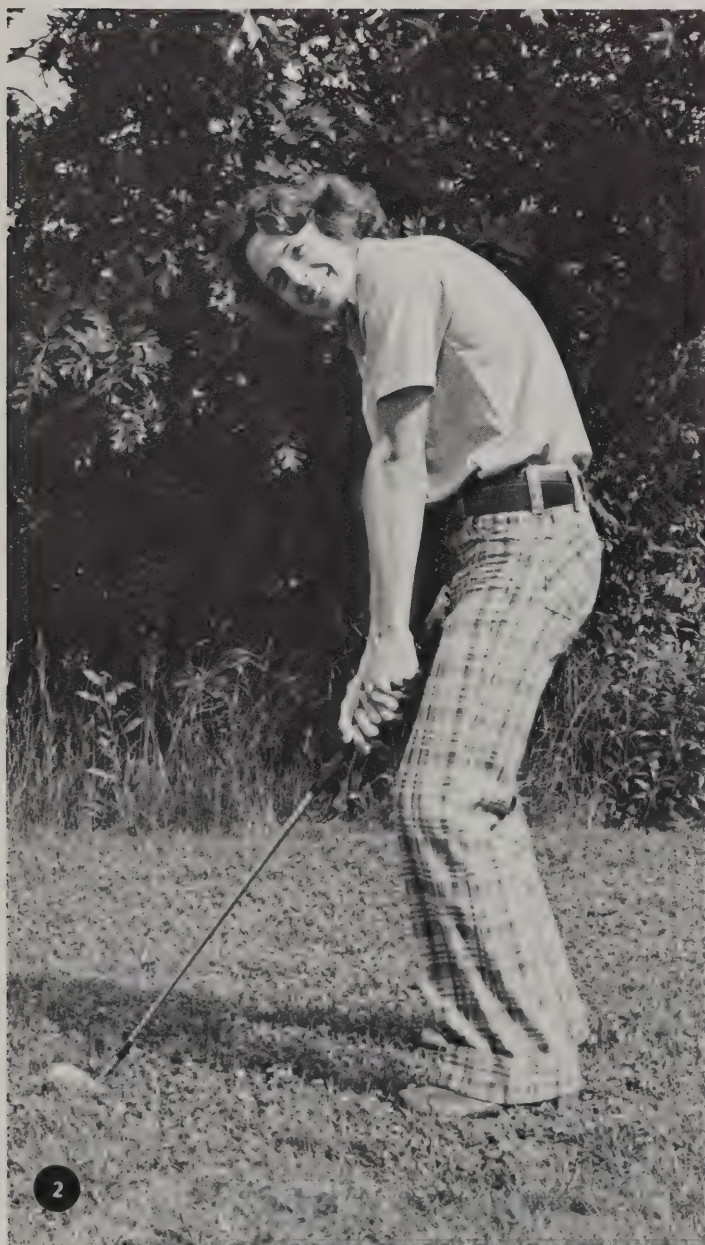
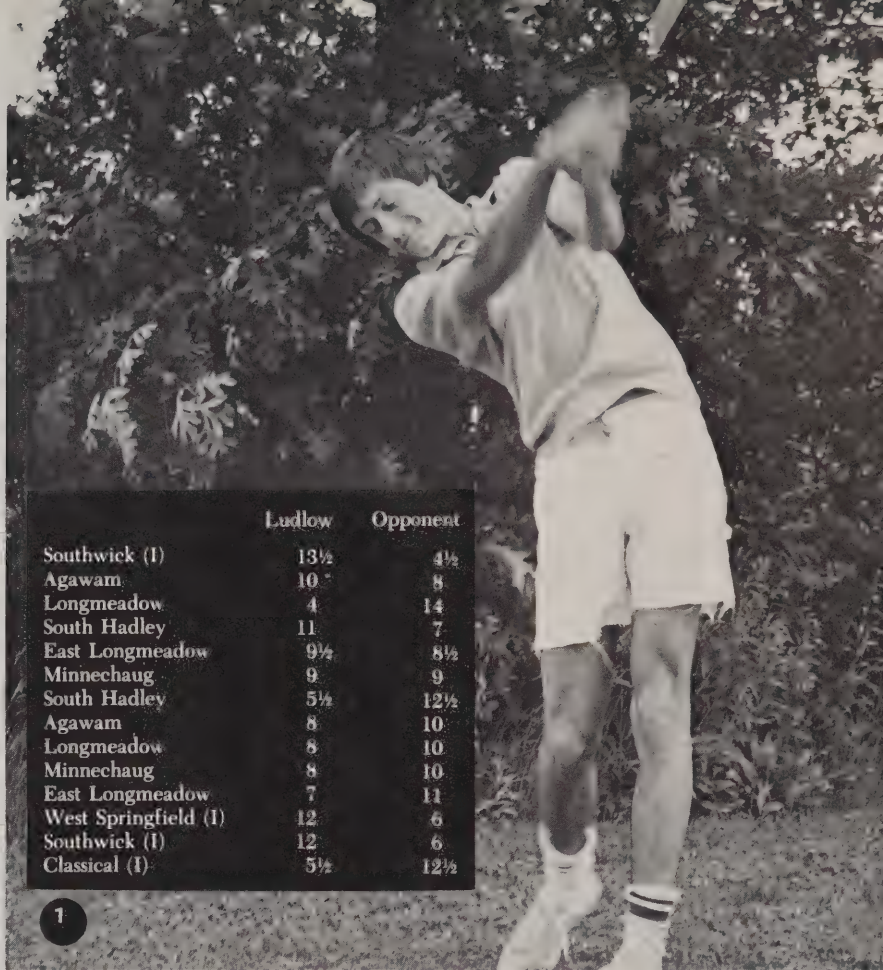
Golf

The Ludlow Golf Team finished the season with a 7-7 record. The first few matches indicated a possible good year, but the breaks evened out to a .500 mark.

Senior Greg Orlik was once again Ludlow's best golfer. He won the most points for the team and played the number one position. Eugene Stasiowski, David James, Lou Bruschi, and Tony Dias were all steady performers throughout the season. These four players alternated positions in the Ludlow line-up.

Coach Richard Malek was fairly satisfied with the team's record, but has hopes for more success next season.

	Ludlow	Opponent
Southwick (I)	13½	4½
Agawam	10	8
Longmeadow	4	14
South Hadley	11	7
East Longmeadow	9½	8½
Minnechaug	9	9
South Hadley	5½	12½
Agawam	8	10
Longmeadow	8	10
Minnechaug	8	10
East Longmeadow	7	11
West Springfield (I)	12	6
Southwick (I)	12	6
Classical (I)	5½	12½



(1) A young Lion golfer exhibits his style. (2) David James, (3) Bob Fernandes, and (4) Tony Dias — Get set, Swing, Follow through!

(1) Jim Beltz follows through on an iron shot. (2) Senior Eugene Stasiowski lines up a short putt. (4) Not all golf is played on land. Greg Orlik adds a new "depth" to his game. (5) Coach Malek and three underclassmen players pose for the camera.



ROW 1: Dave James, Tony Dias, Bob Fernandes, Jim Golden. ROW 2: Coach Richard Malek, Jeff Gurski, Eugene Stasiowski, Lou Bruschi, Mike Ostrowski, Jim Beltz.



ACADEMICS





Mr. Peter Boita

November 8, 1916 - October 9, 1975

Peter Boita served as a teacher of mathematics at Ludlow High School, and as Chairman of that department for many years. His teaching was marked by the highest proficiency in subject matter and a profound compassion for his students. Mr. Boita enjoyed relating the experiences of his long life to others - his years as a baker in Springfield, his life during the Depression, and his many adventures as a pilot in World War II. It was this richness and depth of his character, and his generosity in sharing it, which earned Peter Boita the greatest respect of students and faculty at Ludlow High School.

“His life was gentle, and the
elements so mixed in him,
that Nature might stand up
and say to all the world
“This was a man!””

Shakespeare (JULIUS CAESAR)



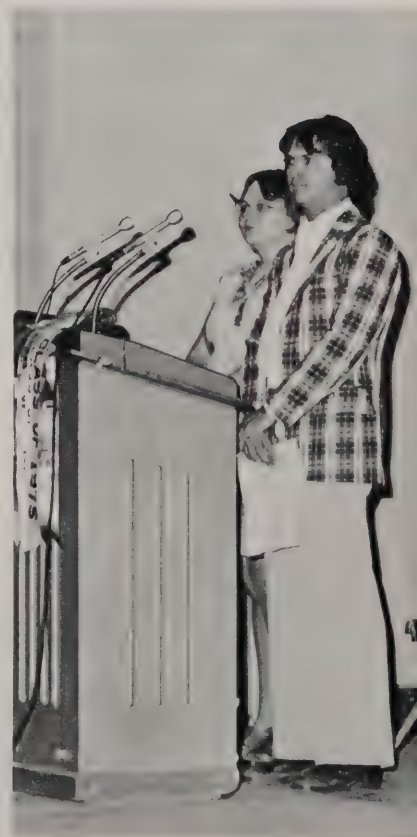
Mr. John Hurley — Principal

Just as a group, organization, or club exemplifies its leaders, so too does Ludlow High School exemplify its dedicated and loyal administration. They are the body that keeps the school functioning to provide dignity, character, and knowledge to each individual student. They determine policy, reprimand offenders but most of all they care — perhaps more so than some of us!

We, the Class of 1976, thank the Administration for guiding us through these important years of our lives.



Mr. William Rooney — Vice-Principal





Mr. Earl Brow — Supervisor of Elementary Schools



Mr. James Cavallo — Vice-Principal



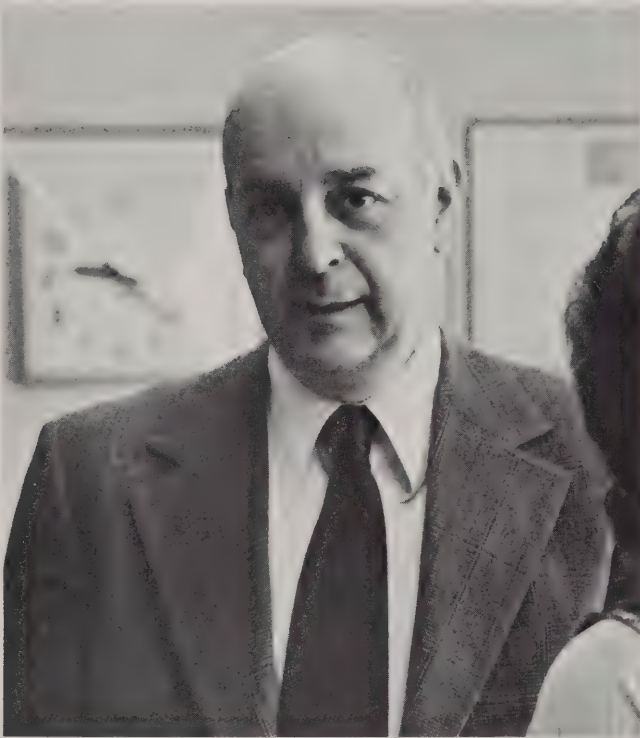
Mr. Hugh Macfarlane — Superintendent of Schools



Miss Mildred Struck



Mr. John Godek

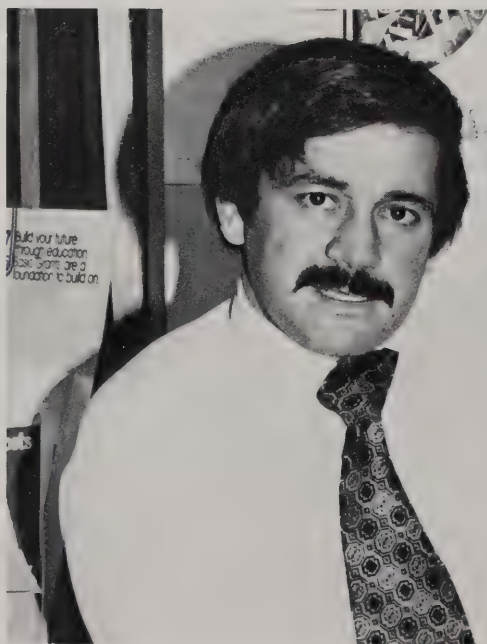


Mr. Louis Casagrande — Guidance Director

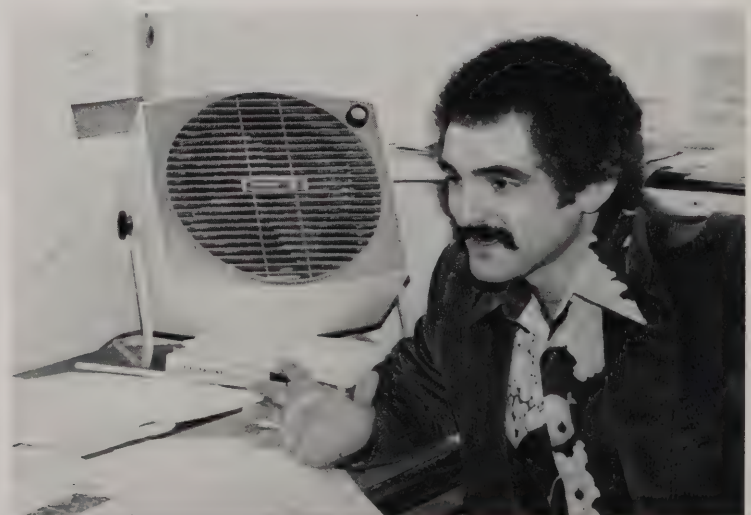


Mr. Jerome Linehan

Mr. Frank Peraino



Mr. Robert Beebe





Mr. Alexander Bal — Special Education



Mrs. Carol Connell — Remedial Reading

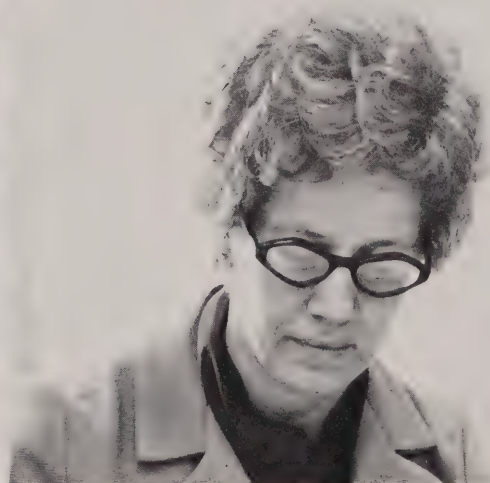
The Ludlow High School Guidance Department has always done a lot to assure students of what is in store for them. The ready and able counselors are always on hand to listen to problems students might have. When time comes to look on to the future, the Guidance Department is always ready with programs to meet the needs of the student. Throughout the year various college representatives were on hand and another Job Fair Program was sponsored.

The Special Education Department under the supervision of, Mrs. Connie Fusco had another successful year. Courses offered were Bi-lingual and Remedial Reading and every student received all the time and help he needed.



Mr. Antonio Goncalves — Bi-lingual

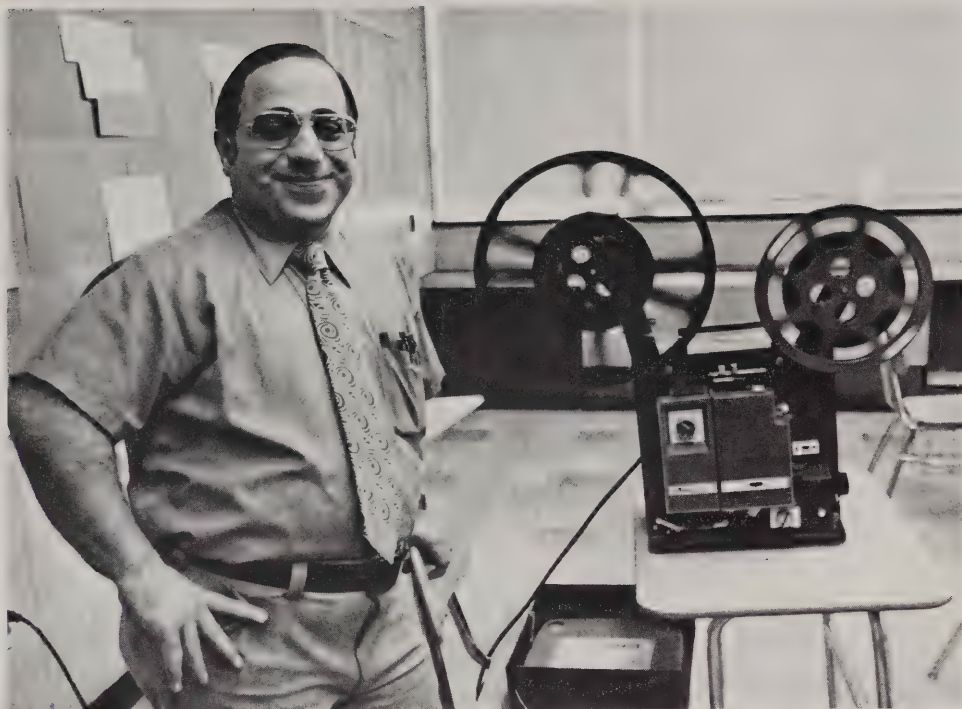
Mrs. Connie Fusco — School Psychologist



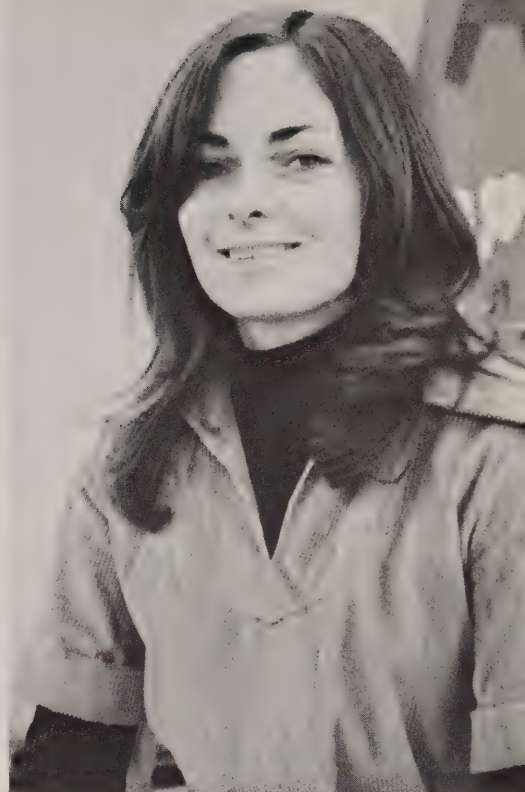
Mrs. Shirley Castoldi — Remedial Reading

Mr. Ray Sylvain





Mr. Richard Thomas

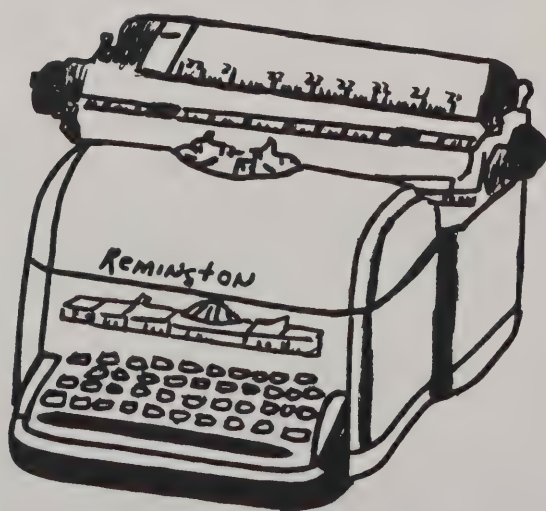


Miss Maureen Ramsay

Miss Kathleen Abair



Mrs. Charlotte Focosi — Department Chairman.





Mrs. Stella Pierce

Mrs. Donna Nietupski

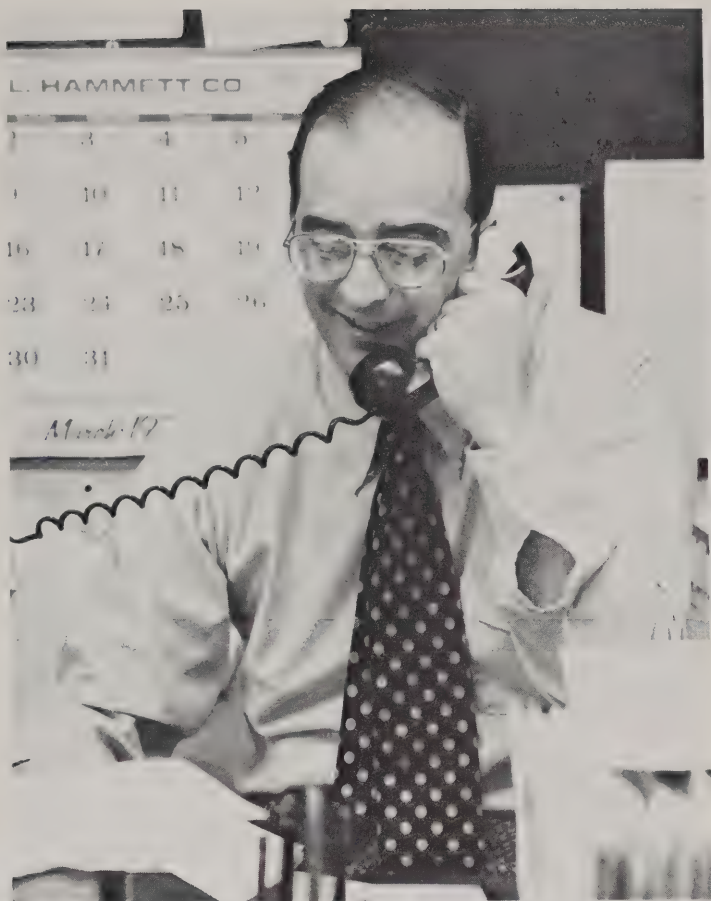


Mrs. Phyllis Vanasse

Mr. Emilio Bollea



Modern technological advances have prompted young men and women to pursue careers in Business related fields. Ludlow High School prepares its Commercial Arts students for what is perhaps the most demanding field of our times. L.H.S. offers many of the popular courses required enabling a student to further his career in the business field. Underclassmen participate in courses such as Stenography, Typing I, and Typing II. While Juniors and Seniors have the opportunity to acquire skills in Bookkeeping as well as Personal Typing, a program in Office Machines is offered to Seniors which mainly concentrates on Key Punch Operation. Although most of the courses offered by the Commercial Arts Department are for Business related fields, students find that they also help in a great many other careers.



Mr. Arthur Serra - Athletic Director



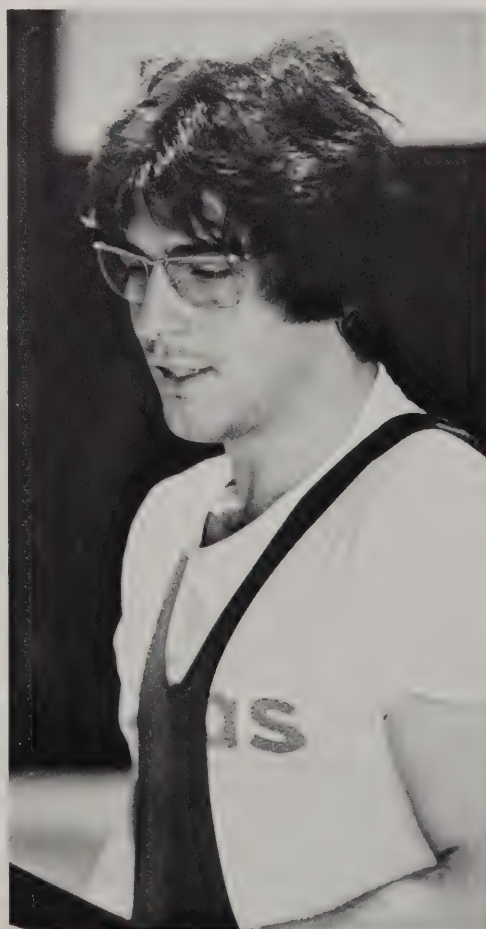
Physical Education classes offer students the opportunity to participate in athletics, without joining a school team.

At L.H.S. students are able to get involved in many skill courses. Everyone seems to welcome the opportunity to run or play ball. Many people attempt to get the Presidential award, and several succeed. Intramural sports are widely popular in keeping those athletically inclined busy. Co-educational gym classes allow Seniors to take part in archery, volleyball, and softball. As classes get larger their interests become more varied but at Ludlow the Department always keeps everyone happy. Gymnastics and Wrestling are examples of classes that are usually popular.

Mr. William Feiore - Student teacher



Miss Helen Kudlic





Mrs. Joan Libby



Miss Jerilyn Barnes



Mr. Joseph Szlosek



Mr. Bert Krasner





Mr. James Martin — Department Chairman, French



Miss Susan Sinkoski — French



Mr. James Marceau — Spanish

The past year has proven successful for the Language Department at L.H.S. Five years of French and Spanish are offered and the overall enrollment of all the languages has increased greatly. Classics in translation was taught by Mr. Bradshaw. The students read Roman and Greek literature and culminated the half year course with an individual project.

Very active language clubs have been formed, French, Spanish, German, and also the traditional J.C.L. Field trips to Boston, U. Mass, and Montreal along with fund raisers such as candle sales, car washes, and bake sales have provided students with the opportunity to expand their interests. A play was presented by the French club June 17, 1976, and a Patriots, J.C.L. Basketball game was held which involved all the language departments. All who attended and especially those who participated in the events had an enjoyable time.

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Mr. Charles Bradshaw — Latin & Classics

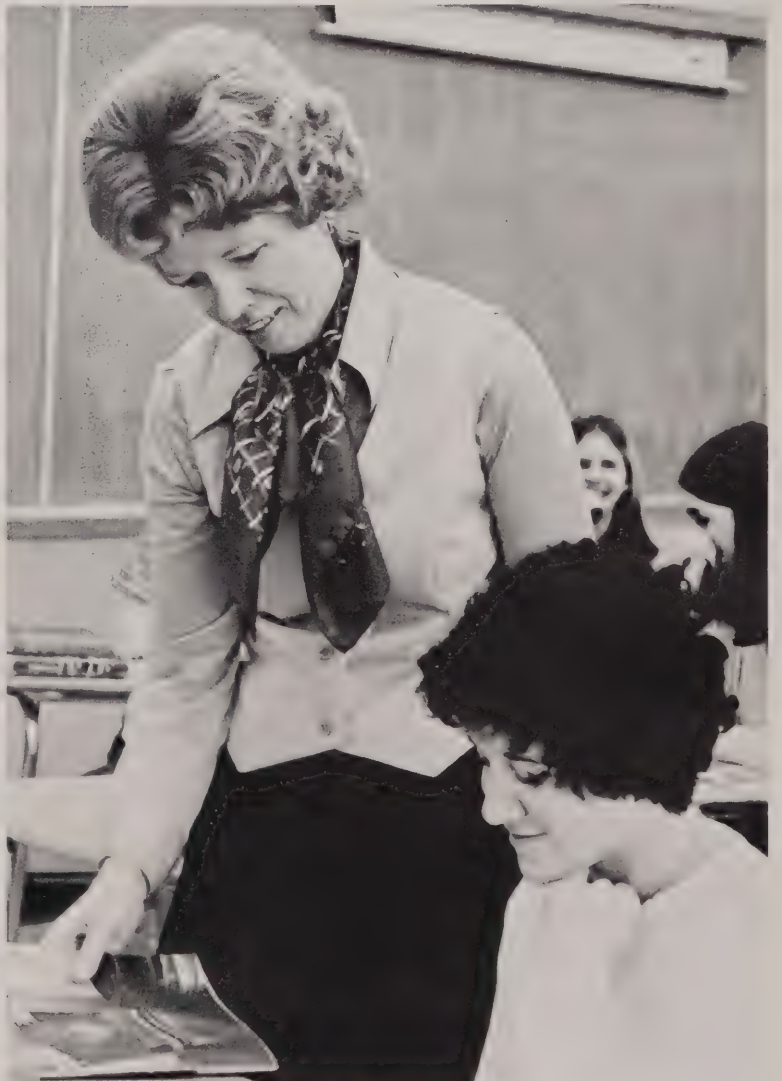


Mrs. Liesolette Dumais — German & French

Mrs. Sheila Dias — French



Mrs. Paula Bennett — Spanish





Mr. Leonard Charest — Department Head

Dr. William Kosher



Mrs. Frances Libiszewski

Reflecting on the past academic year one can not by-pass the role Social Studies has played in enhancing our future learning academic or otherwise. Responsible for such academic achievement are the Social Studies instructors and the efforts of Department head, Mr. Leonard Charest. Their patience and interest in providing students with relevant academic material is an asset to their teaching.

Accompanying the teachers' intellectual material, came their own sense of humor. Needless to say, humor made for a more interesting and enjoyable period of study.



Mr. William Mullins



Mr. James Thompson

One will always remember Mrs. L.'s pretty smile, Mr. Bousquet's gallant attempts in the line of comedy, Mr. Char-est's famous stress on the word billions, the amazing wit of Buzz Connery, Mr. Mullins's heavy Worcester accent, "Holy Sparkles," and the countless gestures, sayings and humor that depicted these witty and intelligent men and women.

Activities within the Department included, the involvement in Model Congress, Student Government Day, a well-organized and active Student Council, and more. Courses offered within this Department were for the most part varied and relevant in the study of man, his society, is past, and his present.



Mr. Michael Parent

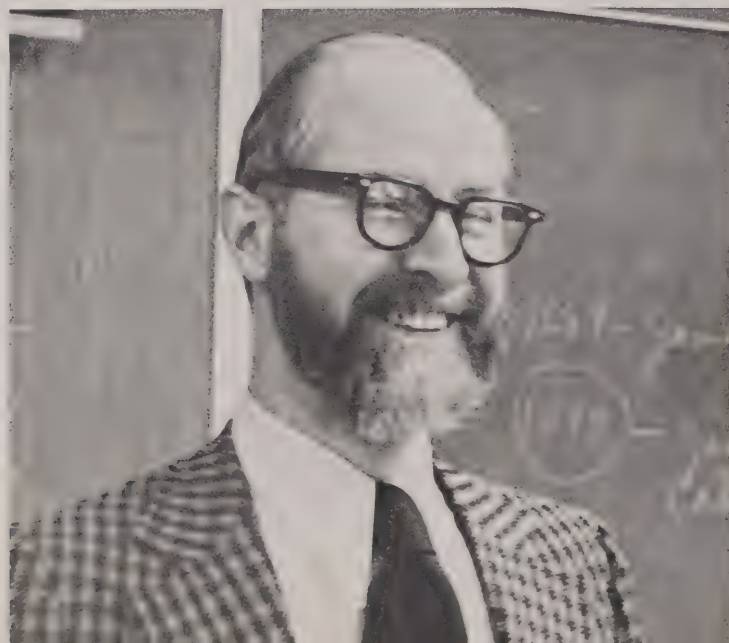


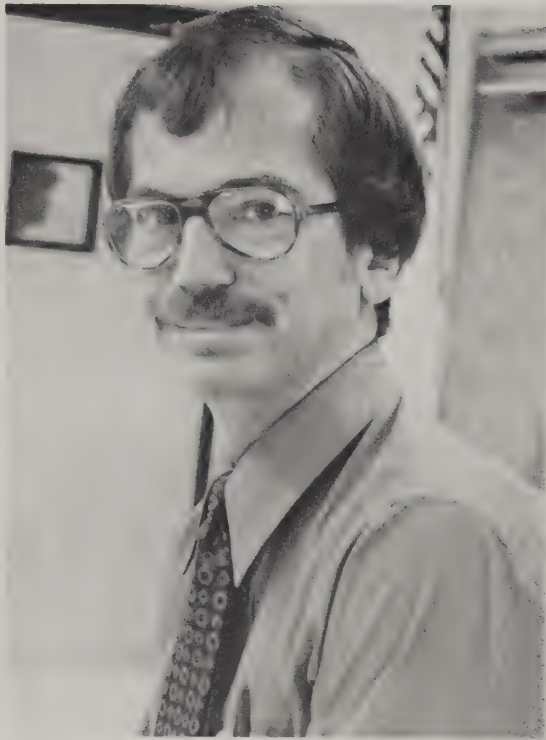
Mr. David Larrivee

Mr. Lawrence Holdsworth



Mr. Robert Bousquet





Mr. Richard Pinkos



Mrs. Susan Canney

Mrs. Nancy Kowalczyk



Mrs. Rae Stack



Mr. Brian Connery

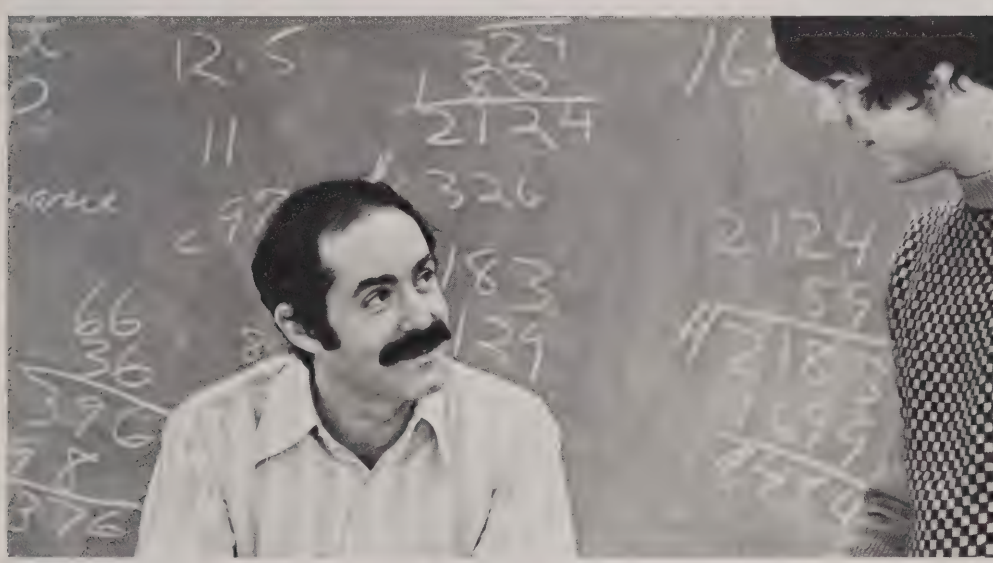


The study of English at Ludlow High School is varied to meet the student's capabilities and interests. The Junior and Senior English Elective Program accommodates the need for student participation in their curriculum and offers responsible individuals a choice of courses. It is with this in mind that English instructors at Ludlow High School administer popular and demanding courses to develop proper English academics. At L.H.S. it is taught by knowledgeable and skillful teachers.

Working in conjunction with the English Department are the very dedicated Librarians whose academic degrees have been an asset to the Ludlow School System for years.



Mr. Howard Burrage



Mr. Robert Levine



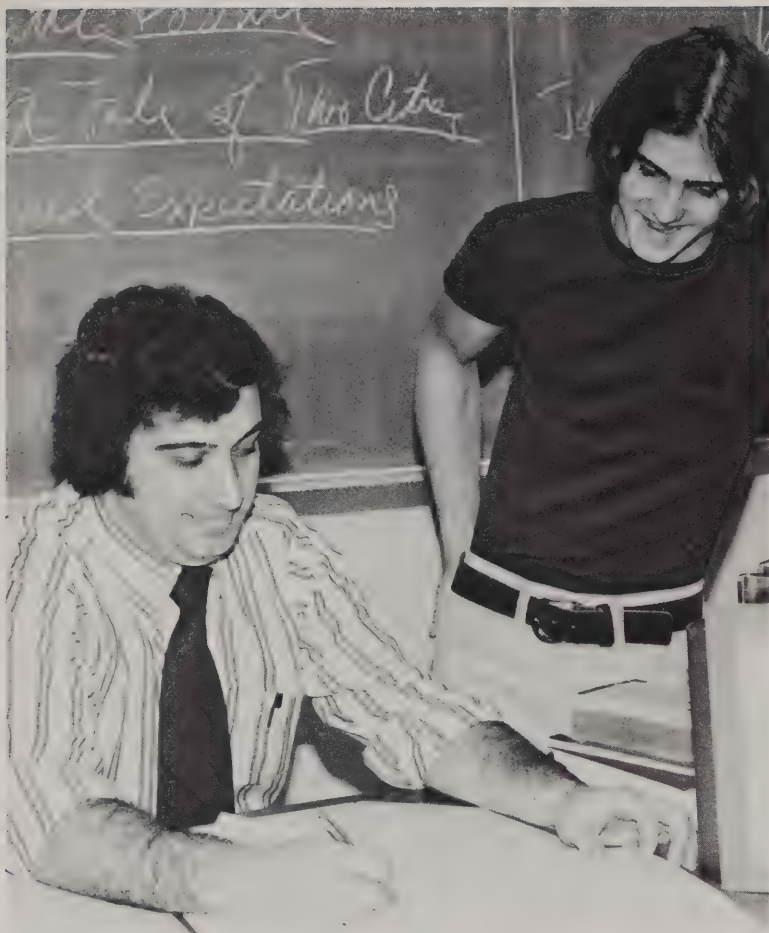
Mrs. Sandra Monette



Mrs. Patricia Ashe



Ms. Cecelia Connolly



Mr. Stephen Marino

Miss Susan Dibble



Miss Margaret Reilly



Mrs. Ruth French — Librarian



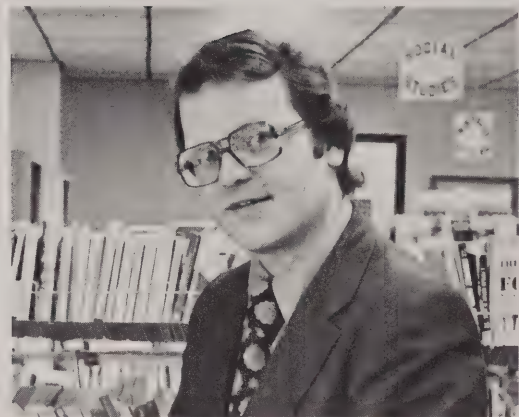
Miss Florence Saulnier — English Department Head



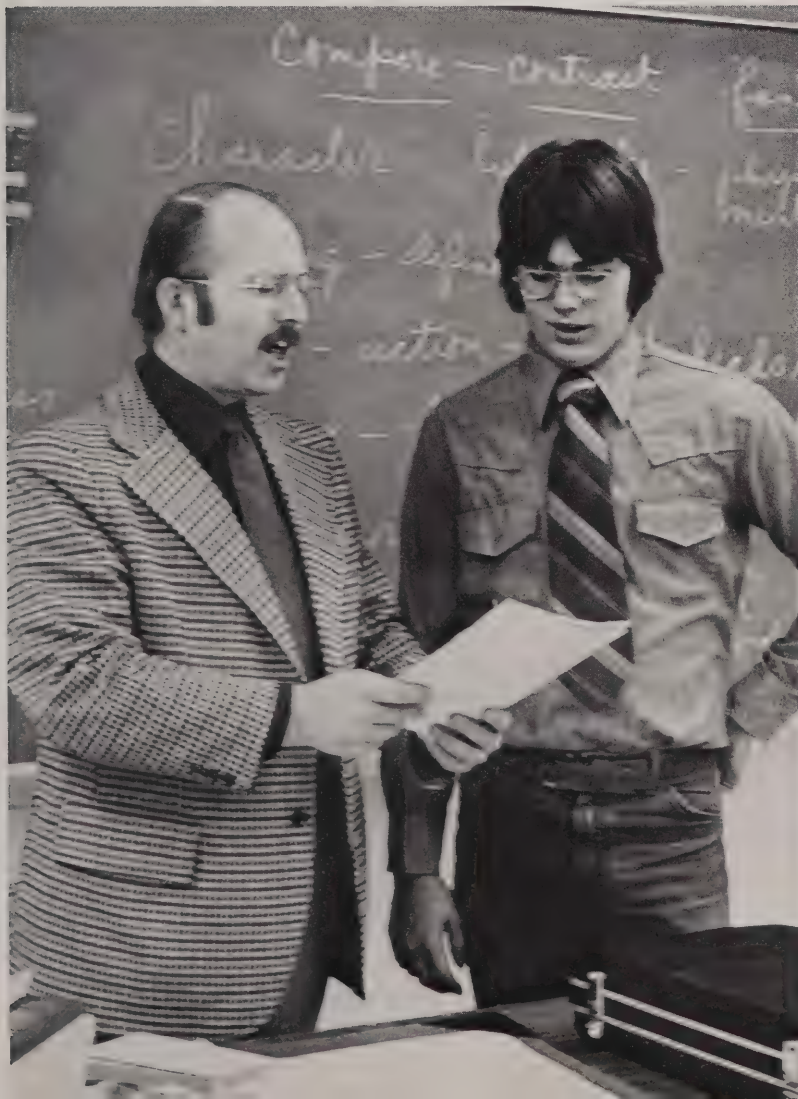
Mrs. Marcia Wojewoda



Mr. Richard Cotti



Mr. Peter Beregeron — Librarian



Mr. Richard Malek



Mrs. Suzanne Kelley



Mrs. Janice Partyka

Mrs. Miriam Patullo



The Home Economics Department at L.H.S. has always provided students with the opportunity to use their skills as well as their creativity to participate in the courses the Department offers.

The Senior Child Development class taught the girls how unique every child is and how their changing behavior and attitudes make them this way. Students participated in observing school children at Veterans Park Elementary School.

Foreign Foods, Foods for the Family, and Cooking I & II kept girls as well as boys busy in the kitchens. Along with cooking they also learned a lot about managing a household.

This year's program in Sewing included Tailoring and Dress Design. A successful fashion show was held in May.

Mrs. Patricia Stagnaro





Mr. Gregory Wrinn — Choral Director

The Ludlow High School band under the direction of Mr. Royce Layman had another active year. The band has always been a big help in keeping spirits high at L.H.S. It performed at many of the home football games as well as many other school activities. On May 7, 1976, the Spring Concert was held and plaques were awarded to each band member who participated in "Vienna 75."

Talented boys and girls are what Girls' Chorus, Concert Choir, and Chorale are all about. Throughout the year students work hard and perform at various school functions. This year's Christmas Concert and the Spring Concert held May 20, 1976, were examples of excellent performances given under the supervision of Mr. Gregory Wrinn.

Art has always been the quality, production, expression, or realm of what is beautiful. Mrs. Gladys Dexter and Mr. Bernard Burns supervise and teach the skill of expressing oneself through the form of art. Throughout the year many of the students' projects were displayed proving what talent, imagination, and creativity can produce.



Mr. Bernard Burns — Art

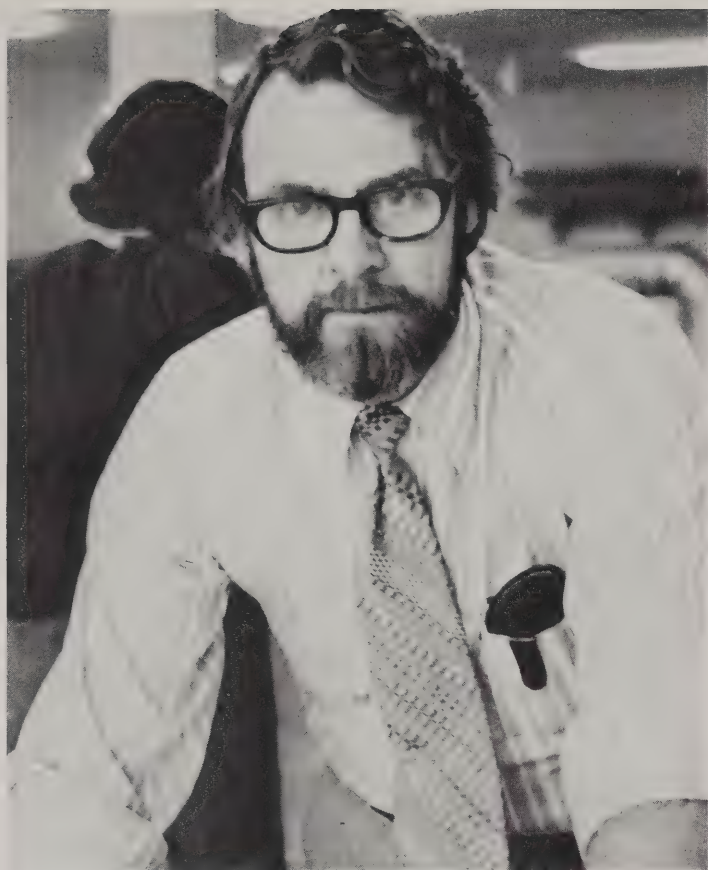


Mr. Royce Layman — Band Director



Mrs. Gladys Dexter — Art





Mr. Herman Kendrick



Mr. Wallace Gay

Mr. Joseph Daniele — Department Head

Mr. James Bernard





The Industrial Arts Department provided students with the opportunity to use their skills at learning a trade. The Department offered such popular courses as Household Wiring and Construction. In an ever changing world as ours, there is always a place for a skilled craftsmen. To many of the students, it gives a chance to progress in what they are interested in and helps to acquire a sense of responsibility and accomplishment. Also included in the Industrial Arts curriculum were Mechanical Drawing and Wiring Electronics.

Mr. Robert Koshinsky



Mr. Richard Hamel





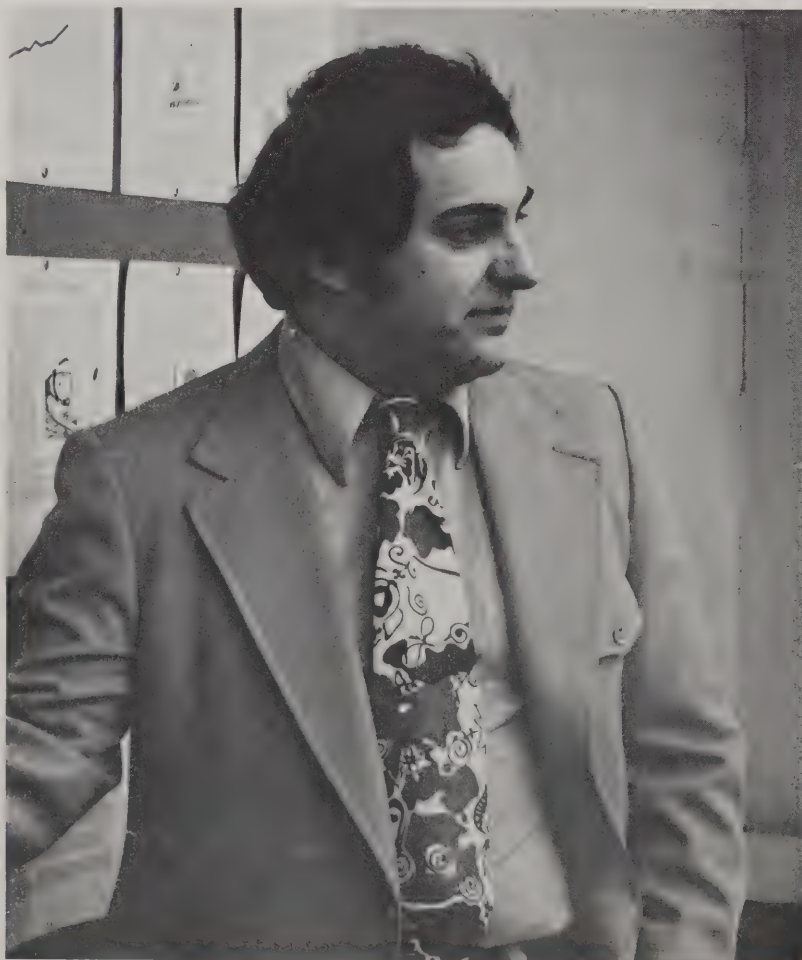
Mr. Daniel Chrzan



Miss Susan Stachelek



Mr. James Lonczak



Mr. Robert Suchecki



Mr. Daniel Strycharz



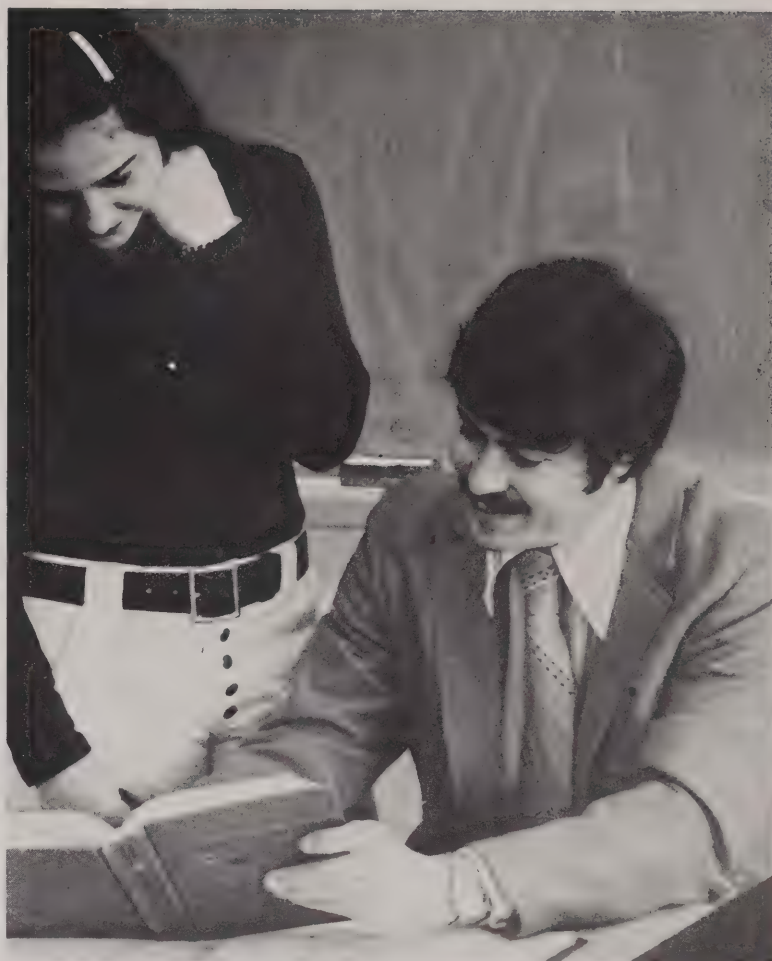
Mr. Raymond Yando

The 1975-1976 Academic year expanded the Mathematics Curriculum beyond the classroom and was able to capture the interest of the student body. Good sportsmanship combined with adequate mathematical technique attributed to the success of the Inter-School Math Team coached by Mr. John Carlin.

The Math Department continues to meet the academic needs of each student by offering essential courses in Business, College Preparatory, and Commercial programs.

To improve computational skills of the basic Math student, department head Mr. Daniel Lynes has a summer curriculum study in mind. Mr. Lynes hopes to upgrade the non College Prep. courses and in doing so provide for excellent instruction.

Miss Susan Rodriques



Mr. Daniel Lynes — Department Chairman

Mr. John Carlin





Mr. William Kolodziey



Mrs. Helen Girard



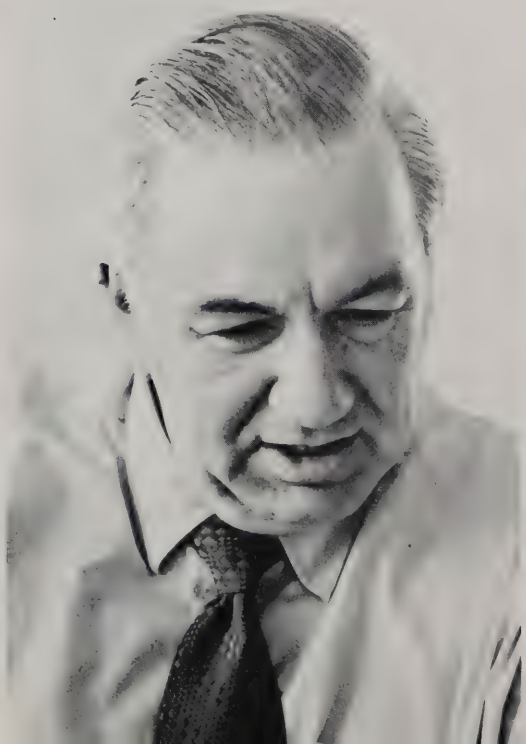
Mr. David Dziura



Mr. Gordon Eaton

Dr. Harry Vartanian

Mr. Joseph Andreis





Mr. Philip Dalessio

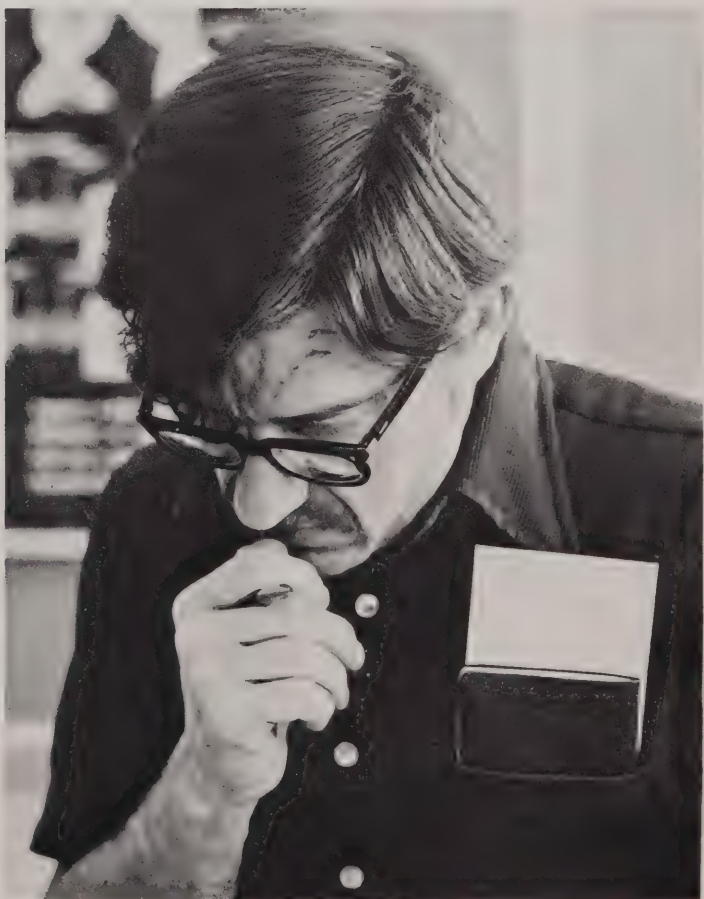
Mr. Frances Duclos —
Science Department Head



Mrs. Joan Cavallo



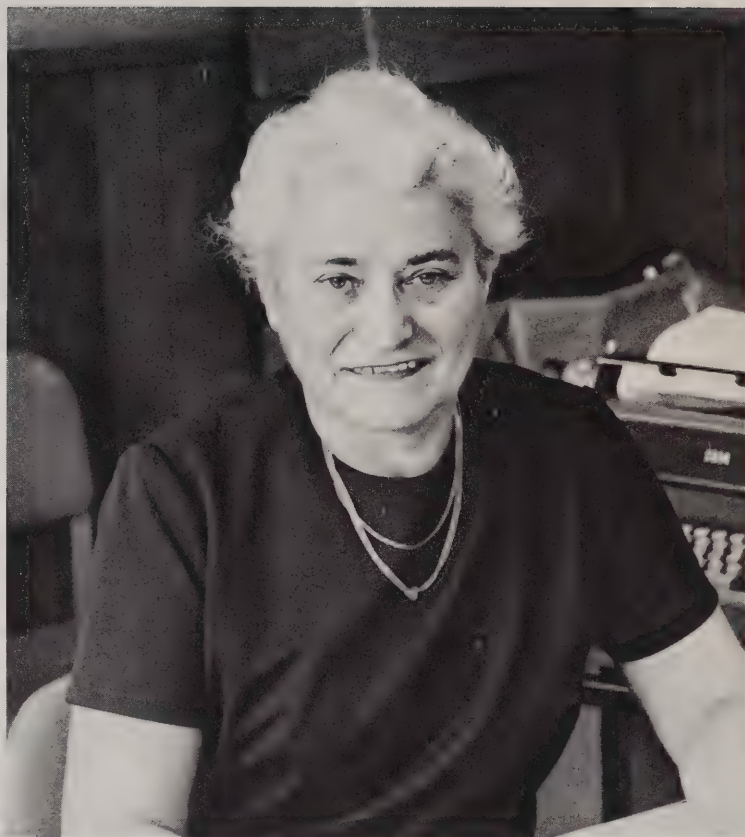
Since the founding of our nation the study of Science has played a significant role in dealing with our everyday lives. The curriculum at L.H.S. has captured the interest of the student body by offering many popular scientific studies. Inasmuch as the Department is determined to keep the interest of the students, it also provides the essential fundamentals for advanced college or technological studies. General Science, Chemistry, and Biology I were generally popular with underclassmen, while seniors managed to get through Biology II, Anatomy and Physiology, and Physics.



Mr. Richard Kolodziey

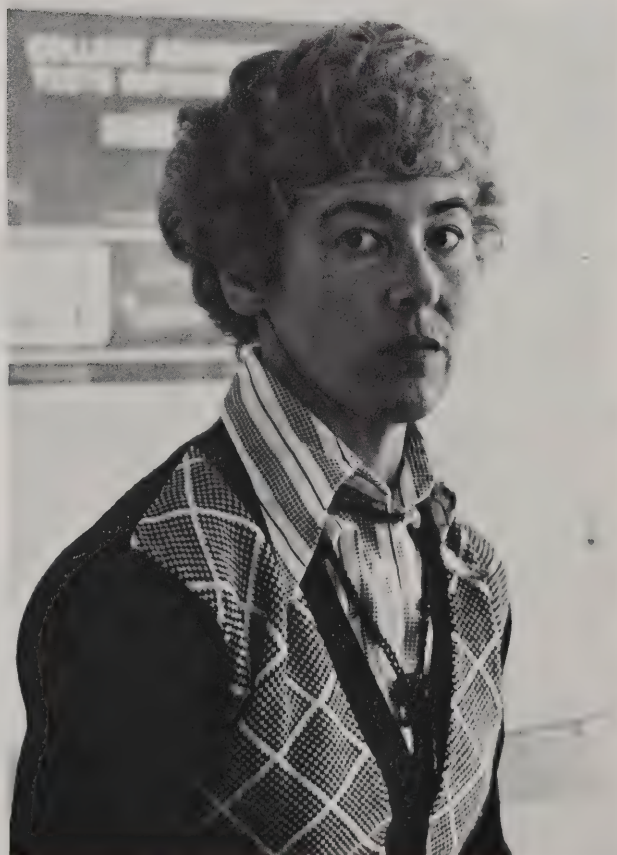


Mrs. Rosemary Gilrein — Office Secretary



Miss Mary Szczygiel — Office Secretary

Mrs. Margaret O'Neill — Office Secretary



Mrs. Ouellette — Guidance Secretary





Custodians Ludlow High School 1975-1976

Mrs. Beatriz Afonso, Matron
 Mr. Ronald B. Chasles
 Mr. Eugene Bal
 Mr. Americo Dias
 Mrs. Charles J. Dusel
 Mr. Edward T. McGowan
 Mr. William Moir
 Mr. Walter Orlik
 Mr. Albert Pellerin
 Mr. Walter Rucinski
 Mr. Edward Truchan
 Mr. Sebastian Nascimento

Mrs. Alyce Mae Hammarlund R.N.
 School Nurse

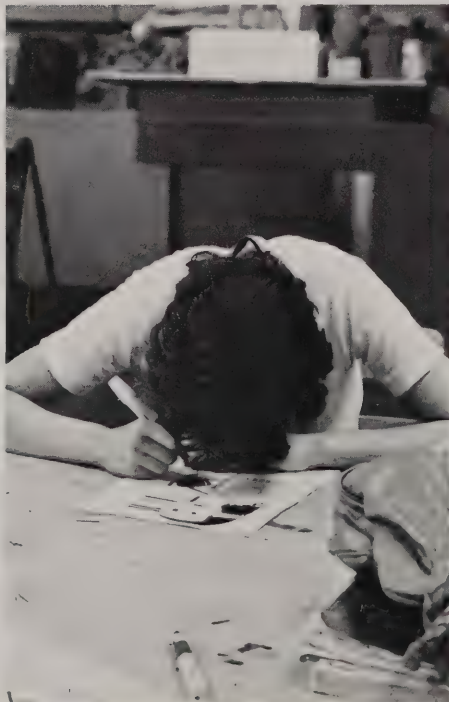
The people behind the scenes are a big part of what goes on at L.H.S. If it weren't for the secretaries, custodians, cafeteria staff, and the nurse the school wouldn't be able to function. Everyone overlooks the importance these people play in our everyday life. Their help and assistance has been a great contribution in some way to every member of Ludlow High School and to them we will always be grateful.



Mrs. Noella Noel - Cafeteria Manager



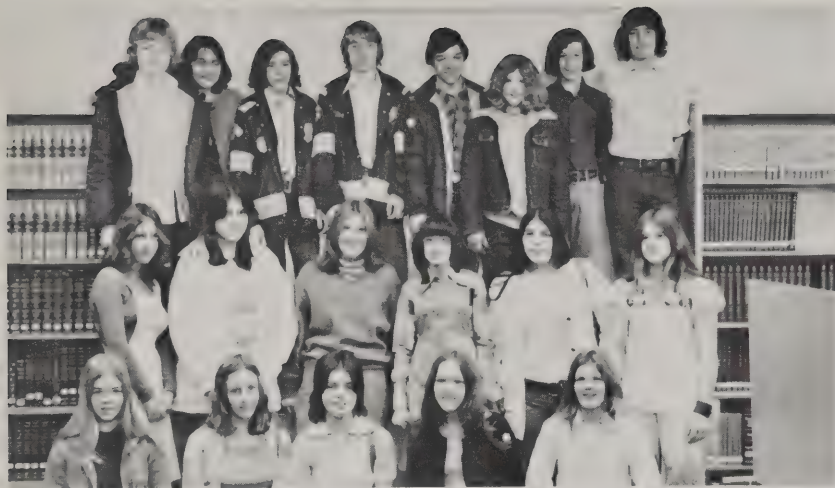
Cafeteria Staff





UNDERCLASSES

Freshmen Class p. 144
 Sophomore
 Class p. 150
 Junior Class p. 155



H. R. 100 ROW 1: J. Adams, P. Ayers, A. Alves, L. Battistoni, T. Bator ROW 2: C. Batista, L. Belisle, K. Barna, K. Almeida, I. Barbosa, L. Artruc ROW 3: M. Babineau, M. Absos, G. Auffrey, M. Ambrose, M. Almeida, W. Asselin, G. Auffrey, A. Augusto



H. R. 101 ROW 1: T. Baker, C. Brodeur, K. Brodeur, M. Bolow, D. Booth, D. Bellucci ROW 2: P. Bertrand, D. Boucher, D. Brooks, K. Brassard, C. Brackney, D. Beltz, K. Bosse, L. Broderick, D. Bourgoin ROW 3: P. Borek, J. Broderick, B. Birch, D. Bell, L. Bloodworth, D. Brockney, K. Bergeron, M. Bourgoin, C. Bradway, K. Boyer



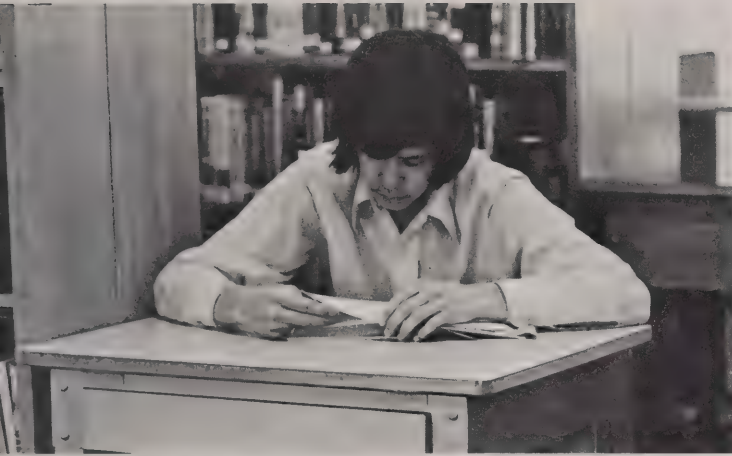
H. R. 102 ROW 1: V. Broska, D. Chandler, A. Campora ROW 2: K. Brueshi, L. Chapman, W. Brueno, A. Cijka, M. Chmura ROW 3: C. Carey, M. Chasles, D. Cioch, R. Castonguay, J. Carolan, E. Brown ROW 4: T. Chelo, M. Cameron, D. Burek, J. Caivano, K. Brut, J. Cardinal, G. Cislak, J. Chase



“Life Is For Living! Give It A Try;

“Class Of 79”

Open Your Heart To
That Sun In The Sky.”



H. R. 103 ROW 1: J. Cote, L. Caley, D. Costa, T. Cislak, G. Davies, A. Costa ROW 2: L. D'Angelo, L. Cook, A. Clyne, B. Crandell, L. Coelho, K. Cote, C. Cote, L. Concon, J. Clark ROW 3: M. Davis, N. Dabsky, C. Crowther, E. Couche, T. D'Andrea, R. Cote, M. Constantino



H. R. 104 ROW 1: D. Dinnie, L. Dygon, A. Dennis, M. Fanning, J. Devine ROW 2: B. Falconer, W. Duggan



H. R. 105 ROW 1: K. Flaherty, K. Ferris, P. Faulds, K. Fioravanti, H. Fonseca, E. Focosi, J. Fedoras, G. Ferrabelo, L. Fuller ROW 2: D. Fernandes, M. Finnerty, D. Fields, K. Flaherty, C. Fernandes, G. Faustino, W. Fuller, T. Fonseca, C. Fontoura, R. Frigon



H. R. 107 ROW 1: J. Gauthier, D. Gagnon, M. Germain, R. Gauthier, B. Gero, D. Gokey, C. Gibb, M. Glancey **ROW 2:** G. Godard, T. Gamache, M. Giza, F. Gallo, D. Gilbert, D. Gamache



H. R. 110 ROW 1: N. Gomes, T. Goodreau, S. Green, D. Haluch, B. Goodreau, T. Goncalves, J. Guyette **ROW 2:** L. Halgas, S. Gomes, L. Haney, C. Groncki, D. Grosvenor, D. Gonyea **ROW 3:** A. Goncalves, E. Gulbradsen, M. Goncalves, J. Golden, D. Goncalves, C. Goncalves, J. Goncalves, F. Goncalves



H. R. 115 ROW 1: D. Hennessy, E. Kirnicki, S. Kecki, T. Jaciow, G. Hanely, S. Harrica, J. Jarvais, M. Hurley, J. Jorge **ROW 2:** L. Holdsworth, W. Irvein, J. Keyes, P. Hervieux, J. Kelly, L. Lanlesnik **ROW 3:** P. Kaytra, K. Jurkowski, R. Hines, M. Jurga



“Hide Not Your Talents;



H. R. 116 ROW 1: A. Lamas, J. Kowalski, C. Kukla, L. Kososki, L. Larouco, K. LaMotte ROW 2: M. Landry, B. Labodycz, R. Kitchner, T. Kumeiga, K. Kus, L. Lake, P. Lamb ROW 3: G. LaFontaine, P. Lambert, J. Laamanen, J. LaBossiere



H. R. 203 ROW 1: S. Lavoie, J. Lovejoy ROW 2: P. Lizak, S. Los, L. Louvitis, L. Lavigne, P. LeBoeuf, L. Leslie, S. Lonis, M. Luberd, E. Lewison, R. Livingston ROW 3: T. Lucas, R. Leblanc, J. Libiszewski, M. Lucas, S. Livingston, A. Lavoie, J. Lemieux, T. Lavoie



H. R. 204 ROW 1: L. Mendes, K. Marby, C. Mackie, E. Lysik, C. Masiuk, L. Martell, D. Messier, J. Mei, L. Meader, S. Mainville ROW 2: P. Mathias, M. Mathias, P. Marshall, R. Mei, D. Mayou, K. McCarthy, V. MacDaniel, S. Meher, M. Maksymiw, M. Maia, M. Mackintosh, A. Machado

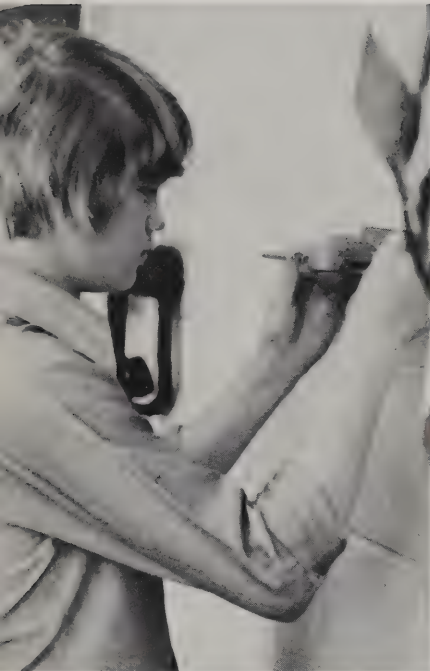


For Use They Were Made!”



A boy's will is the
wind's will and the
thoughts of youth are
long,
long
thoughts.

Longfellow



H. R. 205 ROW 1: A. Murray, D. Miller, V. Mishol, M. Moura, G. Palmer, S. Oburzut, L. Palatino, A. Mulhern, T. Moreiro ROW 2: C. Moresse, W. Netopski, L. Moreira, B. Murray, S. Peabody, D. Nichols, M. Pauze, T. Patrie, T. Monteiro ROW 3: R. Ouellette, R. Paizao, J. Natario, R. Nystrom



H. R. 206 ROW 1: L. Piesz, L. Pereira, T. Pinsonnault, D. Polak, J. Phillips, J. Porter, J. Pires, G. Phillips, G. Pisarczyk ROW 2: M. Plant, A. Podolski, M. Pinney, L. Pereira, J. Piecuch, M. Potorski, R. Perry, D. Podvin, K. Pilon ROW 3: C. Pereira, G. Perella, J. Perreault, M. Porowski



H. R. 207 ROW 1: M. Robbins, L. Quiterio, D. Queiros, J. Quagliette, C. Ramos, T. Sadowski, B. Reeves, D. Regan, L. Ptasjkiewicz, L. Rohan, M. Quiterio, A. Reid, B. Roy, L. Rodrigues ROW 2: D. Roberts, L. Provost, K. Richard, A. Rebelo, P. Robichaud, J. Roberts, D. Roberge, V. Rodrigues, R. Robar, E. Rado



“Class Of 79”



H. R. 208 ROW 1: J. Saloio, R. Savoie, M. Santos, J. Saloio, J. Silva ROW 2: J. Sharpe, P. Sears, N. Sarlan, A. Santucci, G. Seguero, M. Santos, B. Silva ROW 3: K. Smith, L. Soffen, D. Smith, C. Scyocurka, M. Schneider, S. Smiley, E. Setterstrom, D. Seguro, D. Skwiz, C. Saloio



H. R. 209 ROW 1: M. Tereso, J. Suttles, D. Starbard, C. Syrek, L. Strong, B. Taillefer, J. Thompson, M. Tereso, A. Suski ROW 2: R. Thiebeault, M. Vancina, T. Tavernier, T. Suzor, D. Tierney, S. Stack, J. Talaia, G. Veautour, J. Strycharz, C. Sugrue ROW 3: E. Tetrault, J. Suttles,



H. R. 210 ROW 1: G. White, S. Wilson, L. Whitworth, P. Woods, M. Willette ROW 2: M. Ziegler, C. Webb, D. Wilcox, C. Williams, A. Vital, R. Vermette, K. Allen, K. Zember ROW 3: K. Vogel, F. Wdowiak, P. Wood, P. Vermette, H. Webb, L. Woodhead, J. Ziemba, S. Yelle



“Class Of 78”

H. R. 301 ROW 1: D. Barlow, E. Bennet, T. Allen, K. Andre, J. Boldys, B. Alves, M. Alves ROW 2: A. Alves, C. Barlow, L. Batista, C. Bernardo, K. Barrus, G. Baillargeon, M. Baillargeon, K. Almeida, J. Batista, P. Asselin



H. R. 302 ROW 1: D. Chapman, T. Bliss, C. Brassard, C. Boczon, M. Chretien, T. Boston, S. Bourdreau, D. Ayers, J. Bosse ROW 2: R. Charbonneau, B. Brown, J. Chartier, A. Bourbeau, A. Ciempa, B. Alves, J. Boldys, L. Bourgeois, M. Boduch, W. Carlan ROW 3: M. Bernatowicz, D. Blais, B. Bylicki, S. Bradway, M. Balnla



H. R. 303 ROW 1: R. Costa, E. DaSilva, ROW 2: G. Czerniak, D. D'Angelantonio, J. Cretella, S. Comtois, B. da Cruz ROW 3: R. Colby, D. Covington, D. Costa, J. Crescentini, M. Connell, P. Colucci, L. Cluogh, A. Colepeatro, S. Cyranowski, M. daCruz ROW 4: C. Costa, D. D'angelo, J. Crandell, B. Daehne, K. Davies, J. Craven, D. Cioch, E. Cuzzone, A. DaSilva

H. R. 304 ROW 1: T. Dias, L. Duquette, M. Dias, M. Denette, A. Desilets, N. Decondio, J. Day, J. Dearness ROW 2: V. Duarte, D. Duggan ROW 3: M. Dinnie, T. Davies, S. Dunbar, M. Dusel, J. Douville, T. Dias, T. Deslauriers, J. Dias, P. Emery, R. Dominique, D. Dunn



Count these among your gifts . . .
the friendly morning sky,
the peaceful night,
and all the colors and splendors
of a very memorable day.

John Gray



H. R. 307 ROW 1: H. Freitas, J. Esteves, M. Flowers, G. Easton, J. Fitzgerald, A. Fernandes ROW 2: S. Flowers, S. Fern, C. Fernandes, D. Fales, C. Ferreira, D. DaSilva, L. Faula ROW 3: B. Fernandes, G. Falcoo, A. Fernandes, A. Fernandes, A. Fernandes, ROW 4: J. Fillion, J. Frennier, J. Faustino, M. Esteves



H. R. 309 ROW 1: T. Gallo, D. Galarneau, L. Gato, ROW 2: T. Gonsalves, K. Gaughan, C. Gregoire, T. Guerra, L. Germain



"Class of 78"

H. R. 310 ROW 1: K. James, B. Johnson, L. Hersey, J. Howard, J. Jarvais, M. Joslin, K. Haney, R. Harrica, ROW 2: C. Jodoin, M. Harrington, D. Jarvais, B. King, D. Herter, B. Hiorns, K. Jennings, J. Houghton



H. R. 311 ROW 1: L. Landers, S. Landry, L. Letourneau, N. LaFountain, K. Konderwicz, L. Lavoie, S. Langton, D. LeBoeuf, C. Lelievre, E. Lauzon ROW 2: L. Laramie, L. Kososki, J. LeBlanc, R. Leone, C. Layman, G. Lavatori, M. Lavigne



H. R. 313 ROW 1: D. Manuel, J. Martins, C. Martins, G. Marby, M. Lipscomb, D. Lord, D. McCarthy ROW 2: D. Manuel, F. Loureiro, S. Mastalerz, J. Manuel, J. McCarthy, S. Marble, J. Lysik, D. Lyons, G. Levrault, ROW 3: T. Machado, S. Mazzafero, L. Lind, S. Lind, R. Mainville, T. Martin





H. R. 314 ROW 1: M. Nogueira, G. Ochenkoski, D. Mendes, R. McCarthy, P. Morrison, D. Mongeau, P. Murphy, L. Galis, ROW 2: T. Mole, T. O'Hara, D. Mosio, B. Norris, L. Mosio, D. Moreno ROW 3: J. McNamara, M. Noel, K. McCarthy, B. Miccoly, J. Nelson, D. Mortimer, F. Nataloni, B. Murray



**"You who are young, strong and brave
Don't lock your dreams in your heart**



H. R. 316 ROW 1: J. O'hare, R. Paixao, L. Oliveira, A. Papillon, ROW 2: M. Peixoto, K. Pereira, C. Ollari, K. Paul, L. Ouellette, L. Palatino, S. Pasquini ROW 3: D. Palmeira, J. Perez, M. Patterson, M. Patnode, M. Ostrowski, D. Pashko, S. Peabody



**For they won't be used,
the doors will close
Open them,
before you depart"**



H. R. 317 ROW 1: C. Rousseau, D. Rohan, I. Rodrigues, M. Smith, M. Rodrigues, T. Randall, L. Robinson, E. Robbins, J. Roberts, S. Roberts ROW 2: M. Girard, B. Reid, S. Robillard, S. Pollander, M. Quaglietti, B. Plata, D. Richards, L. Potter, D. Pyers, R. Puchala





H. R. 318 ROW 1: M. Santos, L. Ryczek, C. Salva, R. Ruggiero, K. Sedelow, L. Scheider, B. Scott, R. Severyn, ROW 2: R. Rys, D. Sedelow, D. Santos, B. Sanderson. ROW 3: G. Saczawa, K. Szarlan, E. Saloio ROW 4: M. Sady, M. Sears, C. Savoie, T. Scyocurka, J. Sandman, R. Ruggiero



H. R. 320 ROW 1: M. Struck, L. Smith, T. Szlosek, H. Stroshine, T. Szczebak, L. Slate, C. Simpson, S. Skawski, ROW 2: N. Smith, J. Strycharz, R. Torrey, K. Stetson, V. Thompson, C. Skinner, E. Soares, J. Teixeira, M. Slepecki



H. R. 323 ROW 1: M. Wilson, T. Tyrell, D. Vershon, C. Veautour, P. Varandas ROW 2: F. Ziencina, M. White, T. Wehner, M. Wisniowski, R. Whitworth, M. Venancio

"Class Of 78"





H. R. 200 ROW 1: M. Alves, A. Alves, J. Baillargeon, R. Alves, M. Barrus, C. Adams, D. Beaudoin, L. Baldrate ROW 2: J. Avery, L. Anischik, D. Banas, C. Batista, T. Askew, J. Barna, W. Belisle

"Class of 77"



"A whisper replied inside me,
You are more than the Earth,
though you're such a dot,
you can love and think
and the Earth cannot!"



H. R. 201 ROW 1: R. Bourcier, C. Brown, C. Bobowiec, L. Bruni, R. Brooks, L. Cachucho, D. Cardin, R. Bellisario ROW 2: D. Broska, D. Campolo, L. Brodeur, J. Bourgoir, R. Brassard, D. Brown, B. Bernardo





H. R. 202 ROW 1: T. Casagrande, C. Colby, C. Costa, L. Cislak, D. Cardinale, R. Clyne, S. Coelho, C. Hiday **ROW 2:** J. Costa, B. Covington, G. Coelho, D. Charron, M. Conrad, J. Catarino, J. Colucci



H. R. 211 ROW 1: C. Emery, J. Day, J. Dyjak **ROW 2:** L. Johnson, M. Dubois, C. Cratella, L. Falconer, L. Duda **ROW 3:** S. Falconer, L. Desrosiers, J. Dunn, M. Edgar, K. Cygan, D. Croteau



H. R. 212 ROW 1: R. Giguere, T. Goncalves, M. Fanning, A. Freitas, T. Ferreira, N. Fuller, T. Frogamini **ROW 2:** T. Glanville, J. Gibbs, M. Gomes, C. Gates, I. Fernandes, K. Fontaine, C. Fitzpatrick **ROW 3:** D. Gonsalves, H. Gomes, N. Faria, J. Flasiniski, J. Glen, S. Forslund, M. Giza





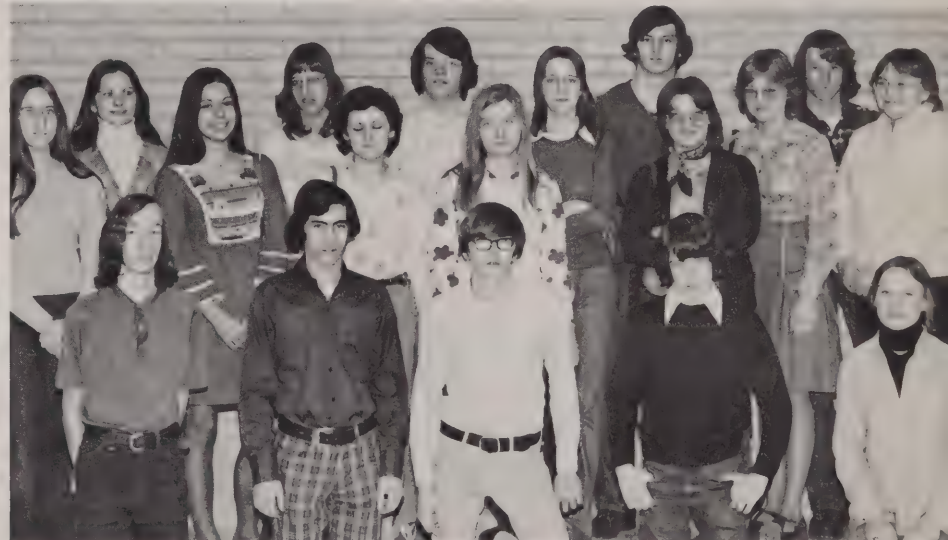
“Class of 77”

H. R. 213 ROW 1: V. Goncalves, J. Goncalves, B. Hartley, M. Gonclaves, ROW 2: D. Haluch, M. Goncalves, K. Hurley, M. Janes, N. Gurley, M. Hiorns, L. Gonyea, ROW 3: D. James, A. Harrica, J. Gurski, F. Jorge

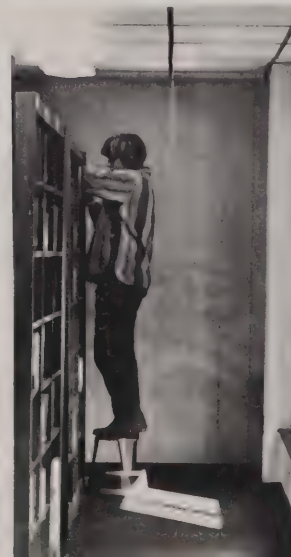
“Make the most of all that comes
and the least of all that goes.”



H. R. 214 ROW 1: D. Kelley, A. Lavoie, E. Laamanen, R. Keough, J. Kulig, ROW 2: M. Langevin, D. Lake, J. LaFortune, J. Kras, D. LaRiviere, K. Krol, S. Kuchyt, ROW 3: G. Kirnicki, L. Langlais, T. LaMondia, E. Kluepfel, O. Kanz, B. Lareau



H. R. 215 ROW 1: D. Lord, S. Lorraine, R. Lavoie, W. LeBlanc, J. Marby, ROW 2: A. Luszczyk, K. Kogut, S. LeMieux, D. Lyman, G. Machado, D. Libiszewski, ROW 3: J. LeBel, M. Lemek, D. Mackintosh, G. Leroux, D. LeBer, D. Levrault, P. Lind, R. Lesiers

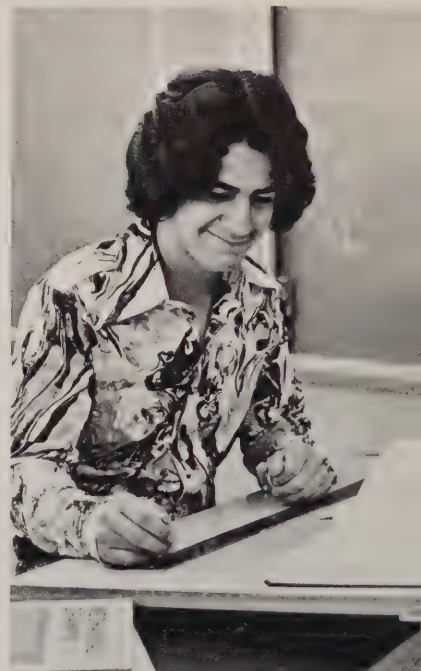




H. R. 216 ROW 1: D. Riley, D. Moorhouse, P. Masse, J. Miron, ROW 2: D. Mitchell, C. Mills, P. Mosio, L. Motyka, K. Mariani, D. Maurice, M. Masiuk, K. Maziarz, D. Marinni, ROW 3: G. Martins, T. Moura, S. McDaniel, J. Miarecki, P. McNeill, J. Miller



H. R. 217 ROW 1: P. Ouellette, M. Patterson, J. Norton, P. Perrault, P. Niejadlik ROW 2: P. Donnellan, T. Perham, L. Paquin, R. Myers, D. Niquette, L. Peltier, G. Patullo, L. Oldenburg, J. O'Neill ROW 3: R. Oliveira, M. Nowak, R. Perry, T. Pashko, F. Palatino, B. Peacy



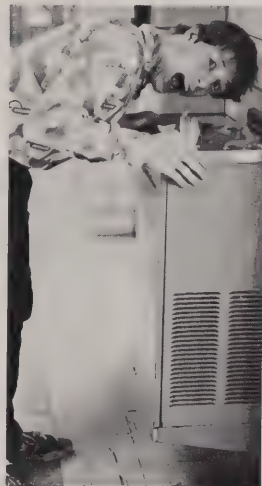
H. R. 218 ROW 1: G. Rodrigues, S. Roy, D. Porter, M. Rodrigues, W. Quigley, ROW 2: C. Pickreign, K. Rado, G. Robinson, D. Pollander, R. Plant, D. Salli, S. Rozkuszka, S. Saloio, ROW 3: J. Reardon, J. Rossi, D. Plasse, D. Reynolds, M. Pisarczyk, R. Potorski, B. Rhodes



“Class Of 77”



H. R. 300 ROW 1: R. St. Martin, S. Santucci, D. Sanford, B. Sevigne, J. Sheehan,
ROW 2 M. Santos, C. Story, M. Silva, B. Smiley, S. Sawyer, P. Steigmeyer, A. Stack,
ROW 3: B. Salvador, L. Stetson, D. Silva, R. Santos, P. Schott



Goodbye

It's not a task
to brave the deep
Nor face the darken'd sky,
But strength has ne'er
been known to man
To eas'ly say “goodbye”



H. R. 321 ROW 1: D. Riley, C. Szezepanek, H. Tavares, P.
Veiga, M. Varandas, J. Teixeira, ROW 2: D. Tassinari, D.
Thompson, B. Thompson, R. Tourville



H. R. 322 ROW 1: K. Zina, J. Witowski, D. Wagner, D. Waldron, K. Wilson, L.
White, B. Almeida ROW 2: O. Vital, C. Charron, F. Wilhelm, D. White, M.
Zajchowski



Debbie Marini — Vice-President

The President of the Senior Class has perhaps the most demanding of class offices. In addition to attending Student Council Meetings, chairing Senior Executive Board Meetings, co-ordinating Senior Activities and Senior Week, the president must provide leadership for the class, and spirit for the school to look up to. Diane Kibbe has done her job well.

The label "Vice-President" brings to mind officials who run only for the glory of being elected, and then fade into the woodwork of the system. At L.H.S. the "V.P." of the Senior Class is not allowed to fade in importance. While she was still somewhat of a "backstage" person, she was always there to help our President. Debbie Marini was the "#2" officer of our class this year.

Many of us still recall Lori's campaign speech. In spite of its brevity, it displayed the honesty and good humor that Lori brought to the office of Secretary. There is not a lot out of the ordinary that the Secretary of a class can do, except serve the class faithfully, which Lori Ferreira did.

Donna Nelson, as treasurer of our class has probably seen enough dollar signs to last a long time. In carrying out her position of responsibility, she had to keep the class' financial records in order through Booster Day, Senior Show, all Class Activities, and in spite of it all, has maintained a level of sanity. This difficult office was handled well.

We, the Class of 1976, sincerely thank our dedicated officers.



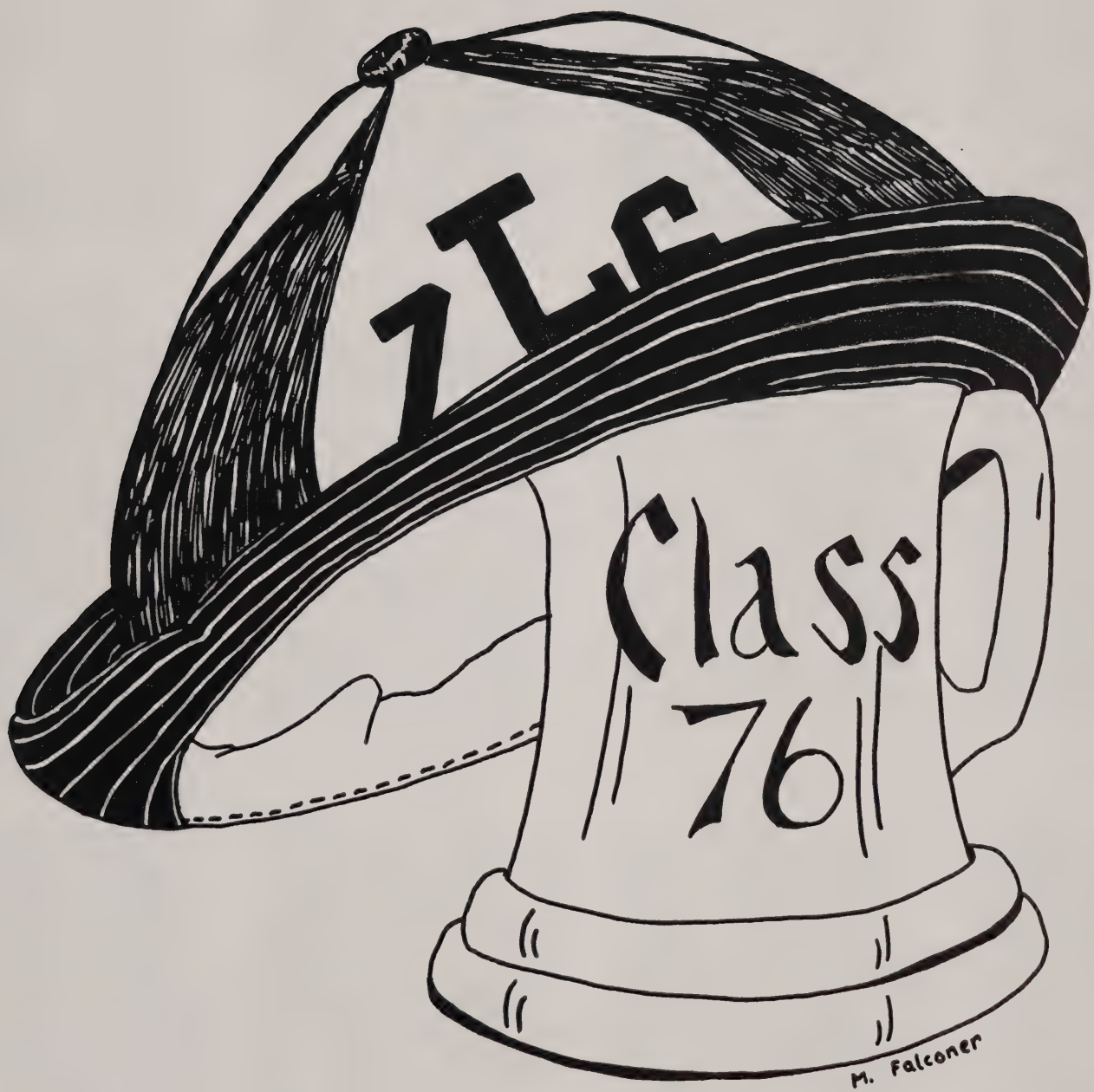
Donna Nelson — Treasurer

C l a s s O f f i c e r s 1 9 7 6



Diane Kibbe — President
Lori Ferreira — Secretary





“When Other Nights And Other Days . . .



Arminda M. Afonso



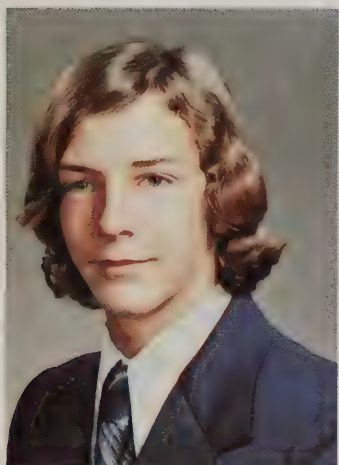
Gregory H. Allen



Eugene A. Almeida



David L. Alphonso



James M. Alves



Laurie A. Alves



Deborah A. Ambrose



Bruce W. Anderson



Michael A. Andre



Mark J. Ansolini



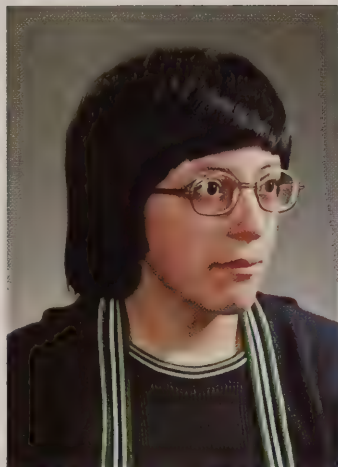
Michael E. Asselin



John F. Barlow



Matthew W. Bassette



Teresa Batista



Richard E. Beauvais



Gregory R. Bell



James D. Beltz



Gary J. Bernatowicz



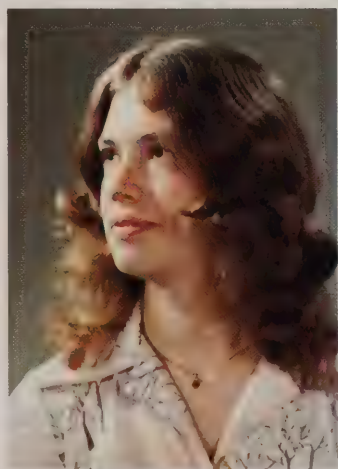
Raymond H. Berta



Maria J. Bettencourt



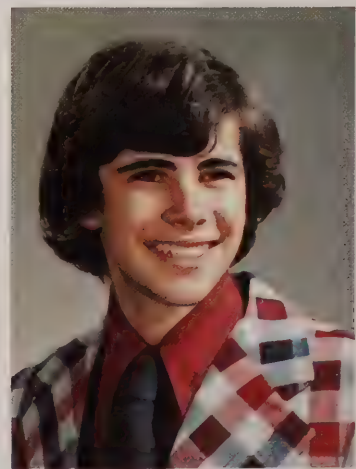
Kenneth J. Bisnette



Joanne M. Blais



Andrew P. Boczon



Michael J. Boduch

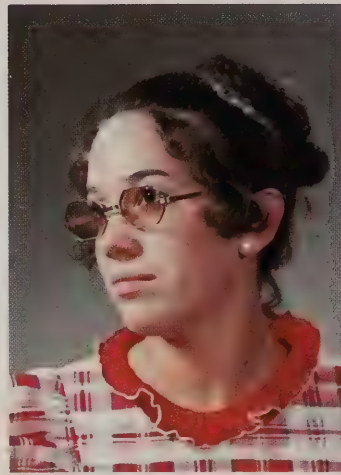
May Find Us On Our Separate Ways . . .



Kathy M. Borek



David M. Boucher



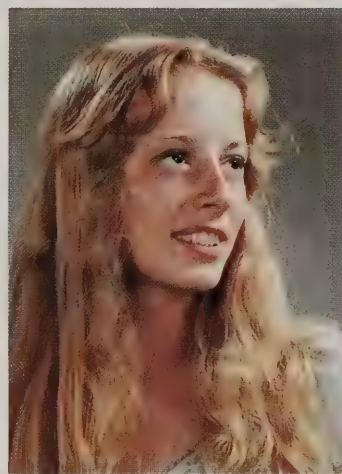
Debbie A. Boucher



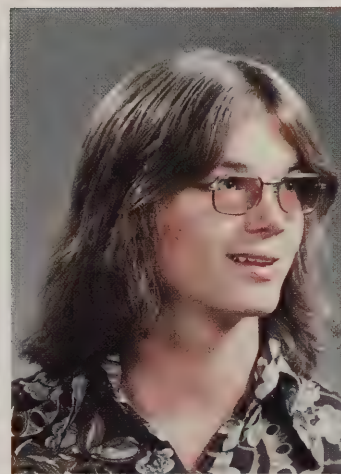
Kim M. Bourdeau



Bonnie E. Brassard



Mary M. Brothers



Carl K. Brown



Christopher G. Bruce



Patricia C. Bruni



Kim M. Bylicki



Grace A. Campolo



Diane M. Carvalho



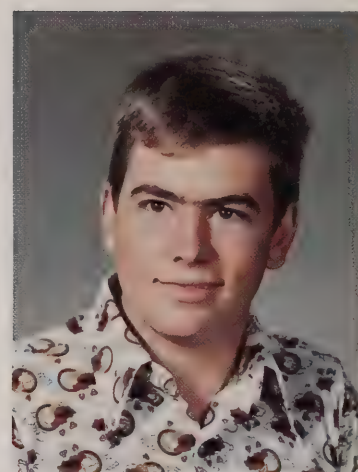
Fernando A. Catarino



Terry E. Chandonnet



Denise M. Charboneau



Alan R. Chase



Maria R. Chaves



Augusto A. Chelo



Jim Chenier



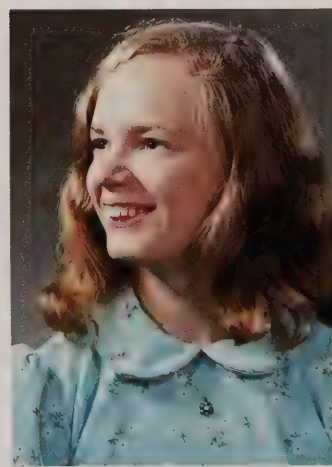
Brian A. Coache



David J. Coache



Kevin R. Collins



Carole M. Comtois



Nancy A. Connell

We Will Have These Moments To Remember.



James F. Constantino



Rosa Correia



Patricia J. Costa



Karen E. Cristina



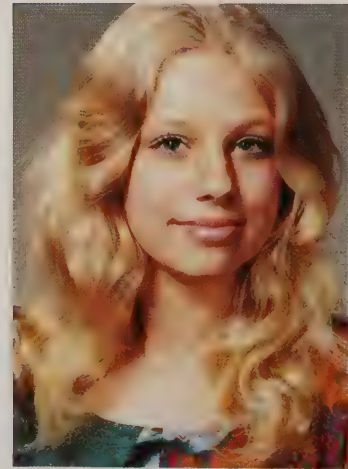
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Albert J. D'Angelantonio



Debbie A. Dansereau



Erin R. Davidson



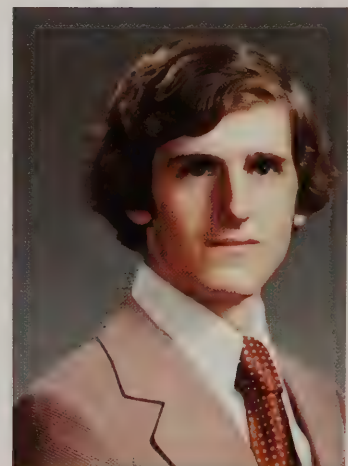
Tamre L. Dearness



Denise M. Denette



Louise M. Denette



Ronald L. Desautels



Sharon F. Desautels



Lori A. Desilets



Michael J. DeSimone



Ana G. Dias



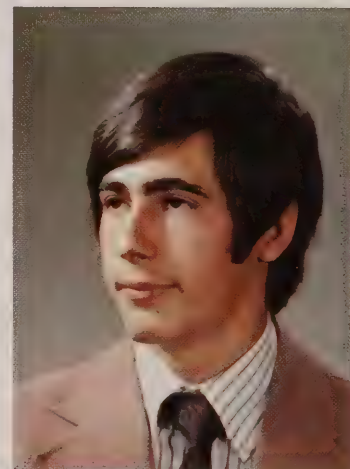
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Bruce Dias



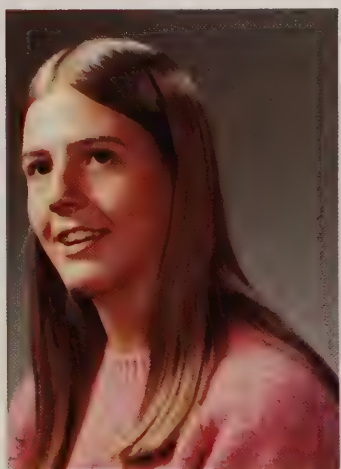
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Jose A. Dias



Mark S. Dias



Judith R. Dinelle

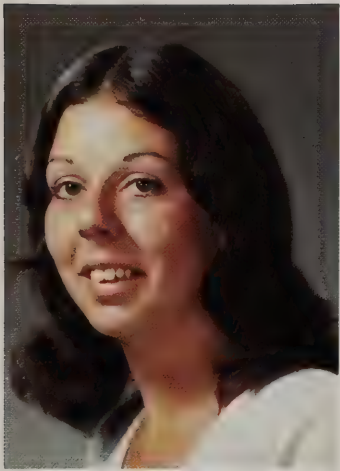


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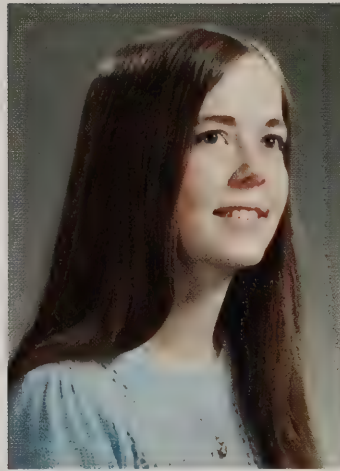


William M. Dobbins

The Many Friendships We've Begun . . .



Donna J. Dominque



Margaret E. Donnellan



Raymond Donnelly



Mark A. Douville



Marcy Drozdowski



Rene H. Dubois



Keith R. Duda



Pamela J. Dunbar



Mark C. Dusel



Michelle M. Duval



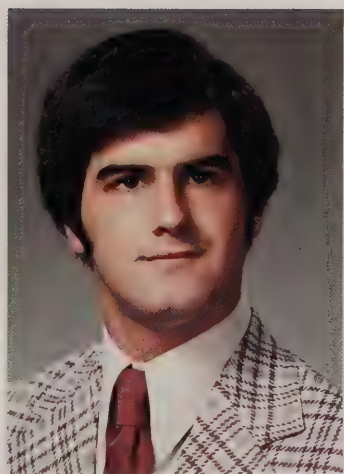
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Pamela S. Esteves



Marie A. Falconer



Gilbert Z. Fatal



Orlando R. Faustino



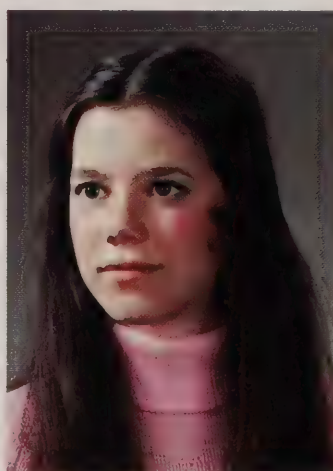
Gary W. Fern



John D. Fernandes



Lori A. Ferreira



Allanna M. Fillion



Brian K. Fitzgerald



Cynthia L. Focosi



James A. Fontaine



Raymond E. Forslund



Lisa A. Fredette

The Quiet Walks, The Noisy Fun . . .



Susan M. Fueston



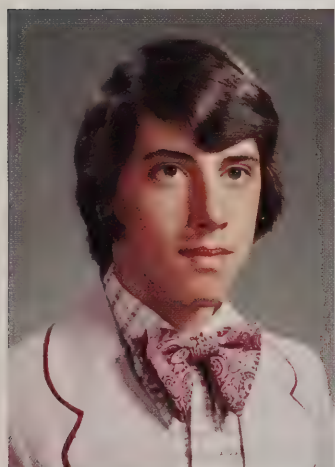
Douglas R. Fuller



David Fumo



Mark A. Gallo



Michael J. Gamache



Debbie L. Gardner



Laurie A. Garrow



Valerie J. Gaudreau



Kenneth J. Gazda



Patricia A. Germain



Stephen A. Gilrein



Sandra L. Giverson



Lynn M. Glancey



Glen A. Glanville



Nancy M. Goncalves



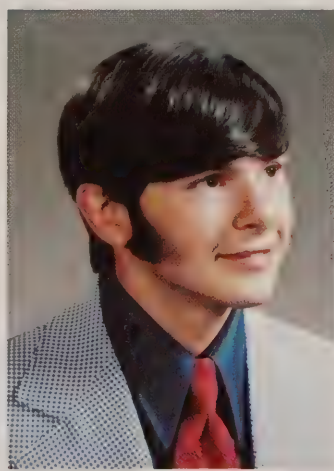
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Gary F. Goodreau



Lisa J. Goodreau



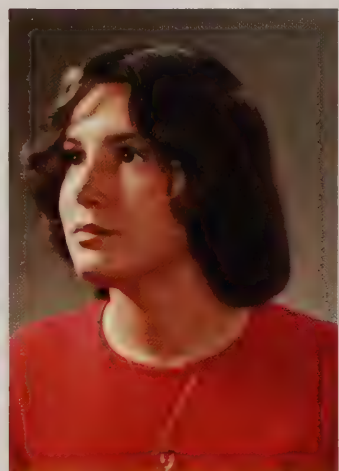
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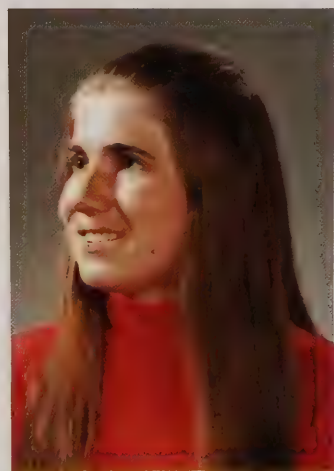
Gary A. Grimes



Cynthia A. Grogan



Laura A. Gurley



Genevieve M. Gurski

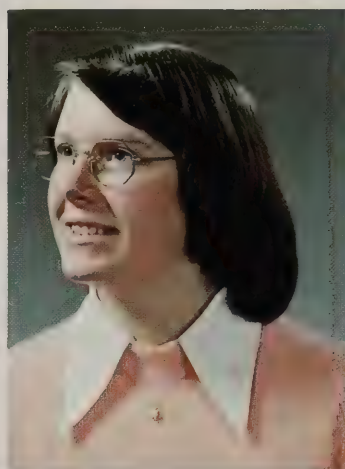


Debbie A. Haluch

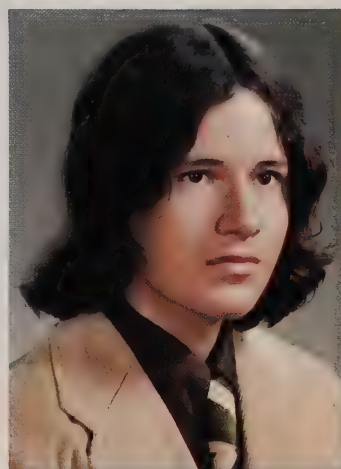
We Will Have These Moments To Remember.



Diane M. Haluch



Kathy M. Haney



Keith A. Hanley



Craig L. Hebert



Donna M. Hennessy



Cynthia J. Hersey



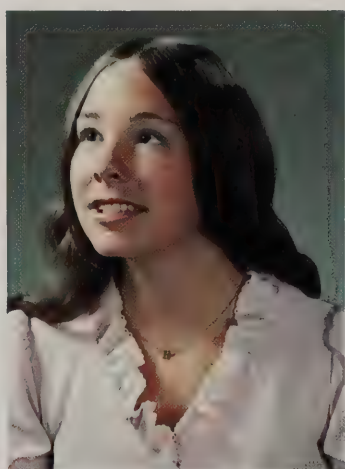
Rose M. Higgins



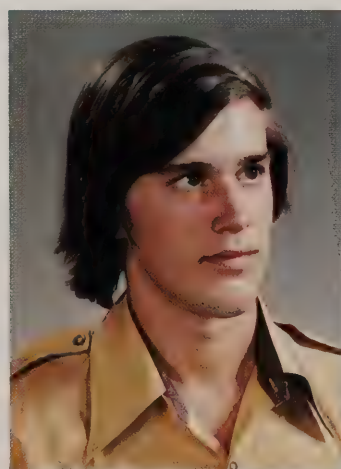
Kevin A. Hilbert



Mark A. Hiorns



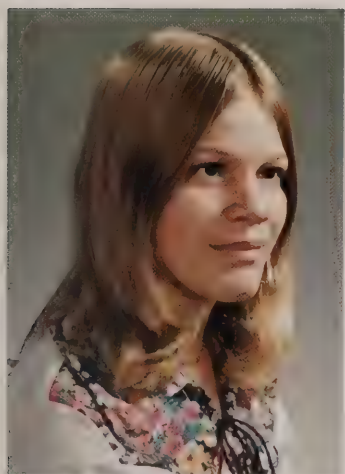
Janet C. Hoover



Paul M. Hope



Joseph M. Hopkins



Ann Marie Y. Houle



Noreen M. Howard



Fritz A. Huber, Jr.



Peter B. Irvine



Daniel J. James



Laurie M. Jodoin



David P. Jorge



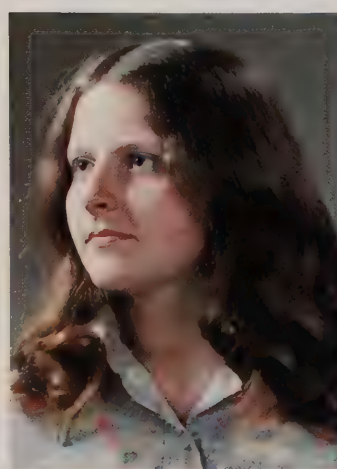
James M. Jorge



Mitchell G. Joslin



Ed L. Kapp



Ann M. Kelsey



Diane M. Kibbe

The Summer Turns To Winter . . .



Gary C. Kielbasa



Lisa-Kim Kijek



David B. Klaus



Debra A. Kochanek



Cheryl A. Kominsky



Charlene L. Krawiec



Edward A. Krawiec



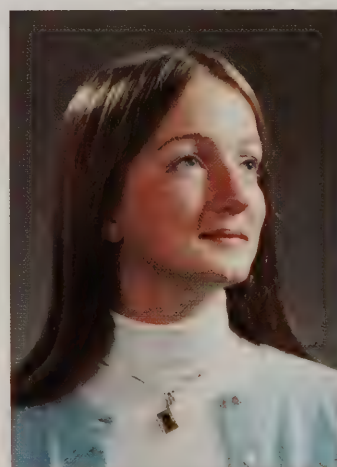
Edward L. Laamanen



Kim M. Labossiere



Paula M. LaFortune



Helen G. Lake



Gary M. Landry



Frances A. LaRose



Robert G. Laverty



Andrew R. Lavoie



Charlene A. Lavoie



Cynthia A. Lavoie



Nancy A. Lavoie



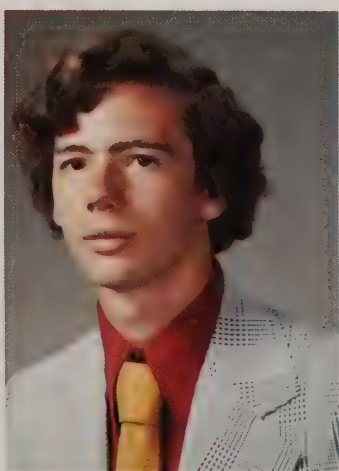
Susan L. Lavoie



Deborah A. LeBoeuf



Ann Marie Leonczyk



David D. Lesieur

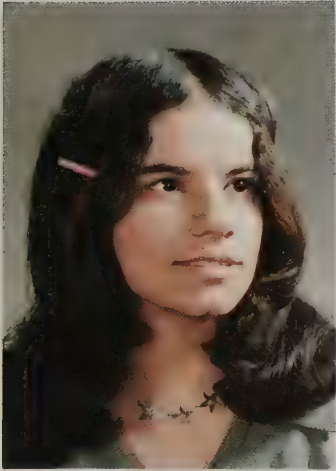


Martha J. Linton

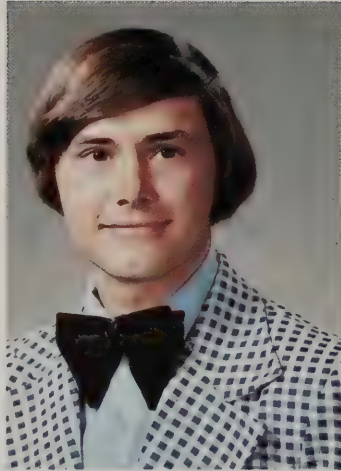


Dean F. Lombardi

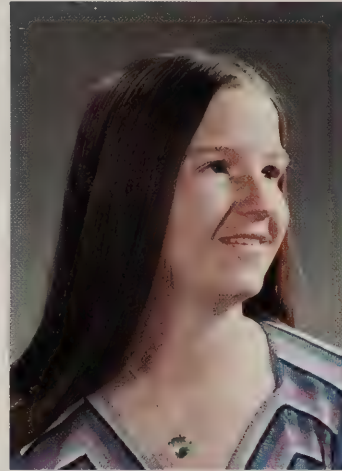
And The Present Disappears



Elizabeth C. Lopes



David A. Lord



Patricia J. Lyons



Michael S. Lysik



Karen L. MacDonald



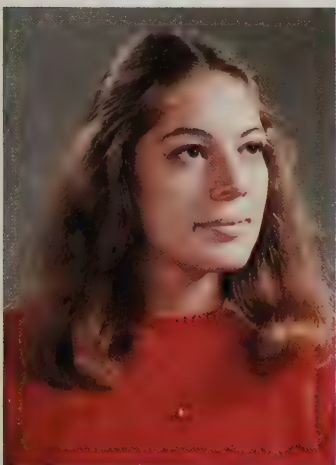
Paul D. Machado



Deva L. Mariani



Mary-Beth Mariani



Pamela-Sue E. Mariani



Deborah A. Marini



Maryellen Marini



Alan Martin



Ann M. Martin



Kenneth R. Martin



Michael K. Martin



Isabel Martins



Joseph A. Martins



Dena J. Maskill



David F. Mayou



Edward P. Mazur



John W. McCarthy



Arlene M. McCollum



Scott G. McDaniel



Richard H. Meader

The Laughter We Were Glad To Share . . .



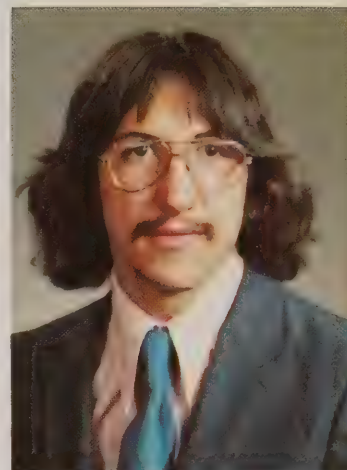
Ilda M. Mendes



William D. Methot



Mitchell C. Miszewski



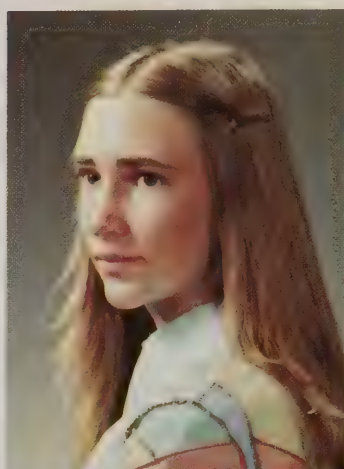
Guy C. Mitchell



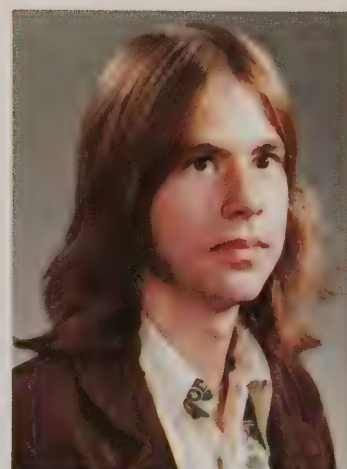
Judith A. Moore



Wayne T. Moore



Lori A. Morse



William E. Mucha



Pamela M. Mulhern



Mary A. Murray



Steven E. Murray



Cindyrae Nellis



Donna J. Nelson



Linda M. Nichols



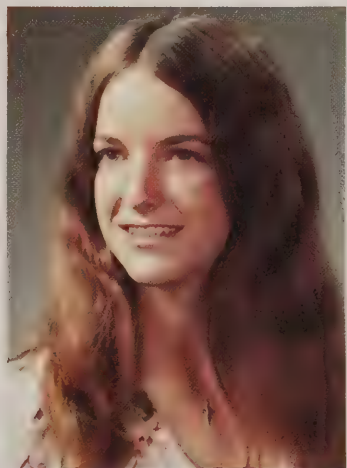
Carl R. Nolan



Julie A. Norris



Donald M. Odell



Jill A. O'Hare



Michael J. Ohara



Gregory J. Orlik



Stephen A. Orlik



Rui L. Palatino



Christina D. Palmer

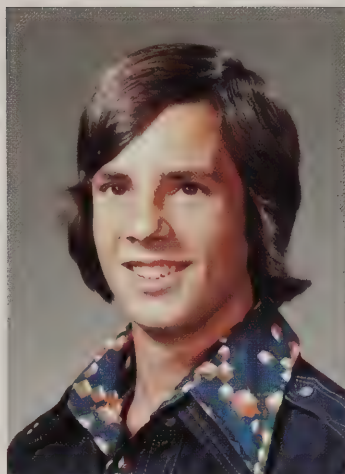


Charles D. Patullo

Will Echo Through The Years.



Laura A. Paul



Thomas F. Peacey



Maria F. Pedrosa



Nancy J. Pelczar



Domenico E. Pellegrini



Judith A. Pereira



Richard E. Perry



Linda Phaneuf



Brenda G. Phillips



Louis J. Picard



Sandra V. Piligian



Annette L. Pinsonnault



Debra M. Plasse



Donna M. Polcetti



Diane E. Porter



Kenneth G. Pyzocha



Kim M. Quaglietti



James Queiros, Jr.



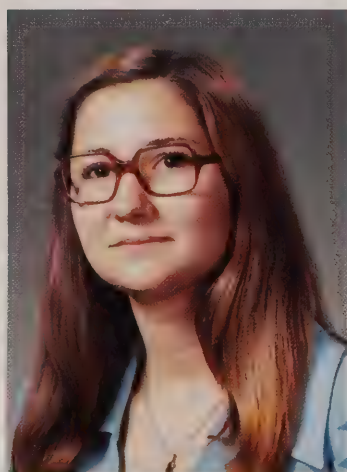
Natalie M. Quiterio



Marybeth J. Randall



Michael P. Rasmussen



Ana M. Reis

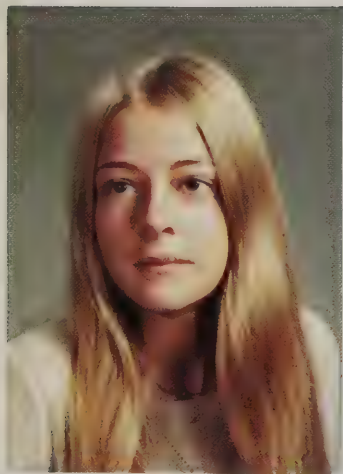


Maria E. Reis



June E. Reopel

The Years Go By So Soon They Go,



Joyce Reynolds



Anna Maria Ribas



Elizabeth F. Riggs



Michele Roberts



Susan L. Roberts



Sherry A. Robitaille



Stephen Romanow



Donna M. Ross



Ann M. Rossi



Jody L. Saloio



Thomas S. Salva



Horacio M. Salvador



Cynthia C. Sambor



Carlos M. Santos



Maria F. Santos



Valdemar A. Santos



Mark A. Santucci



Cindy L. Scheurich



Jon E. Schneider



Michael F. Scyocurka



Karen L. Sergneri



Robert W. Sevigne



Cory L. Silva



Francisco G. da Silva

Yet In Our Hearts We'll Always Know . . .



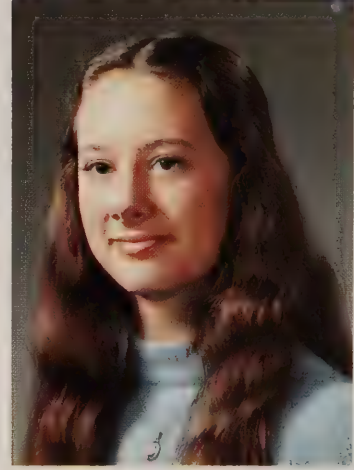
Rosemary Silva



Lynn Ann Silveri



Karen E. Skinner



Robin S. Smith



Doreen J. Smock



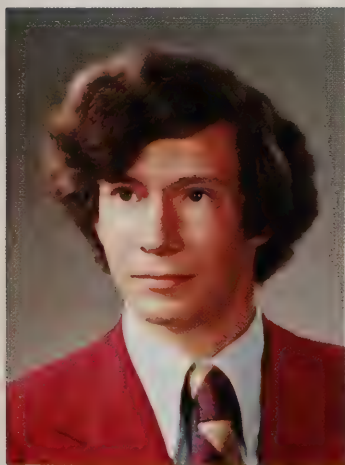
Cynthia P. Soffan



Judith E. Stack



Vincent F. Stanek



Eugene Stasiowski



Donald R. Staub



Wayne E. Stockwell



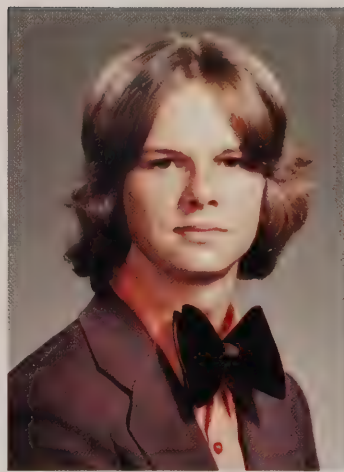
Josef A. Stroshine



James F. Strycharz



Robert A. Stuart



Timothy R. Suleski



Vincent A. Suleski



Mitchell Sykas



Laurie J. Symington



Colleen E. Syriac



Duarte N. Terrinca



Michael J. Teixeira



Robert F. Titus

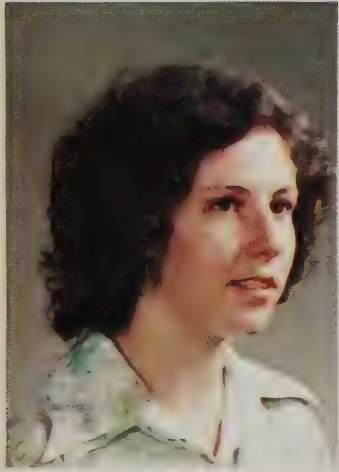


Susan P. Tyrell



John E. VanAllen

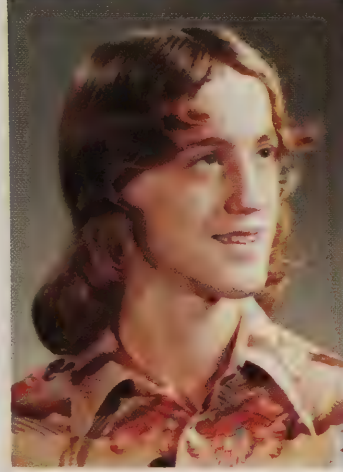
We Will Have These Moments To Remember."



Angela M. Vance



Joseph M. Veiga



Russell A. Venne



Barbara J. Vermette



Rene A. Vermette



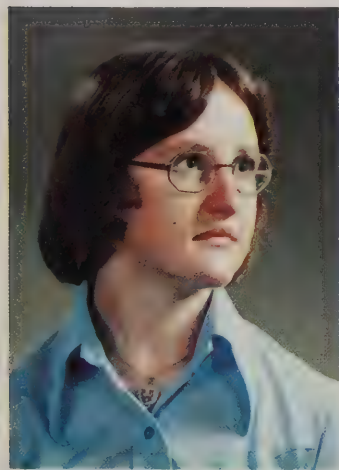
Fred W. Wadas



Kathleen M. Waldron



Susan M. Walker



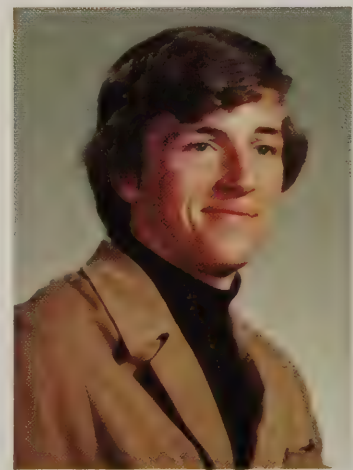
Kathleen F. Walsh



Donna M. Watson



John M. Wiater



Chris J. Wilczynski



Kathleen L. Willard



Guy M. Wilson



Robin D. Wilson



Vicky L. Wilson



Cynthia L. Witowski



Terry L. Wood



David Yarymowicz



Donald P. Yelle



Tina M. Yelle



Jack J. Ziemba



Gary M. Ziencina

Seniors Not Photographed:

James M. Alves
Paul R. Bourbeau
Pamela L. Curtis
Joanne DeCaro
Dianna C. Douches
Patricia E. Dynok
John G. Easton
Robert W. Gibb

Sharon T. Keough
Neil F. Lapierre
Gary LeBer
Douglas E. Lefebvre
Patricia J. Lyons
John A. Luszc
Trindade M. Lopes
Antonio S. Malaquias

Paul M. Meile
Sherrie L. Morton
Diane P. Nelson
Gary R. Quigley
Deborah A. McNeill
Dale F. Potter
Donald H. Roberts
Larry L. Ruell
Sue Sheppard

Photographs And Memories Of Senior Show '76











Senior Show

.....Cabaret, guitars, accordians, 1934, Aardvarks, dancing, syndrome, recount, swine, hot rods, country boys, the 50's, bits and pieces, Krupke, friendship, Tommy, fanatic four, Yankee Doodle, Zorro, The Wiz, Mr. Sandman, Spam, Portugal, Scotland, Oompah-pah, Silence, Soul, PPPP, dungaree dolls, Everything's Coming Up Roses, Moments To

REMEMBER

To the class of 1976, these brief phrases best sum up the memories of the Senior Show, held Friday and Saturday nights, February 13-14.

Jerome Linehan once again coordinated the show with assistance from James Martin and student teacher Irene Saloio plus many members of the Senior High faculty. Noreen Howard and Mark Dusel, student co-ordinators gave much of their time and patience to their fellow classmates to help make the show a success.

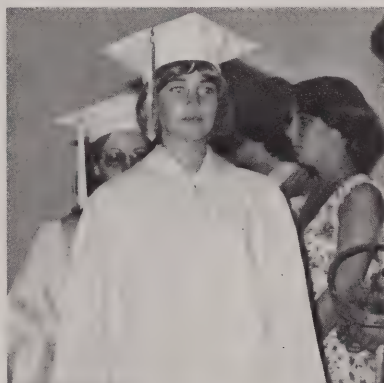
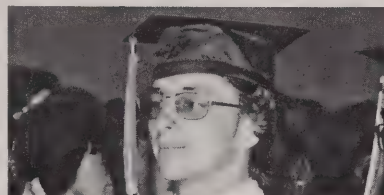
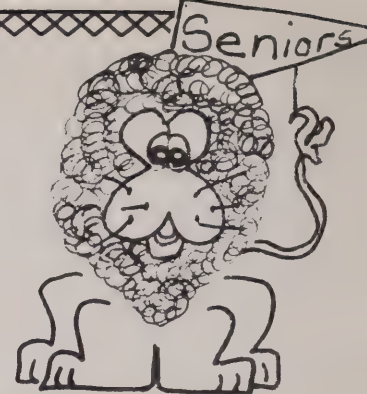
The proceeds of the show went to help defray the cost of the yearbook. One of the most meaningful aspects of the show, according to participating seniors, was the dress rehearsal held Thursday Feb. 12th, presented to patients at Belchertown State Hospital, supervised by William Mullins.

The night finally arrived for the opening performance. Despite the fact that many of the students involved in the show were hampered by the flu, the show still had to continue, and substitutes were found to fill in for the sick students.

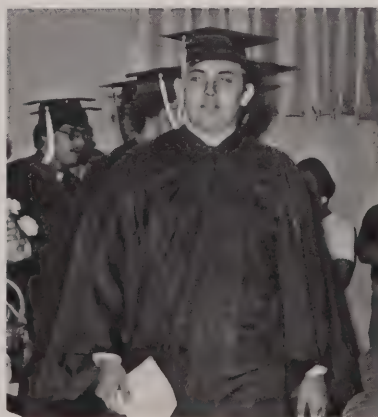
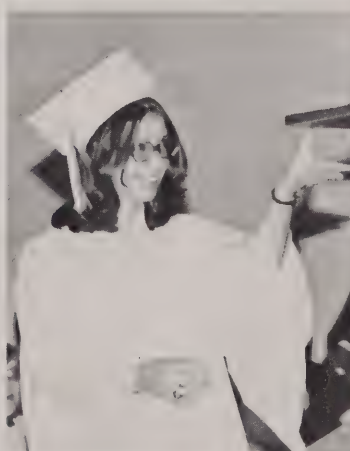
Senior Show, the first activity in which the entire class becomes involved, was only the beginning of events which filled our last year at Ludlow High. We now looked ahead to Senior Week — including Senior Banquet, Senior Assembly, Class Night, and finally Graduation.



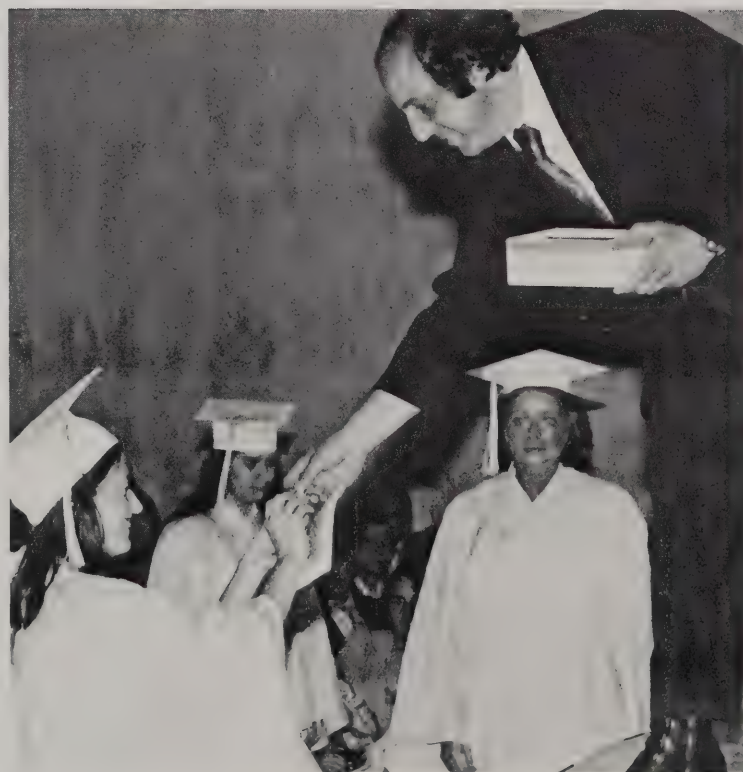
Senior Week



Ludlow
High
Class
of
76



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Relatives and friends of the Class of 1976 attended Class Night, Sunday, June Sixth, in the Ludlow High School Auditorium. Awards and scholarships were presented to members of the class by Principal John J. Hurley. Seniors took a last look at their freshman, sophomore, and junior years as the class history was read. The program continued as Pam Mariani and Alan Martin announced the Class Ballot and Sue Sheppard read the Class Poem. Donna Nelson, the salutatorian, gave the Class Night Oration. She spoke of her experiences in an Eastern Massachusetts school, and contrasted them with our own educational system. The program was brought to a close as the Class of 1976 rose to sing the class song — "Moments to Remember." The Recessional was played, and the first event of Senior Week was concluded.



The Polish American Citizens Club was the site of the annual Senior Banquet held Monday, June 7. The band provided the music for dancing, and the Seniors needed no encouragement as they hit the dance floor — probably to work off the delicious meal served at 6:00 p.m. During the course of the night, a series of toasts were given and slides were shown. As the band tapered off, many were still not ready to call it a night and proceeded to various spots around town. The Banquet once again brought the Class of 1976 together, and added to the list of memories included in Senior Week.





SENIOR

BANQUET



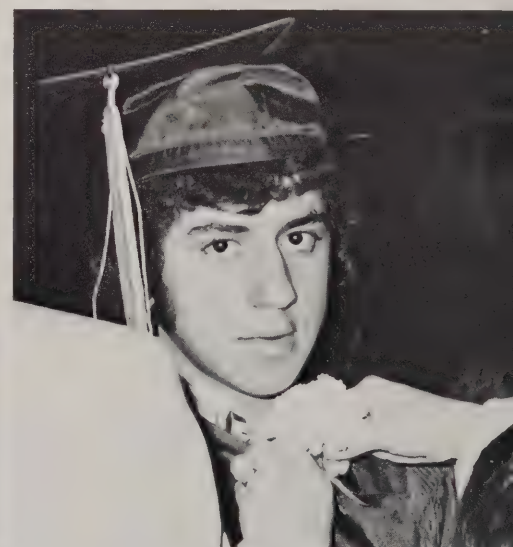
SENIOR ASSEMBLY



Seniors put on their caps and gowns and headed for school early Tuesday morning. What! Another day of classes?? No-It was the final farewell given by the Class of 1977 to the Seniors. For the last time, Seniors filed into the auditorium and sat back to listen to the Junior class tribute, including comedy sketches and slides. Emotion filled the air as the upper-classmen reminisced their past years at Ludlow High School.

Senior Assembly marked the beginning of Senior Week; a week of tears, joy, parties???, and friendship. This assembly held a special meaning for each member of the class, but it was unanimous that each of us would miss the closeness and thoughtfulness of the faculty and remaining student body. On this day, the Juniors officially stepped up and became the new Senior Class, and our place at Ludlow High had expired. So, Goodbye Seniors ...

Just Follow the
Yellow Brick Road!





GOOD-BYE SENIORS...
Just Follow The
Yellow Brick Road



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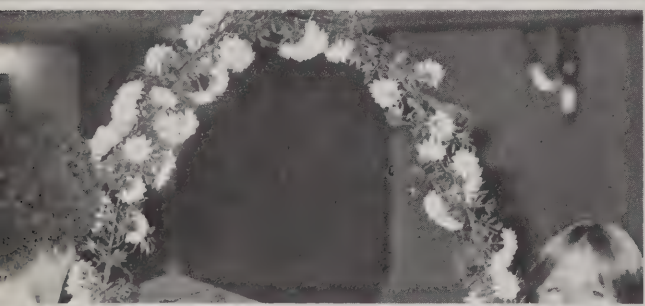
A



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1976



Many of us couldn't believe that the day had finally arrived, but as the traditional "Pomp and Circumstance" played, we realized it would be the last time we would be together as a class.

On Wednesday evening, June 9, the Class of 1976 gathered in the Springfield Symphony Hall for Commencement Exercises. Following the Invocation, the Concert Choir and Band combined their talents, and filled the auditorium with enjoyable music. The Valedictory Address, delivered by Miss June Elizabeth Reopel, was received with a well-deserved standing ovation from her fellow classmates. The President, Diane Kibbe, stood before the class and gave the President's Message. As the tassels were turned, one may have noticed occasional smiles or tears as the Class of 1976 became alumni of Ludlow High School.





Everything's Coming Up Roses for the Class of '76 with all of their Moments to Remember. The Seniors can still recall a fast forkfull of peas oh no, not another food fight! We've also had visions of the Cub headlines reading, "Senior Show Sickneses Spreading." Well whatever the case, we've had the choice to Take It or Leave It, and what a year of memories we've had.



It was a time to say good-bye as our high school days came to a close. No more 7:30 bells, mad rushes across school, Phys. Ed. classes, or that treacherous Internal Suspension Room.



C

LITTLE THINGS

Little drops of water,
Little grains of sand,
Make the mighty ocean
And the pleasant land.

Thus the little minutes,
Humble though they be,
Make the mighty ages
Of eternity.

— Julia A. Fletcher

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SENIORS

Success is to be measured not so much
by the position that one has reached
in life as by the obstacles which he
has overcome while trying to succeed.

— Booker T. Washington

The world is a looking glass;
and gives back to every man the reflection
of his own face. Frown at it, and it in turn
will look sourly upon you. Laugh at it and with it,
and it is a jolly, kind companion.

— William Makepeace Thackeray

No race can prosper till it learns
that there is as much dignity in
tilling a field as in writing a poem.
It is at the bottom of life we must
begin, and not at the top.

— Booker T. Washington

Arminda Afonso

January 5, 1958

"Time is now, the past is gone, and the future has not yet begun." Activities: F.A.C.T.O.R., Candy Sale.

Gregory H. Allen

September 1, 1958.

Eugene Almeida

April 4, 1957.

"Enjoy what you do today, for it will be the memory of tomorrow."

David L. Alphonso

July 8, 1958.

"You don't find out how much you appreciate school until you're out."

James M. Alves

May 10, 1958

James S. Alves

January 9, 1958

Laurie A. Alves

March 16, 1958.

"I am not afraid of tomorrow, for I've seen yesterday, and I love today."

Deborah Ann Ambrose

November 14, 1958.

"You can't always get what you want, but if you try, you can sometimes get what you need."

Bruce W. Anderson

September 7, 1958

Michael Andre

November 6, 1957

Mark J. Ansolini

February 8, 1958.

"Just me and my machine — Motorcycles are GREAT — Morning to school, and at night to the Light (Moon)."

Michael Asselin

December 18, 1958.

"A good door is never locked, but still it cannot be opened."

John Barlow

March 4, 1958.

Matthew W. Bassette

October 23, 1958.

Teresa Batista

October 14, 1956.

Activities: French Club

Richard E. Beauvais

June 18, 1957.

Gregory Bell

February 23, 1958.

"Yesterday, all my troubles seemed so far away. Now it looks as though they're here to stay, Oh, I believe in yesterday."

Jim Beltz

July 13, 1958.

"To spend twelve years in school is like to spend twenty in prison."

Gary Bernatowicz

September 13, 1958.

Ray Berta

December 1, 1957.

"The Bruins will always be #1!"

Maria A. Bettencourt

November 9, 1958.

"The only way to have a friend is to be one."

Ken J. Bisnette

December 7, 1957

Joanne Blais

April 22, 1958.

"... For God so loved the world that He gave His only Son, that whosoever believeth in Him shall not perish, but have everlasting life."

Andrew P. Boczon

August 6, 1958.

Michael J. Boduch

February 27, 1958.

Kathryn M. Borek

May 28, 1958.

"My friends, the touch of your love is a gift I will never forget."

David M. Boucher

December 2, 1958.

Debbie A. Boucher

November 9, 1958.

Paul Bourbeau

March 26, 1958.

Kim M. Bourdeau

September 10, 1958.

"Believe you me ... we're gonna make it."

Bonnie E. Brassard

April 9, 1958.

"Hope is like the sun, which, as we journey toward it, casts the shadow of our burden behind us." — S. Smile. Activities: Freshmen Dance Comm., candy sales, Assistant Ed. of the Cub.

Mary Brothers

August 21, 1958.

"The only way to have a friend is to be one."

Carl Brown

April 25, 1958.

"The fear of worst often cures the worst!"

Chris Bruce

July 9, 1958.

Patricia C. Bruni

February 11, 1957.

Kim M. Bylicki

May 11, 1958.

"The tragedy of life is not that it ends so soon, but that we wait so long to begin it."

Grace Campolo

February 13, 1958.

Diane Carvalho

December 23, 1958.

The tragedy of life is not that it ends so soon, but that we wait so long to begin it." Activities: J.C.L., Student Council, Senior Executive Board, Concert Choir, M.F.L., Girls' Chorus, Student Patrol.

Fernando A. Catarino

October 13, 1957.

Activities: Football, Maroon Key, Hi-Y.

Terry E. Chandonnet

December 11, 1958.

"Father, the Pope was looking for you." Activities: Hockey, Student Patrol.

Denise M. Charbonneau

June 22, 1958.

Activities: J.C.L.

Alan Chase

February 28, 1958.

Maria Chaves

July 7, 1957.

Jim Chenier

November 8, 1957.

"Getting High."

Augusto Chelo

December 12, 1957.

Brian A. Coache

March 16, 1958.

"The Thunder will be Rolling." Activities: Hockey.

David J. Coache

July 21, 1958.

Activities: Cross country, Track.

Kevin R. Collins

April 6, 1958.

"I don't want to go to practice." Activities: Football, Track, Yearbook student photographer.

Carole M. Comtois

January 8, 1958.

"Senior year is your best year — this is true."

Nancy Connell

January 26, 1958.

James Constantino

January 4, 1958.

Rosa Correia

August 14, 1958.

"To find oneself is the ultimate triumph of life."

Patricia J. Costa

October 6, 1958.

"Yesterday is today's memory and tomorrow is today's dream." Activities: J.C.L., Senior Executive Board, Concert Choir, Pro Merito, Senior Show, Sophomore Banquet, Girls' Chorus.

Karen Cristina

June 7, 1958.

"Use the talents you possess, for the woods would be very silent if no birds sang except the best."

Pam Curtis

August 10, 1958.

"Sure Great Find."

Cheryl M. Daehne

August 16, 1958.

Al D'Angelantonio

February 12, 1958.

Debbie Dansereau

December 29, 1957.

Erin Rose Davidson

June 15, 1958.

"Do not walk behind me, I may not lead. Do not walk ahead of me, I may not follow. Just walk beside me and be my friend. Activities: Theater Arts.

Paul Dearborn

March 10, 1957.

"That sounds like a personal problem."

Tamre Dearness

August 25, 1958.

"The things we do grow into memories of how it was, and what it's gonna be."

Joanne DeCaro

May 17, 1958.

Denise Denette

July 21, 1958.

"Giving isn't giving unless the gift is tied with ribbons of gladness."

Louise Denette

July 21, 1958.

"Love is the beauty of a rose, the gift of a child . . . the hope of tomorrow."

Ronald L. Desautels

March 10, 1958.

Sharon Desautels

January 28, 1959.

"Hey Diz, Did Barry buy you that?"

Lori Desilets

October 31, 1958.

"There's so much beauty to be found if we will only look around . . . And happiness will often grow from the warmth and kindness that we show."

Michael DeSimone

November 25, 1958.

"You only pass this way once." Activities: Senior Show, Snow Sculpture, Senior Assembly.

Ana Dias

August 27, 1957.

"Friends make us realize how beautiful the world is."

Bruce Dias

August 19, 1957.

Joao Dias

August 24, 1957.

Jose Dias

December 23, 1958.

Mark Dias

December 23, 1958.

Judy R. Dinell

October 5, 1958.

"Friends are all everything is, all it has ever been, all it can ever be." Activities: Basketball, Softball, Field Hockey, Mascot, J.C.L., F.A.C.T.O.R.

Denise Dinnie

June 20, 1958.

"All my tomorrows depend on your love." Activities: J.C.L., Freshmen Dance, Sophomore Banquet, Library Aides, A.V.A.

William Dobbins

July 24, 1958.

"I made it."

Peggy Donnellan

August 19, 1958.

"No, Sherry. But I've seen L-Mania!" Activities: Batgirl, Cheerleading, F.A.C.T.O.R., J.C.L., Belchertown Christmas Show, Senior Show, Senior Assembly, Student Patrol.

Donna Dominique

February 25, 1958.

"All that we love, deeply becomes a part of us."

Dianna Douches

October 23, 1957.

Mark Allen Douville

April 7, 1958.

"The cruelest lies are often told in silence." Activities: Managing editor of the *Cub*.

Rene H. Dubois

December 16, 1958.

"Chiefer."

Keith Duda

October 20, 1957.

"It's Friday, 'Where's the party tonight?'"

Pamela Dunbar

August 7, 1958.

Mark Dusel

March 5, 1958.

"How is it? Pretty tuff?" — "Yeah, tuff."

Michelle Duval

June 21, 1958.

"If you do not understand my silence, you will not understand my words."

Patricia Dynok

April 23, 1958.

John Easton

My 14, 1958.

Pamela Esteves

January 25, 1958.

Marie Falconer

September 30, 1958.

Activities: Majorette squad, "M°A°S°H".

Gilbert Z. Fatal

February 17, 1958.

"You can reach for the sky, yet you shall never catch it."

Orlando Faustino

April 29, 1957.

Gary Fern

January 23, 1959.

"Insanity is an Intellectual Pursuit."

John Fernandes

March 17, 1958.

Activities: Soccer.

Lori Ferreira

October 10, 1958.

"High School is growing up, and growing up is wishing you were young again."

Allana Fillion

June 4, 1958.

"If man empties his purse into his head, no man can take it away from him."

Brian Fitzgerald

March 1, 1958.

Cynthia Focosi

March 15, 1958.

"Nothing is forever, only memories."

James A. Fontaine

November 12, 1958.

Ray Forslund

February 21, 1957.

"Let's go to the club."

Lisa A. Fredette

January 16, 1959.

"Gather moments while you may, and collect your dreams before they slip away."

Susan Fueston

June 12, 1958.

"The greatest gift we can give each other is the truth."

Doug Fuller

April 21, 1958.

Mark Anthony Gallo

August 20, 1958.

"The key to success is knowing thy self and being true to thy self, devotion, and desire."

Michael Gamache

Januray 3, 1958.

"For some, life is just a breeze, and for others, it's just one headwind after another."

Laurie Garrow

July 28, 1958.

"When time, which steals our years away, shall steal our pleasures too; The memory of the past will stay, and half our joys renew."

Valerie Gaudreau

May 27, 1958.

Ken Jeremy Gazda

August 9, 1958.

Pattie Germain

September 16, 1957.

Bob Gibb

October 12, 1957.

Stephen Gilrein

March 1, 1958.

Sandra L. Giverson

May 30, 1957.

"I wish everyone in the Senior Class the best of luck in the future."

Lynn M. Glancey

October 7, 1958.

"You reap what you sow — That's the way of the world." Activities: Senior Dance, Senior Show, Band, F.A.C.T.O.R., J.C.L.

Glen Glanville

April 25, 1958.

Nancy Goncalves

March 3, 1958.

"It is only with the heart that one can see rightly; what is essential is invisible to the eye." Activities: Junior Executive Board, Model Congress, Sports editor of the *Cub*, J.C.L.

Victor Goncalves

November 3, 1957.

Gary Goodreau

May 14, 1958.

Lisa Goodreau

August 1, 1958.

"They are free who do not fear to go to the end of their thought." Activities: Student Patrol.

Alan Gregoire

January 11, 1958.

Gary Grimes

November 8, 1958.

"This world, where much is to be done, and little known . . ." — Dr. Johnson. Activities: Football, Hockey, Newspaper.

Cindi Grogan

November 26, 1958.

"Remember you were born free, so stay free."

Laura Gurley

"Love isn't love until you give it away." Activities: Student Council, Senior Executive Board, Student Patrol, President of Freshmen Class, J.C.L.

Genevieve Gurski

February 22, 1957.

"What you are is God's gift to you; What you make of yourself is a gift to God."

Deborah Gardner

December 10, 1958.

"Love is like a butterfly. Chase it and it eludes you. Turn your back on it and it will come to rest on your shoulder." Activities: Concert Choir, J.C.L.

Debbie Haluch

May 27, 1958.

Diane Haluch

May 27, 1958.

Kathy Haney

October 21, 1958.

"Life is nothing — unless shared with someone you love." Activities: Cheerleading, G.O Representative, J.C.L., F.A.C.T.O.R.

Keith Hanley

April 9, 1958.

Craig L. Hebert

May 4, 1958.

"Gotta have the whole class."

Donna M. Hennessy

June 12, 1958.

"Love is the sunbeam that sparkles our lives."

Cindy Hersey

August 29, 1958.

"Happy people are people with no particular reason to be that way."

Rose Higgins

July 17, 1957.

Mark A. Hiorns

March 1, 1958.

Activities: Cross Country, Track, Drama Club, Concert Choir, Drum Major of L.H.S. Band.

Jan Hoover

September 17, 1957.

Paul Hope

March 9, 1958

Joseph Michael Hopkins

December 21, 1958.

"I feel as Columbus did as he set sail across an ocean to opportunity."

Noreen Howard

"Squitos" "I'm going to the nunnery." Activities: Senior Executive Board, President of J.C.L., Coordinator of Senior Show, F.A.C.T.O.R.

Fritz A. Huber, Jr.

November 18, 1958.

Peter Irvine

September 19, 1958.

As Thoreau said, "If a thing is such that it requires me to injure another, then I say, don't do it."

Laurie M. Jodoin

March 26, 1958.

"Beautiful dreams will never be forgotten."

David Jorge

October 24, 1958.

Activities: Basketball.

Daniel James

June 2, 1958.

James Jorge

February 22, 1958.

Mitchell Joslin

December 30, 1957.

Activities: Track, Cross Country, Soccer, Manager Hockey.

Ed Kapp

October 30, 1957.

"Four years of Hell."

Ann M. Kelsey

April 1, 1958.

"Life is what you make it."

Diane M. Kibbe

May 7, 1958.

"Write on your hearts that every day is the best day of the year."

Gary Kielbasa

"Well Father, tell the Pope that I'm at the monastery." Activities: Baseball, Hockey, Soccer, Maroon Key, Hi-Y.

Lisa Kijek

March 31, 1958.

"Though you may be impressed by others, always strive to be yourself." Activities: Softball, Students Council, F.A.C.T.O.R., J.C.L.

David Klaus

April 25, 1958.

Debra Kochanek

April 17, 1958.

"Memories of today are dreams of tomorrow."

Cheryl Kominsky

December 26, 1958.

"Killer" "Live for today." Activities: Library Aides, J.C.L.

Charlene L. Krawiec

February 9, 1959.

"Live each day to its fullest."

Edward A. Krawiec

"An unpredictable and moody deep thinker." Activities: Senior Show, Track, Football.

Ed Laamanen

May 18, 1958.

"Wabbit."

Kim Labossiere

October 18, 1958.

"Just keep passing me them . . . Molson Ales."

Paula LaFortune

January 21, 1958.

"Changes can somehow frighten you, but still you'll have to smile." Activities: Cheerleading, Maroon Key, F.A.C.T.O.R., J.C.L.

Helen G. Lake

May 8, 1958.

Activities: J.C.L., Student Council, Sophomore and Junior Class treasurer, Concert Choir, Chorale, District and All-State Choruses, Band, Vienna '75, Yearbook Editor-in-chief.

Gary Landry

January 8, 1958.

Neil Lapierre

August 19, 1958

"Alright 'L'"

Frances LaRose

June 28, 1958.

"Enjoy each day as it comes."

Robert Laverty

July 23, 1958.

Activities: Band, Golf.

Andrew Lavoie

June 30, 1958.

Charlene Lavoie

September 10, 1958.

"Live to love, live to be happy, but, live to be free."

Cynthia Lavoie

September 17, 1958

"Live each day as if it were your last."

Nancy Lavoie

May 17, 1958.

"Happiness and love are the only things that money can't buy!"

Sue Lavoie

September 17, 1958.

"About the best and finest thing in the world is laughter." Activities: J.C.L., Senior Executive Board, Drama Club, Intramural sports, Senior Banquet Comm., Senior Show.

Gary LeBer

September 24, 1958.

Debbie LeBoeuf

February 22, 1958.

"To wish everybody the best of luck."

Douglas LeFebvre

January 28, 1958.

Ann Marie Leonczyk

May 10, 1958.

"Love is born of faith, lives on hope, and dies of charity."

David Lesieur

March 1, 1958.

Activities: Track, J.C.L.

Martha Linton

June 5, 1958.

Dean Lombardi

March 5, 1958.

Activities: Hi-Y, Hockey, Baseball.

Elizabeth C. Lopes

August 29, 1958.

"Live every day to its fullest, for every day is a lifetime, and tomorrow is promised to noone." Activities: J.C.L., Student Patrol, Academic editor of yearbook, Senior Show Comm., Senior Banquet Comm.

Trinda Lopes

November 25, 1957.

Dave Lord
January 12, 1958.
“What was now proved was once only imagin’d.”
— William Blake, **The Marriage of Heaven and Hell**.

John A. Luszc
May 8, 1958.
“Can’t take it.”

Pat Lyons
January 29, 1958.
“Do not walk behind me, I may not lead you. Do not walk in front of me, I may not follow. Just walk beside me and be my friend.” Activities: J.C.L., Red Cross.

Michael Lysik
June 2, 1958.
“The past is past, though I cannot forget those days, with long life laid before me yet. Ah but one moment, ere I turn the page.” — William Morris.

John McCarthy
April 25, 1958.
“Corvette is King.”

Arlene McCollum
September 21, 1958.

Scott McDaniel
March 29, 1958.
Activities: Football.

Bruce Macdonald
February 13, 1956.
Activities: Ticket Comm. Senior Show.

Karen Macdonald
January 23, 1958.
“Smile, have a nice day, may the future be a brighter one. Activities: Fashion Show.

Paul Machado
January 30, 1958.
“Hey — wait a minute — what’s the story here? Who put the candy canes on my lawn, Robes?”

Tony Malaquias
August 18, 1957.

Deva Mariani
September 25, 1958.
“You can never take away the dreams you gave me yesterday.”

Mary-Beth Mariani
April 28, 1958.
“Don’t walk behind me, I may not lead. Don’t walk in front of me, I may not follow, just walk beside me and be my friend.” Activities: Organizations editor — yearbook, Concert Choir, Band, Chorale, F.A.C.T.O.R., J.C.L., Pro Merito.

Pamela Mariani
February 12, 1958.
“Smile, and life will treat you better, for it is a smile that makes friends.” Activities: J.C.L.

Deborah A. Marini
June 21, 1958.
“Ideals are like stars; you will not succeed in touching them with your hands. But like the seafaring man on the desert of waters, you choose them as you guides, and following them you will reach your destiny.”

Maryellen Marini
June 16, 1958.
“Thank-you for the joy of knowing you.” Cheerleading, Band, Maroon Key, J.C.L., Co-editor of the yearbook.

Alan Martin
January 7, 1958.
“It’s all in the walk.”

Isabel Martins
February 25, 1958.
“Life goes on, but the memories remain.”

Joseph Martins
August 1, 1957.
“Do to others what they do to you!” Activities: Soccer, Basketball.

Kenneth Martin
December 30, 1958.
“We can’t all be heroes. Someone has to sit on a curb and clap as they go by.” Activities: Football, Track.

Michael Martin
August 17, 1958.
“Who’s the Foreman in a glass factory?”

Dena Maskill
July 27, 1958.
“I don’t know where i’m going . . . but i’m on my way.” Activities: J.C.L.

David Mayou
June 24, 1958.

Edward Mazur
November 3, 1958.
Activities: Concert Choir, “Carousel”, “Oklahoma”, District Chorus, Band, Vienna ’75, Stage Band, J.C.L.

Richard Meader
July 28, 1958.
Activities: Baseball.

Ilda Mendes
April 8, 1958.
“Though good times may have passed, those good times and good friends will never be forgotten.” Activities: Sophomore Banquet Decorations Comm., Candy Sale, Junior Dance Ticket and Decorations Comm., Booster Day Dance Ticket Comm., Student Patrol.

William Methot
May 8, 1958.
Activities: Football, J.C.L., Photography Club, Yearbook staff, Drama Club.

Paul Miele
October 21, 1958.

Mitch Miszewski
“We learn from those we love.” Activities: Maroon Key, Soccer, J.C.L., Hi-Y.

Guy Mitchell
December 14, 1957.

Judith Moore
April 24, 1958.
“Smile, it makes people wonder what you’ve been up to.”

Wayne Moore
June 30, 1957.
Activities: Band.

Lori Morse
March 2, 1958.
“True friendship is ‘Nicks’ and ‘Millsey!’” Activities: Student Council, Student Advisory Board, J.C.L., Yearbook staff, Newspaper staff, Softball, Basketball, Field Hockey, Maroon Key, Senior Executive Board, Mascot, Ski Club, Red Cross, F.A.C.T.O.R.

Sherrie Morton
March 11, 1958.

Pamela Mulhern
July 15, 1958.
“A smile is a whisper of laughter.” Activities: Art editor of the **Cub**, Concert Choir.

Mary Murray
January 20, 1959
“Love in the heart wasn’t meant to stay, love isn’t love until you give it away.”

Steve Murray
November 23, 1957.
“Let the good times be rolled!”

Cindyrae Nellis
May 8, 1958.
“Don’t you mind about the future, don’t you try to think ahead. Save tomorrow for tomorrow, think about today instead.” — “Jesus Christ Superstar.”

Diane Nelson
June 6, 1958.
“Happiness is hard to attain, but well worth the try!”

Donna Nelson
February 14, 1958.
“We carry within us the wonders we seek. Activities: Student Council, Senior Executive Board, Senior Class Treasurer, Majorette squad, Model Congress, Pro Merito, J.C.L.

Linda Nichols
March 4, 1958.
Activities: Field Hockey, Basketball, Softball, J.C.L., Maroon Key.

Carl R. Nolan
October 28, 1958.

Julie Norris
September 22, 1956.

Donald O’Dell
March 4, 1958.

Michael O’Hara
May 30, 1958.
“War doesn’t determine who wins, it only determines who’s left.” Activities: Football, Baseball.

Jill O’Hare
October 19, 1958.

Greg Orlik
August 14, 1958.
“I can’t relate to this.” Activities: Hockey, Golf, Maroon Key, Senior Show, Hi-Y.

Steve Orlik
November 5, 1958.
“We’re bagged, I know it.” Activities: Baseball, Hockey.

Rui Palatino
September 8, 1957.

Christina Palmer
March 17, 1958.
“Each moment of the year had its own beauty, a picture which was never seen before and which shall never be seen again.”

Charles Patullo
April 14, 1958.
“To live is to experience; to experience is to change; to change is to live.” Activities: Football, Basketball, J.C.L., Theater Arts, Sophomore Class

President, Pro Merito, Math Team, Model Congress, Student State Advisory Council — State Board of Education, Student Advisory Comm. to the School Comm., Senior Show, Co-chairperson — Student Regional Advisory Council to the State Board of Education.

Laura Paul

April 2, 1958.

"Keep on smiling. It makes everyone wonder what you're smiling about."

Thomas Peacey

July 29, 1958.

Maria F. Pedrosa

November 27, 1957.

"My friends are the flowers in the garden of my life."

Nancy Pelczar

October 3, 1958.

"Seeking means to have a goal, but finding means to be free."

Domenico Pellegrini

December 28, 1958.

Judy Pereira

March 19, 1958

"Memories. Somehow it just can't be true that's all I have left of you." Activities: J.C.L., F.A.C.T.O.R., Basketball, Baseball, Senior Show, Belchertown Show, Senior Assembly, Student Patrol.

Brenda Phillips

February 23, 1958.

"Live it up today, for tomorrow may never come."

Sandra Pilgian

June 30, 1958.

Activities: Student Council, Theater Arts, Intramural Sports, F.A.C.T.O.R., Senior Show, J.C.L., Business Editor of the yearbook, Belchertown Show, Senior Assembly, Concert Choir, Color-guard.

Annette Pinsonnault

February 24, 1958.

"That love is all there is, is all we know of love."

Debra Plasse

October 26, 1958.

Activities: J.C.L., Model Congress, M.F.L.

Donna Polcetti

November 17, 1958.

"Cherish yesterday . . . dream tomorrow . . . live today."

Diane Porter

April 15, 1958.

Dale Potter

October 7, 1958.

Ken G. Pyzocha

April 26, 1958.

Kim Quaglietti

May 18, 1958.

"Live life to its fullest and enjoy everything about it that you can." Activities: Basketball, Softball, Field Hockey.

James Queiros, Jr.

January 14, 1958.

Activities: Baseball, Basketball, Soccer, Hi-Y, J.C.L., Student Council, Student Patrol.

Gary Quigley

July 25, 1958.

Natalie Quiterio

December 9, 1957.

"Take time to love — loving is what makes living worthwhile."

Marybeth Randall

February 12, 1958.

"We are the stuff that dreams are made on and our little lives are rounded with sleep." — Shakespeare. Activities: "Oklahoma".

Michael Rasmussen

October 10, 1957.

"Whatever you think is fair." Activities: J.C.L.

Ana Reis

July 13, 1957.

"Life goes on . . . but the memories remain."

June Reopel

June 9, 1958.

"Do not follow where the path leads, rather go where there is no path and leave a trail." Activities: Pro Merito, Student Patrol, F.A.C.T.O.R., Student government day delegate, Editor of Senior Section - yearbook, J.C.L.

Joyce Reynolds

December 16, 1957.

Anna Maria Ribas

January 20, 1958.

"Follow your dream wherever that dream may lead you."

Elizabeth Riggs

February 2, 1958.

"Everything is happier when shared with a friend." Activities: Band, J.C.L., Girl's Chorus, F.A.C.T.O.R.

Donald H. Roberts

September 29, 1958.

"Rules were made to be broken." Activities: J.C.L.

Michele Roberts

August 17, 1958.

"Love is the gift of life."

Sue Roberts

January 17, 1958.

"In life there is no special time, you own the day. Seeking means to have a goal."

Sherry A. Robataille

August 14, 1958.

"Hey Peggy, have you seen Mouse, I mean Moose?"

Stephen Romanow

August 30, 1958.

"An investment in knowledge always pays the best interest."

Donna Ross

January 27, 1958.

"My memories are kept in an old tin box, but tied with a golden string." Activities: F.A.C.T.O.R., Student Patrol.

Ann Rossi

July 5, 1958.

"Don't put off until tomorrow what you can do today, because if you do it today, you might like it so much that you'll do it again tomorrow." Activities: Pro Merito, F.A.C.T.O.R., Band, Concert Choir, J.C.L.

Larry Ruell

May 26, 1958.

Jody L. Saloio

September 15, 1958.

"Those of you who think you know everything are annoying to those of us who do!" Activities: Newspaper, Cheerleading, J.C.L., Concert Choir, Chorale, District Chorus.

Thomas S. Salva

July 10, 1958.

"The common ingredients of health and long life are: Great temp'rance, open air, easy labor, little care." — Sir P. Sidney.

Horacio Salvador

August 1, 1957.

"I was here and it was fun while it lasted."

Cindy Sambor

April 6, 1959.

"To be what we are, and to become what we are capable of becoming is the only end in life." Activities: J.C.L., Freshmen Dance Comm., Sophomore Banquet Comm., Junior Dance Comm., Senior Banquet Comm., Senior Show.

Carlos M. Santos

June 26, 1957.

"Live hand in hand, and together we will stand, at the threshold of a dream."

Emilio Santos

November 1, 1957.

Maria F. Santos

June 16, 1958.

Valdemar A. Santos

January 13, 1958.

"Take Somninx and sleep . . . sleep . . . skeep." Activities: Soccer.

Mark A. Santucci

October 24, 1957.

Cindy Scheurich

November 7, 1958.

"To dream of the person you'd like to be is to waste the person you are."

Jon Schneider

October 24, 1958.

Michael Scyocurka

March 26, 1958.

Activities: Hockey.

Karen Sergneri

September 28, 1958.

Robert Sevigne

June 5, 1958.

"Hey, who's going to pay for the gas?!" Activities: Cross Country, Track, Student Patrol.

Cory Silva

June 16, 1958.

"Hey Robin, how long was his again?" Activities: J.C.L., Secretary of the Sophomore Class, Student Council, Student Patrol, F.A.C.T.O.R. — President.

Francisco DaSilva Gomes

April 4, 1958.

"I never let my schooling interfere with my education." Activities: Soccer, Track, Maroon Key.

Rosemary Silva

June 19, 1958.

"Hey Red, take a flying . . . !!"

Lynn Ann Silveri
December 27, 1958.
“Something of ourselves remains wherever we have been.” Activities: J.C.L., Senior Show, Senior Assembly.

Karen E. Skinner
October 7, 1957.
“Once is not enough.” Activities: J.C.L., Basketball Freshmen Dance Comm., Sophomore Banquet Comm., Junior Dance Comm., Color guard, Belchertown Comm.

Doreen Smock
September 16, 1958.
Activities: Library Aides.

Robin Smith
March 26, 1958
“Well Cory, if you give or take a few inches . . . about three feet!” Activities: J.C.L., F.A.C.T.O.R., Student Patrol, Concert Choir, Chorale, Girls’ Chorus, Band, Cheerleading, Activities Editor — Yearbook.

Cindy Soffan
April 14, 1958.
“The most important things in the world to have — Happiness, imagination, tolerance, and a sense of humor.”

Judith Stack
May 17, 1958.

Vincent Stanek
January 6, 1959.

Eugene Stasiowski
December 5, 1958.
Activities: Football, Golf, Chess, Hi-Y, Maroon Key, Yearbook staff.

Don Staub
July 24, 1958.

Wayne Stockwell
April 30, 1958.
Activities: German Club, Track, Chess.

Joe Stroshine
October 29, 1958.

James Strycharz
August 10, 1958.

Robert Stuart
September 12, 1958.

Timothhy Suleski
September 21, 1958.

Vincent Suleski
July 6, 1957.
“Age is like a pebble on the beach for youth is the strong tide.”

Mitchell Sykas
April 11, 1958.

Laurie Symington
September 9, 1958.
“But that’s in the past and now I must look to the future.” Activities: Band, Concert Choir.

Collen Syriac
August 22, 1958.
“Come time, we leave school, and most of all we leave our friends. Through the years I’ve grown to love and care for them. Perhaps we will leave and go our separate ways. But no matter how far apart

we are, my friends have taken root in my heart and there they will stay forever.”

Sue Sheppard
September 21, 1958.
“People are lonely because they build walls instead of bridges.”

Michael Teixeira
May 23, 1958.
“If you want to get along, go along.” Activities: Newspaper.

Duarte Terrinca
February 20, 1958.

Bob Titus
April 11, 1958.
Activities: Track, Senior Show, Snow Sculpture.

Sue Tyrell
May 6, 1958.
Activities: Basketball, Softball, Field Hockey.

John VanAllen
March 26, 1958.

Angela M. Vance
July 16, 1958.
“Seeking means to have a goal, but finding means to be free . . .” — Hesse.

Joe Veiga
April 28, 1958.
“Take the money and run.” Activities: Senior Show, Math Team.

Russell Venne
September 11, 1958.

Barbara Vermette
August 31, 1957.
“Live each day to its fullest — skip school!”

Rene Vermette
April 23, 1958.

Fred Wadas
June 19, 1958.

Kathleen M. Waldron
October 9, 1958.
“Those who bring sunshine to the lives of others, cannot keep it from themselves.” Activities: Manager of Girls’ Basketball, and Softball, Girls’ Chorus.

Susan Walker
December 2, 1958.
“To forgive and forget another’s faults or sins is the greatest virtue a person can have.” Activities: Concert Choir, Girls’ Chorus, “Oklahoma”.

Kathy Walsh
September 28, 1958.
“Feelin’ Groovy.” Activities: Girls’ Chorus, Concert Choir, “Oklahoma”.

Donna Watson
March 16, 1958.

John Wiater
July 18, 1958.
“See you in court.” Activities: Baseball, Student Patrol, Senior Show.

Christopher J. Wilczynski
August 5, 1958.
“Live life for today, for it flies quickly away.” Activities: Prom Comm., President — LHS Band.

Kathie Willard
July 25, 1958.
“Boogie.” Activities: Concert Choir, Chorale, Library Aides, Intramural sports, Belchertown show.

Guy Wilson
November 11, 1958.

Robin D. Wilson
November 28, 1958.
“Love will keep us together.” Activities: J.C.L.

Vicky L. Wilson
August 18, 1958.
“Life’s a dream that suddenly turns into a nightmare.” Activities: Snow Sculpture, Senior Show.

Cynthia Witowski
November 12, 1958.
“Let’s not say goodbye for out togetherness and happiness is a very ‘special’ thing.”

Terry Wood
April 25, 1957.

Dave Yarmowicz
January 18, 1958.

Donald Yelle
December 29, 1958.

Tina Yelle
March 19, 1958.

Jack Ziemba
November 26, 1958.
“Do to others what you wish they would do to you.” Activities: Senior Show.

Gary Ziencina
February 6, 1958.
“When Dusel talks, people listen.” Activities: Basketball, J.C.L., Maroon Key, Hi-Y.

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